



GEORGE F. LAMM

POST 622

LAMM LIGHTS Newsletter for October 2026
Website: <http://americanlegionpost622.com> 716-204-2516



Commander Phil

Commanders Message

Hi everyone,

I hope that this message finds you in the best of health. The Erie County committee of the American Legion will be holding their fourth **annual Octoberfest fundraiser at our Post. It will be held on Sunday, October 18th, from 1 PM to 7 PM.**

Our next monthly meetings will be held on Saturday, October 10th.

The Executive board will meet at 10 AM with the Membership following at 11 AM.

We will be holding our **Flag Retirement ceremony back by the Grove right after the membership meeting]** please plan on attending if you can.

I realize that it is a bit early but I wanted to let you know that the Lamm Post will be having our Christmas party & Dinner Buffet. It will be held on Saturday December 12th from 2PM to 6 PM with more information to follow.

For God and Country

Commander Phil

2026



Auxiliary News

Our next meeting will be October 10th @11am. All are invited. Contact any officer if you are interested in joining.

We will be participating in the Erie County Legion Octoberfest by contributing items for basket raffle and Bake sale. Items can be delivered to grove by 11 am the day of the event(October 18) or contacting Judy Laurenzi to arrange drop off.

We are also collecting items for the VA wish list from now until Christmas. Items included: puzzle books, playing cards, pens, new reading glasses, 3 in one body wash for men, body wash for women, New labeled socks, gloves, hats. A full list will be posted along with a donation box.

Oktoberfest
\$10 Donation Open 1PM in the Grove
Sunday October 18th



LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice		
2nd Vice	Scott Schomber	716-461-1018
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2026

Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2026-2027

President	Debbie Diebold	716-836-9617
1st Vice	Judy Laurenzi	716-510-1680
Secretary	Judy Laurenzi	716-510-1680
Treasurer	Sharon Huber	716-901-1092
Chaplain	Sophie Kephart	716-574-0792
Sgt-At-Arms	Debbie Kennedy	716-830-8281



Erie County American Legion Family

Oktoberfest

To benefit: 

When: Sunday October 18th 1pm-7pm
Where: George F. Lamm Post 622 Grove
 962 Wherle Dr. Buffalo, Ny 14221
Cost: \$10 Donation with a chance to win a flat screen TV

Bake Sale Basket Raffle, 50/50, Cash bar, Brats and hotdogs will be available for purchase

AMERICAN LEGION



AMHERST SENIOR CENTER
 370 John James Audubon Parkway
 Amherst, NY 14228
 716-636-3050

Senior Center

VETERAN'S COFFEE GROUP

**Every first Monday
 of the month at 10:00 AM**
 Come for a cup of coffee and share
 with other veterans who
 understand your story and lend
 support

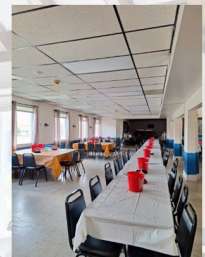
George F. Lamm Post

962 WEHRLE DRIVE
 NEAR CAYUGA ROAD



WILLIAMSVILLE, NY 14221
 PHONE: 716-204-2516

**A GREAT PLACE TO HOLD YOUR EVENTS
 AND MEAT RAFFLES**



**OUR MAIN MANOR HALL WILL HOLD UP
 TO 230 PEOPLE WITH PLENTY OF
 PARKING FOR ALL.**

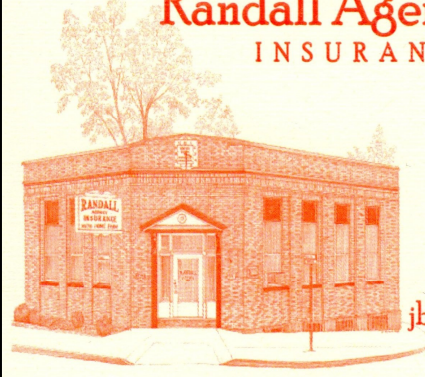
CALL BOB AT 716-335-4881



Contact the Post at
gflamm962@gmail.com

**Call Bob For
Your Next Event Or
Fundraiser
716-335-4881**

Randall Agency Inc. INSURANCE



Jennifer L. Bucki
Licensed Agent

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Fax: (716) 992-9398

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Williamsville, New York

Join Us

1st & 3rd Wednesdays @ 6:00 PM

wojtowiczr@aol.com

willamsvillerotaryclub.org



★FREEDOM RIDER★

Sign is 27"x25"

Freedom Rider Lawn Art Sign

Fund Raising Benefit for
AJ Jurck Post #1672
Only \$40 Donation



Post phone:
716-204-2516

Oktoberfest

\$10 Donation Open 1PM in the Grove
Sunday October 18th





ALA Empire Girls State (EGS) is an educational program of the American Legion Auxiliary, developed from the concept that youth should be offered a better perspective of the practical operation of government; that the individual is an integral part and commensurably responsible for the character and success of her government. It is hosted annually at Brockport College during the week of July 4, and staffed by volunteers through the American Legion Auxiliary (ALA).

Erie County participated this year by sending students, known as Citizens, from various schools in the area, as well as local ALA unit representatives as volunteer Counselors.

As Citizens, participants held party, county and state level elections, drafted and voted on 23 pieces of legislation, and formed lifelong bonds over the course of just six days.

For many, this was their first time away from home. With a rigorous timeline, daily flag raising and lowering ceremonies, and record heat in Brockport, these young women truly exemplified resilient leadership. The Citizens representing Erie County in their EGS fictional state modeled the integrity and diversity our community takes pride in, for which local sponsoring units are grateful.

Erie County residents participating as counselors were Lauren Marshall, a student at UB Law; and Sophie Kephart, a member of ALA Unit #622 George F Lamm. As "Sister Counties" Marshall and Kephart worked together with their junior counselors to coordinate a total of 56 Citizens attending various activities, completing program assignments and strengthening bonds with each other over the course of the week.

Those interested in the program as applicants, or to be considered for volunteer positions should contact their local American Legion Auxiliary Unit. This program faces future cuts due to being underfunded, and those interested in supporting as donors or sponsors should visit www.EmpireGirlsState.org.



QR link to the GoFundMe fundraiser site for Empire Girls State or <https://gofund.me/be25bbc99>

George F. Lamm Post





GEORGE F. LAMM POST CHRISTMAS PARTY & DINNER BUFFET AT 3:00 PM

**\$ 25.00 donation
for each ticket.**

Includes dinner

Draft Beer

Wine or pop

**Will also have a
50/50 drawing**

Basket raffle

Door prizes

Advance Ticket

Sales Only!



**Tickets must be
purchased by
11-29-2026**

**WHEN: DECEMBER 12TH, 2026
WHERE: THE GEORGE F. LAMM POST
962 WEHRLE DRIVE
TIME: 2 PM TO 6 PM
CATERED 3 PM DINNER BUFFET**

OF:

**BREADED PORK CHOPS
ROAST BEEF
TURKEY WITH STUFFING
ROASTED RED POTATOES
VEGETABLE
SALAD, ROLLS, BUTTER
AND DESSERTS**

FOR TICKETS CONTACT

PHIL ENGLISH 716-398-8008

THERESA ENGLISH 716-994-3855

BOB BRUNO 716-574-5574

LIMITED SEATING



2nd Annual
Event Proceeds Will Benefit
FeedMore WNY



Meat Raffle

Get your tickets Today!

**FeedMore
wny**



palmer's
DIRECT TO YOU MARKET



**Pre-Game (Meat Raffle) Special
Hamburger, Hot Dog Chips and a Soda
for \$5.00 Donation**



Bills Alumni Scheduled to Appear: Jeff Nixon, Marlo Perry, Ed Rurkowski, Lou Piccone, Booker Edgerson, Mark Brammer, Ken Jones, Scott Virkus, Marlon Kerner and ???

**Saturday
October 10th, 2026
Doors open at 1 PM
1st Draw is at 2 PM**

- Beer and Pop Included
- Free Autographs & Photos
- Sports Memorabilia Auction
- 50/50 Raffle
- Basket Raffle
- Door Prizes
- Plenty of Parking
- Go Bills!



<https://www.zetty.com/en-US/ticketing/2nd-annual-meat-affle>



"ALL THAT IS NECESSARY FOR
THE TRIUMPH OF EVIL IS FOR
GOOD MEN TO DO NOTHING"



**THANK YOU LAMM POST
VETERANS AND ALL WHO
HAVE SERVED TO KEEP US
FREE**

**The Officers & Members of the Elevator
Constructors Local 14**

**Buy American, Use Union Labor
3527 Harlem Rd. Buffalo, NY**



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Email:

store3671@theupsstore.com

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Tops Plaza
George Urban &
Union Road**



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HONOR AMERICA'S HEROES!

Sponsor or Co-Sponsor a Buffalo-Niagara Honor Flight!

Sponsor a full flight, part of a flight or sponsor a veteran – Buffalo-Niagara Honor Flight sponsors are needed for the 2023 Fall flight and beyond. Sponsor levels vary – it all helps. If you or someone you know is interested, please contact us! We can have a one-on-one meeting or we can present at your organization to provide all the details. Thank you in advance for your consideration.

Contact: Tom Petrie, President
Buffalo Niagara Honor Flight
716-473-8465

<https://buffaloniagarahonorflight.org>



The 2027 American Legion Membership Renewal has Started.

Renew Early and help the American Legion reduce costs for printing and mailing out multiply renewal notices.

Over 90 Members of the George F. Lamm Post have already renewed. Please join them and send in your



DIAL 988 then **PRESS 1**

If you're in crisis, call the new
Veterans Crisis Line number:
Dial 988 then Press 1.



**Follow the Lamm Post
on Face Book**

George F. Lamm

(American Legion Post)





ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU
ARE ENTITLED TO FOR YOUR FINAL
ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS
ARE HERE TO ASSIST YOU. CALL
TODAY FOR A FREE
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.



US Army Veteran
Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.



716-836-6500
www.Amigone.com





George F. Lamm Post
Members Meeting
The next Meeting will be
Saturday October 10th
Meeting 11 AM
Please Support Your Post

October 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Sunday October 18th in the Lamm Post Grove				1	2 <i>Stag Party Lounge 6-11PM</i>	3 <i>Wedding Manor 4-10PM</i>
4 <i>Baby Shower Lounge 4-9PM</i>	5	6	7	8	9 <i>Manor (Repass) 12noon-8PM</i>	10 <i>Post Members Meeting 11 AM</i> Meat Raffle 1-5PM
11	12	13	14	15	16	17 <i>BD Party Lounge 6-11PM</i>
18 <i>Octoberfest Grove 1-7PM</i> 	19	20	21	22	23	24 <i>Meat Raffle Manor 4:30-10PM</i>
25	26	27	28	29	30	31



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Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



NEW YORK PEST MANAGEMENT ASSOCIATION
The Force



ASHLAND PEST CONTROL
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NPMA
National Pest Management Association