



LAMM LIGHTS Newsletter for September 2026
Website: <http://americanlegionpost622.com> 716-204-2516



Commander Phil

Commanders Message

2026

Hi everyone, I hope that you have had a good and healthy summer with your family and friends, It is hard to believe that we are in September already and the Erie County Fair has come and gone. It seems like when you keep busy the months just fly by.

Our next monthly meeting will be on Saturday, September 12th. The Executive Committee will meet at 10: 00 AM with the Membership meeting following at 11:00 AM.

I would like to remind you that our Post Family Picnic will be on Sunday, September 13th. Please see the newsletter for more information, we hope to see you there. RSVP by September 5th.

For God and Country

Commander Phil

Boys State candidate from the Lamm Post, Max Szumski

Among the many sayings and phrases, I heard over my week in Morrisville, the one that stood out to me the most was the one that described Boys State as "a week that shapes a lifetime." This was the phrase that was proclaimed proudly at the start of every meeting and convention. We all carried that phrase with us everywhere we went that week, both figuratively in the way we lived that week, but also literally, as it was prominently printed on the water bottles, we were required to carry with us everywhere we went. We were instructed to hold our bottles in the crook of our arm with the motto facing upward, a constant reminder of the reason we were all there.

Initially me and the other boys arriving at Morrisville in the hot July afternoon sun had a plethora of different reasons for being there. Some of us were there simply because our schools had selected us, some because we were interested in military or civil careers. Some because we thought it would look good on a resume. But over the course of the week, all of those reasons for being there seemed to fade. Much like our marching and parade maneuvers, as we spent more time at Boys State, we seemed to "gel" into a unit. With encouragement, strict observation, and a little prodding and harassment from our marine instructor, we began to cover in a line, step together, and match pace and rhythm. We began to keep each other accountable, work as a team, and think about more than ourselves. When one of us made a mistake, we all worked to rectify it as a team. We were told to stop being individuals. All of us came to Boys State with our own strengths, accomplishments, and goals. Some were JROTC. Some were incredibly academically accomplished. Some had political aspirations. But once we understood what our counselors and marine was telling us about not being individuals, we began to become something greater than any one of us was on our own. In the same way that a platoon of marching soldiers looks much more impressive and formal than one marching alone, we all elevated ourselves when we became part of a team. Boys state served as a stark reminder of the importance of being a part of something great than yourself. It taught me that being a part of a group is one of the most fulfilling things to seek in life. (Continued on page 2)

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Chaplain	Sophie Kephart	716-574-0792
Sgt-At-Arms	Debbie Kennedy	716-830-8281

Erie County American Legion Family

Oktoberfest

To benefit:

When: Sunday October 18th 1pm-7pm
Where: George F. Lamm Post 622 Grove
 962 Wherle Dr. Buffalo, Ny 14221
Cost: \$10 Donation with a chance to win a flat screen TV

Bake Sale Basket Raffle, 50/50, Cash bar, Brats and hotdogs will be available for purchase

AMERICAN LEGION

Boys State candidate from the Lamm Post, Max Szumski

Article continued,

There is a special type of bond that is forged between those who undergo difficult or trying experiences together, in addition to the bond formed by simply being around the same group of boys for a week straight. I have friends, (two in particular,) who I would call actual brothers. I found it fascinating just how quickly I forged a bond with my peers at Boys State that was comparable to the bond I had spent years making with my friends back home. Both the cooperation in the politics side of the program, and the shared experience of PT in the morning, push-ups for making a mistake, or beach volleyball during our free time created a very unique and valuable bond between me and my comrades during this program. I will forever value and cherish those bonds.

Boys state taught me many important lessons. Among the pieces of advice given to us by our marine instructor, his three S's stood out to me the most. They were Shut up, Show up, and Suit up. Shut up involved being steadfast in the face of adversity and not complaining. Show up involved putting oneself out there, doing your best, and giving every activity your all. Suit up involved doing your absolute best in any situation. Paying attention to the little things. Working with others to achieve your common goal. I felt that these encapsulated the core principles of Boys State. We were not there simply to participate in a mock government, or do military drills with a marine. We were there to get out of our comfort zone. To work with others towards a common goal. To be a part of something greater than oneself. The lessons that I learned at Boys state will definitely stay with me forever. I now fully understand the motto. It truly was a week that shapes a lifetime. *Thank you so much for this experience again, it was a pleasure to participate.*

Key Takeaways

- Boys State programs are immersive, week-long civic leadership experiences.
- Dates vary by state, generally June or July, with Boys Nation following in mid-July.
- Activities include mock government, elections, judicial simulations, workshops, and field trips.
- Delegates gain hands-on experience in governance, public speaking, and civic responsibility.
- Participation in Boys State is a prerequisite for attending Boys Nation.

Contact the Post at
gflamm962@gmail.com

**Call Bob For
Your Next Event Or
Fundraiser
716-335-4881**

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Freedom Rider Lawn Art Sign

Fund Raising Benefit for

AJ Jurek Post #1672

Only \$40 Donation



★ FREEDOM RIDER ★

Sign is 27"x25"



716-628-1438

CALLING WNY VETERANS & WNY EDUCATORS

BRING HISTORY TO LIFE

A PAID PROFESSIONAL DEVELOPMENT EXPERIENCE FROM CLEVELAND PLAY HOUSE

How do we help young people understand not only what happened in history, but how people living through those moments understood their choices, responsibilities, risks, and consequences?

Cleveland Play House invites veterans and educators to participate in an interactive professional development experience exploring Historical Empathy and its application in the elementary social studies classroom.

Through conversation, primary sources, theatre-based activities, and shared reflection, participants will explore how historical empathy can help students:

- ✓ Examine the choices people made within the realities of their own time
- ✓ Connect historical events to the lived experiences of real people
- ✓ Engage thoughtfully with military service, civic responsibility, sacrifice, and citizenship
- ✓ Use primary sources as evidence rather than simply memorizing facts
- ✓ Ask deeper questions about American history and the people who shaped it
- ✓ Participants will then experience these strategies as students might—working through activities from a 4th-grade social studies curriculum that combines historical inquiry, theatre, primary-source analysis, and veterans' perspectives.

Veterans and Educators Learn Together

Veterans bring lived experience, perspective, and an understanding of service that can deepen conversations about the military experiences of Americans throughout history.

Educators bring expertise in students, curriculum, and classroom learning.

Together, participants will explore how those perspectives can help children encounter history with greater curiosity, context, and humanity.

• Participants Receive \$500

• Participants who complete the full professional development experience will receive a \$500 stipend.

• No theatre experience is required.

• Veterans do not need previous classroom experience.

We are looking for participants who are curious, willing to engage in conversation, and interested in helping young people better understand the people, choices, and experiences that make up American history.

Date: Saturday, September 26

Time: 10 am - 3 pm

George F. Lamm Post 962 Wehrle Dr. Williamsville, NY

Space is limited.

To apply/register:

pberes@clevelandplayhouse.com or call -1720-218-2435

Provide Name, What Branch Of Military, address and phone number

Western New York Stories That Matter: Patriotism and Performance
WNY Outreach of Cleveland Play House

George F. Lamm Post 622



FAMILY AND FRIENDS POTLUCK PICNIC

SUNDAY SEPTEMBER 13TH 2026 **RSVP**

Save the Date

1PM to 4PM Main Meats will be Provided



DRAFT BEER AND
POP PROVIDED



RSVP TO THERESA OR PHIL
716-994-3855

OR EMAIL YOUR RSVP TO:

GEORGEFLAMMPOST622@GMAIL.COM

RSVP BY THE SEPTEMBER 5TH



MEAT RAFFLE

September 12, 2026

George Lamm Post • 962 Wehrle Dr. • Williamsville

Doors open at 6:00pm, first spin 7:00pm



Scan QR to Buy Tickets Today

\$15- Pre-Sale

\$20- At the Door

\$100- Table of 8

Beer, Wine, and Soft Drinks Included!

Amherst Skating Club



Clarence Cheerleading

MEAT RAFFLE



TICKETS



TICKETS

Friday, September 18 | 6 PM - 10 PM

962 Wherle Drive, Williamsville, NY

**The George F. Lamm Post
American Legion Post**



2nd Annual

Meat Raffle



**Saturday
October 10th, 2026
Doors open at 1 PM
1st Draw is at 2 PM**

- Beer and Pop Included
- Free Autographs & Photos
- Sports Memorabilia Auction
- 50/50 Raffle
- Basket Raffle
- Door Prizes
- Plenty of Parking
- Go Bills!

- Snacks & Coolers Encouraged
- Meet & Great Buffalo Bills Legends
- **NO OUTSIDE ALCOHOL ALLOWED**
- Buffalo Bills Themed—Wear Your Gear

The George F. Lamm Post

962 Wehrle Dr, Williamsville, NY 14221

SPECIAL GUEST MC



**2WGRZ
ON YOUR SIDE**



**FeedMore
wny**

SPECIAL GUESTS



For Tickets go to: <https://www.zeffy.com/en-US/ticketing/2nd-annual-meat-raffle> or scan the QR code. **No fees when you decline the Zeffy donation add on.**

Tickets \$20 Each or Table of 8 for \$140.

Event Proceeds go to The Buffalo Bills Alumni Foundation for their Charity Work and Donations to Charities.

<https://www.feedmorewny.org/>

**TICKETS
\$20 EACH
TABLE OF 8 FOR
\$140**



2nd Annual

Meat Raffle



**FeedMore
wny**

**Pre-Game (Meat Raffle)
Special**



**From 12:30 to 1:30 PM,
the team from Grills Mafia
will be grilling Hamburgers
and Hot Dogs provided by**

**palmer's
DIRECT TO YOU MARKET**

**Supply is limited to the first 80 people.
For a Donation of \$5.00, you will get one
Hamburger, one Hotdog, a bag of Chips
and a glass of pop.**

**Special Notice: The Beer included with your
Meat Raffle Ticket, will not be flowing
(available) until 1:30 PM.**



EIGHTH DISTRICT DENTAL SOCIETY FOUNDATION

MEAT Raffle FUNDRAISER

FRIDAY SEPTEMBER 25TH

**DOORS OPEN AT 6PM
RAFFLE BEGINS AT 7PM**

at the **GEORGE LAMM AMERICAN LEGION**
★ POST 962 ★
WEHRLE DR, WILLIAMSVILLE, NY 14221

ADMISSION:
\$15 PER PERSON,
OR \$100 PER TABLE OF 8

Great Prizes!
- QUALITY MEAT PACKAGES -

Scan to Register!

EDDS



COME TOGETHER. BID BIG. SUPPORT.

MEAT RAFFLE Fundraiser

GREAT MEATS • GREAT PRIZES • GREAT CAUSE!

BRING YOUR FRIENDS YOUR APPETITE & YOUR BIG BIDDING SPIRIT!

IN SUPPORT OF Troy

TROY IS BATTLING CANCER.

Let's come together as a community and family to support him during this journey.

DON'T FORGET! BRING PLENTY OF SINGLES!

DATE: SATURDAY SEPTEMBER 26, 2026	TIME: DOORS OPEN 5:00 PM FIRST SPIN 6:00 PM	LOCATION: GEORGE F. LAMM POST 962 WEHRLE DR. WILLIAMSVILLE, NY 14221	TICKETS: Pre-Sale Donation: \$15 At the Door: \$20 Cash & Cash App accepted
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EVERY DOLLAR RAISED HELPS Troy FOCUS ON HEALING.

Thank You For Your Support!

CAN'T MAKE IT? DONATIONS GREATLY APPRECIATED!
CONTACT MARTHA (716) 238-0418
FOR MORE INFO OR TO DONATE.

Good food. Great prizes. Stronger together.

DONATIONS GLADLY APPRECIATED!
Cash App: \$MarthaEpps1





George F. Lamm Post

More Meat Raffle Information
on the Post Website

www.americanlegionpost622.com



"ALL THAT IS NECESSARY FOR THE TRIUMPH OF EVIL IS FOR GOOD MEN TO DO NOTHING"

THANK YOU LAMM POST VETERANS AND ALL WHO HAVE SERVED TO KEEP US FREE

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AUXILIARY NEWS

September is here and it's time to get back to our regular business.

Our first meeting of the 2026-2027 year will be September 12 at 11am. We will have much to discuss. Hope you will be able to make it.

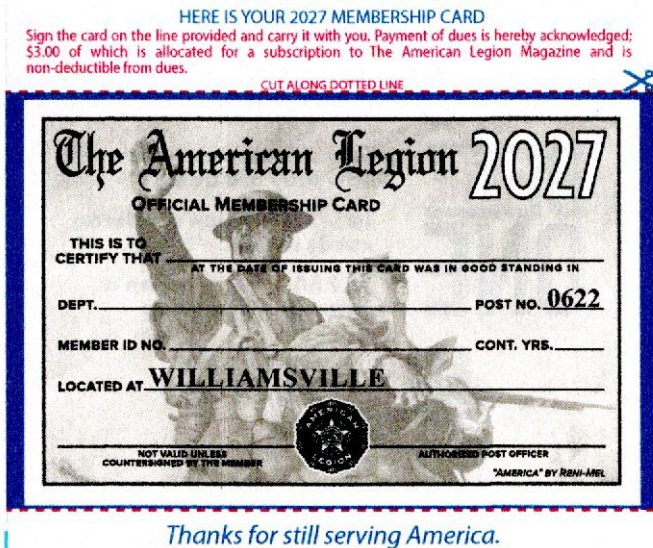
Our family picnic will be held September 13 in the Grove. We are asked to bring a dish to pass. There will also be a basket raffle sponsored by the Legion. If you could bring a basket or gift card to donate, that would be much appreciated. You can find more information in the newsletter.

Erie County American Legion Family is once again hosting an Octoberfest on October 18 in the Grove. All proceeds will be going to the Variety Club for Children's

Hospital. More information will also be in the newsletter. Hope to see you in September.

Debbie Diebold

President, George F. Lamm Auxiliary



The 2027 American Legion Membership Renewal has Started.

Renew Early and help the American Legion reduce costs for printing and mailing out multiply renewal notices.

Over 85 Members of the George F. Lamm Post have already renewed. Please join them and send in your



If you're in crisis, call the new Veterans Crisis Line number:
Dial 988 then Press 1.



Follow the Lamm Post on Face Book

George F. Lamm

(American Legion Post)





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ARE ENTITLED TO FOR YOUR FINAL
ARRANGEMENTS?

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THANK YOU FOR GOD AND COUNTRY.



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Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.



716-836-6500
www.Amigone.com



George F. Lamm Post
Members Meeting

The next Meeting will be
Saturday September 12th
Meeting 11 AM

Please Support
Your Post




September 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 Holiday  LABOR DAY	8 <i>Ceiling Tile Repair 10am</i>	9 <i>Wing Fest 12-2PM Grove</i>	10	11	12 <i>Post Meeting 11am Meat Raffle 6pm 1st 7pm Manor</i>
13 <i>Grove -Lamm Post Family Picnic 1-4PM</i>	14	15	16	17 <i>Meeting—Grove</i>	18 <i>Meat Raffle 6pm, 1st 7pm Manor</i>	19 <i>BD Pary Manor 1-5pm BD Party— Lounge 5-11pm</i>
20	21	22	23	24	25 <i>Meat Raffle— Manor 6pm– 1st 7pm</i>	26 <i>Meat Raffle – Grove 5pm-1st 6pm</i>
27	28	29	30			



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Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



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