



LAMM LIGHTS Newsletter for July 2026

Website: <http://americanlegionpost622.com> 716-204-2516

Commanders Message



Commander Phil

Hi everyone, I hope this message finds you in the best of health. With summertime starting a lot of you will be getting involved with yardwork and gardening, Please remember with the temperatures going up, make sure to rest up every once in a while. It is important to keep yourself hydrated and if you are up in age, try to get a family member or a friend to help you.

I would like to wish all of you a Very Happy fourth of July to spend with your family and friends. I would like to remind you that our next day of scheduled meetings will be Saturday July 11th. The Executive Committee will be at 10:00 AM followed by the Membership meeting at 11:00 AM. I hope to see you there, until next time please take care. Also, if you get a chance, go see our Lamm Post American Legion Baseball Team play at one of their games. Their schedule can be found on the Post's website.

Our Family and Friends Potluck Picnic is scheduled for September 13th, please save the date and plan on attending.

For God and Country,

2026

George F. Lamm Post 622



FAMILY AND FRIENDS POTLUCK PICNIC

SUNDAY SEPTEMBER 13TH 2026 **RSVP**

Save the Date

More to be announced

Main Meats will be Provided



RSVP TO THERESA OR PHIL
716-994-3855
OR EMAIL YOUR RSVP TO:
GEORGEFLAMMPOST622@GMAIL.COM



RSVP BY THE SEPTEMBER 5TH

LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice		
2nd Vice	Scott Schomber	716-461-1018
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2026

Benjamin Boyd		716-836-3256
Rick Herrmann		716-243-5348
David Shia		716-907-2329
Duane Swirgos		716-830-0435

AUXILIARY OFFICERS 2026-2027

President	Debbie Diebold	716-836-9617
1st Vice	Judy Laurenzi	716-510-1680
Secretary	Judy Laurenzi	716-510-1680
Treasurer	Sharon Huber	716-901-1092
Chaplain	Sophie Kephart	716-574-0792
Sgt-At-Arms	Debbie Kennedy	716-830-8281

Veterans Day at the 2026 Erie County Fair is on Sunday, August 16, 2026.

Veterans Day at the Erie County Fair offers free admission for veterans, active military, and auxiliary members with proper ID, and each eligible attendee receives a \$10 voucher to use toward food, beverages, or rides on the Strates Shows Midway, valid only on this day. Special programming includes a Veterans Mass at noon in the Family Entertainment Complex and a Veterans Recognition and Enlistment Ceremony at 1:30 p.m. in the infield of the Buffalo News Grandstand. Additionally, the military corridor near Gate 4 features displays and engagement from the U.S. Army, New York Army National Guard, and U.S. Marine Corps.

This day is part of the 12-day fair running from August 6–17, 2026, which includes live entertainment, rides, games, and food vendors. Veterans Day provides a dedicated opportunity to honor service members while enjoying the fair's attractions.



The George F Lamm Post

Currently, The George F. Lamm Post #622 has several areas that are in need of volunteers to assist in repair and maintenance projects. We are calling on current Lamm Post Members, Friends and Family or any organization that can volunteer for community service.

Some of the needs are: Lawnmowing and trimming, Painting and small roof repair. Please contact Paul Shea at 716-906-9257. Thank You

Contact the Post at
gflamm962@gmail.com

**Call Bob For
Your Next Event Or
Fundraiser
716-335-4881**

Randall Agency Inc. INSURANCE



Jennifer L. Bucki
Licensed Agent

Ph: (716) 992-3488

Fax: (716) 992-9398

jbucki@randallagency.com

8584 S. Main Street • Eden, NY 14057



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Mobile: (716) 510-9563

Patriotsnowandlawn@gmail.com

**ROTARY CLUB OF
WILLIAMSVILLE**
A Century of Dedicated
Service to the Community

Eagle House Restaurant
5578 Main Street
Williamsville, New York
Join Us
1st & 3rd Wednesdays @ 6:00 PM

wjotowiczr@aol.com williamsvillerotaryclub.org



Senior Center

AMHERST SENIOR CENTER

370 John James Audubon Parkway
Amherst, NY 14228
716-636-3050

VETERAN'S COFFEE GROUP

**Every first Monday
of the month at 10:00 AM**
Come for a cup of coffee and share
with other veterans who
understand your story and lend
support



**Veterans
Crisis Line**
DIAL 988 then **PRESS 1**

If you're in crisis, call the new
Veterans Crisis Line number:
Dial 988 then Press 1.

**THE AMERICAN LEGION
VETERANS
STRENGTHENING AMERICA**

LEARN HOW YOU CAN HELP
legion.org



The Meat Raffle Squad

MEAT RAFFLE

BENEFIT FOR ED SAYLES MEDICAL EXPENSES

- Win premium cuts of fresh meat
- Multiple rounds – more chances to win
- Fun for friends, families & the whole community

Tickets \$15ea.

SATURDAY AUGUST 15TH

George F Lamm Pos
962 Wehrle Drive
Doors Open @ 5:00PM
First Spin @ 6:00PM

WIN: 50/50, Basket Raffles, TV, BBQ Grill & More

CONTACT: DEMETRIA 716-342-4039

George F. Lamm Post

962 WEHRLE DRIVE
NEAR CAYUGA ROAD



WILLIAMSVILLE, NY 14221
PHONE: 716-204-2516

A GREAT PLACE TO HOLD YOUR EVENTS AND MEAT RAFFLES



OUR MAIN MANOR HALL WILL HOLD UP TO 230 PEOPLE WITH PLENTY OF PARKING FOR ALL.

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DISCOUNT PROVIDERS
Your membership discount perks, all in one place.



Check out all of the Discounts you can receive by being a American Legion Member at:

<https://americanlegionpost622.com/membership>



email: gflamm962@gmail.com



ADVERTISE YOUR BUSINESS HERE

Post phone: 716-204-2516



George F. Lamm
(American Legion Post)



Follow Us On Face Book

George F. Lamm

PINK LADIES
ENTERPRISES

COLON CANCER MEAT RAFFLE BENEFIT

FOR NICHELLE GRAY

ALL MONEY RAISED WILL HELP COVER MEDICAL EXPENSES!



Nichelle was diagnosed with Stage 4 Colon Cancer after an ER visit. Since that day, she has put her TRUST IN HIM. She has battled blood infections and multiple surgeries while maintaining her faith, smile and positivity throughout this journey which hindered her ability to work. Her medical costs recently have risen significantly. Help us show Nichelle and her 3 amazing children love and support!

SAT, AUG 22ND, 2026

GEORGE F. LAMM POST 622
962 WEHRLE DRIVE
WILLIAMSVILLE, NY 14221

DOORS OPEN @ 6PM
FIRST SPIN @ 7PM

TICKETS \$20 PER PERSON
\$120 TABLE OF 8

BRING YOUR OWN
FOOD/SNACKS AND A COOLER
FOR YOUR MEAT WINNINGS!

BRING PLENTY OF \$1 BILLS.

WINE AND SOFT DRINKS
INCLUDED

50/50 & BASKET RAFFLES!



For more info or donations, contact:
grayareaofsavings@gmail.com

Purchase Tickets
<https://nichellestestimony.eventbrite.com>



American Legion Baseball

The George F. Lamm Post is currently represented with a team in the American Legion Baseball League.

The Team has asked that Lamm Post Members and Friends and Family, or anyone that Likes Baseball to come out and cheer them on.

The Team Schedule can be found on the Posts website.

Americanlegionpost622.com



George F. Lamm Post



More Meat Raffle Information

on the Post Website

www.americanlegionpost622.com

"ALL THAT IS NECESSARY FOR THE TRIUMPH OF EVIL IS FOR GOOD MEN TO DO NOTHING"



THANK YOU LAMM POST
VETERANS AND ALL WHO
HAVE SERVED TO KEEP US
FREE

The Officers & Members of the Elevator
Constructors Local 14

Buy American, Use Union Labor
3527 Harlem Rd. Buffalo, NY



The UPS Store Cheektowaga

3843 Union Road Ste 15
Cheektowaga NY 14225
716-686-0257

Email:
store3671@theupsstore.com

The UPS Store
#3671
Tops Plaza
George Urban &
Union Road





CLUTCH ARTISTS



AUTORAMA

AUGUST 2, 2026



Registration \$15 (9AM-12PM)

SHOW 9am-3pm

Breakfast, lunch and beverages

available



AMERICAN LEGION GEORGE F. LAMM POST

962 WEHRLE DR. 14221



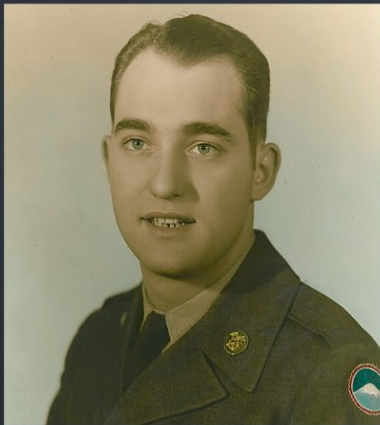


ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU
ARE ENTITLED TO FOR YOUR FINAL
ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS
ARE HERE TO ASSIST YOU. CALL
TODAY FOR A FREE
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.



US Army Veteran
Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.



716-836-6500
www.Amigone.com



George F. Lamm Post
 Members Meeting
 The next Meeting will be
Saturday July 11th
Meeting 11 AM
 Please Support
 Your Post



July 2026




Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 <i>Grove Party</i> 12-6pm INDEPENDENCE DAY 4 JULY
5	6	7	8	9	10	11 <i>Post Members 11am</i> <i>Grove Party</i> <i>Manor Party 2-7pm</i>
12 <i>Family Reunion</i> 4-9PM Manor	13	14	15	16	17	18 <i>Grove Picnic</i> 10am-6PM
19 <i>Lounge Party</i> 1-5PM <i>Grove Party</i> 2-8PM	20	21	22	23 <i>Erie County Meeting</i> 5-10PM Grove	24	25 <i>Grove Party</i> 12-6PM <i>Lounge</i> 4-9pm
26 <i>Grove Party</i> 2-7pm	27	28	29	30	31	

Ashland Pest Control
 Residential Pest Control for Buffalo and Western New York, NY




Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



NEW YORK PEST MANAGEMENT ASSOCIATION
The Voice



ASHLAND PEST CONTROL
"Protectors of Health, Property and Environment"



406 Connecticut St. Buffalo, NY 14213
 (71) 884-7431 Fax: 881-9578
 ashlandpest@hotmail.com

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NPMA
National Pest Management Association