



GEORGE F. LAMM

POST 622

LAMM LIGHTS Newsletter for June 2026

Website: <http://americanlegionpost622.com> 716-204-2516

Commanders Message



Commander Phil

Hi Everyone, I would like to thank everyone who came out for the Memorial Day services at our Post. It truly was a wonderful showing from our membership and others. I hope that you enjoyed our luncheon that was provided by the Executive Committee and our Auxiliary.

2026

I would like to remind everyone that our next date for meetings will be Saturday, June 13th. The Exec board will meet at 10 AM with the Membership at 11: AM. I hope to see you there.

Please review our monthly schedule, to see the events that are taking place this month which includes a European Car show scheduled for Sunday June 7th.

For God and Country

George F. Lamm Post Member Receives an Proclamation



At the Lamm Posts monthly meeting on May 9th 2026, Lamm Post Member Jack Michel received an proclamation award from Erie County Legislator Jeanne Vinal

Veteran & Family INFO NIGHT

At the **Brounshidle Post**
3354 Delaware Ave, Kenmore, NY

Information for Veterans, Spouses, and Caregivers

Hosted by the **American Legion Auxiliary Unit #205**

Wednesday, June 10th, 2026
★ **6:00 - 8:00 pm** ★

- ★ How to file a claim ★ Survivor Benefits
- ★ Burial Benefits
- ★ Service Connected Disability Compensation ★
- ★ Aide & Attendance
- ★ Home Care ★ Caregiver Support & Holistic Health ★
- ★ And Many More Benefits!

LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice		
2nd Vice	Scott Schomber	716-461-1018
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2026

Benjamin Boyd	716-836-3256
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2026-2027

President	Debbie Diebold	716-836-9617
1st Vice	Judy Laurenzi	716-510-1680
Secretary	Judy Laurenzi	716-510-1680
Treasurer	Sharon Huber	716-901-1092
Chaplain	Sophie Kephart	716-574-0792
Sgt-At-Arms	Debbie Kennedy	716-830-8281



CPL Leland Hemlock a Korean War Veteran was honored during a National Lacrosse League (NLL) game on 19APR2026 where he received a quilt from the Quilts of Valor. Iroquois Post 1587 was the Color Guard for this special honoring event. Leland has been a dedicated member of the American Legion Iroquois Post 1587 for 62 years.

M.V.P. Sponsor **AURA** sell, save and so fine

M.V.P. Sponsor **(B) Broadway** Federal Credit Union

BILLS ALUMNI MUSIC FESTIVAL 2026

TRIBUTE BANDS & MORE!

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THE BEATLES ★ LED ZEPPELIN

Featuring

MICK HAYES ★ TEQUILA SUNRISE ★ DEBORAH MAGONE
SONGBIRDS ★ STEVE BARTOLOTTA ★ GARRET CRUMB
MARIA AURIGEMA BAND ★ CORDELL WINTER BAND
LETTER TO ELISE ★ JIM CREAM & FRIENDS
BILLS ALUMNI BLUES BAND ★ MICHAEL HUND
JILLS ALUMNI ★ WILL HOLTON ★ BRIAN FREEMAN
PATTI PARKS ★ JESSIE GALANTE ★ SUE KINCAID
JOHN LANG (BILLS ELVIS) ★ CAMI CLUNE

SATURDAY, JUNE 13th, 2026

★ **AT THE COVE** ★
4701 TRANSIT RD, DEPEW, NY
DOORS OPEN AT 11 AM

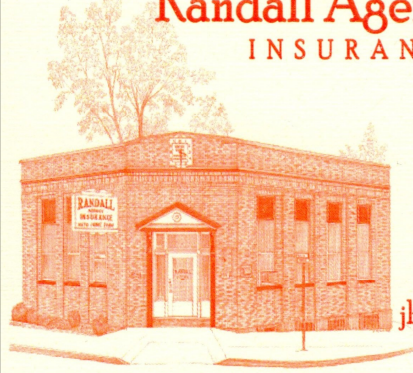
TICKETS: GENERAL ADMISSION **\$45** VIP TICKETS **\$65**
★ SCAN FOR TICKETS! ★

★ MUSIC FESTIVAL TO BENEFIT LOCAL WNY CHARITIES! ★

Contact the Post at
gflamm962@gmail.com

**Call Bob For
Your Next Event Or
Fundraiser
716-335-4881**

Randall Agency Inc.
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Senior Center

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**VETERAN'S
COFFEE GROUP**

**Every first Monday
of the month at 10:00 AM**
Come for a cup of coffee and share
with other veterans who
understand your story and lend
support

 **Veterans
Crisis Line**
DIAL 988 then **PRESS 1**

If you're in crisis, call the new
Veterans Crisis Line number:
Dial 988 then Press 1.





The George F. Lamm Post Home Depot Foundation Grant



In September of 2025, the Lamm Post was informed of an opportunity to apply for a grant from the Home Depot Foundation that could be used to make improvements to our Legion post that would benefit our members and veterans. While there were numerous projects that were looked at, it was determined that the focus be placed on our main Manor Hall area.

Recently, on January 13th, 2026, the Team Depot, The Home Depot's associate volunteer force headed by **Megan Frawley**, came to our Post and worked for two days painting and replacing ceiling tiles on our main level of the Manor Hall and upstairs beverage area. Before painting, the Team taped off the areas between the two paint colors and then again to protect the floors and the freshly painted areas.

In our beverage area for the manor hall, the Team painted the old drop ceiling grid and then proceeded to install the new ceiling tiles.

During the two days, the Lamm Post provided everyone involved, with coffee and doughnuts in the morning and then lunch. One day it was pizza and the next it was sub sandwiches. We had to work around the construction area to get the pop and water from our beverage area.

When all of the work was completed, the Manor Hall looked great, all new paint on the walls, baseboards and trim.

A big **Thank You** goes out to the Home Depot Foundation and the volunteers of Team Depot and the post members that provided the labor.



Just a sampling of the group of volunteers from Team Depot and the post members as many more were involved and helped out with their time and energy. We thank **Megan Frawley** her Home Depot Associate volunteer workforce along with the Lamm Post volunteers.



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Post phone: **716-204-2516**



George F. Lamm
(American Legion Post)

Follow Us On Face Book George F. Lamm

EUROCAR DAY 2026

SUMMER CRUISE

June 7, 2026

George F. Lamm Post 622

962 Wehrle Drive • Amherst, New York – 10am – 2pm

- \$10 entry fee to show vehicle
- Basket Raffle
- Food and Beverages
- All marques welcome!



Sponsored by:



George F. Lamm Post



"ALL THAT IS NECESSARY FOR
THE TRIUMPH OF EVIL IS FOR
GOOD MEN TO DO NOTHING"



**THANK YOU LAMM POST
VETERANS AND ALL WHO
HAVE SERVED TO KEEP US
FREE**

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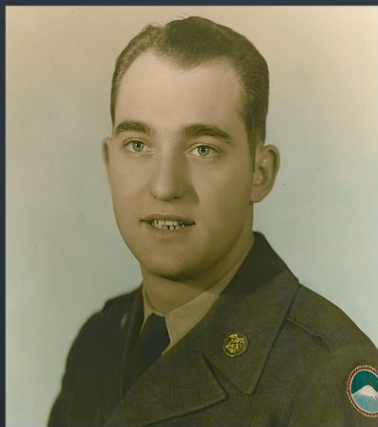


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Korean War
52 year member
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2026



Memorial Day Service at the George F. Lamm Post #622

NAOMI

CHAPTER NO. 10

MEAT Raffle!

GOOD MEAT. GOOD FUN. GOOD CAUSE.

BRING YOUR LUCK TAKE HOME THE MEAT!



DATE:
JUNE 27, 2026
AT 5:00PM



LOCATION:
GEORGE F. LAMM
AMERICAN LEGION POST
962 Wehrle Drive
Williamsville, NY 14221



TICKETS:
\$15



CHAIRS:
AM STALEY 716-390-6037
SIS. GRANBERRY 716-228-9448

WORTHY MATRON:
SIS. GLENDA JONES

WORTHY PATRON:
BRO. RALPH WILSON

GOOD MEAT. GOOD FUN. GOOD CAUSE.

Thank you for your support!



George F. Lamm Post

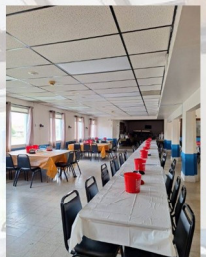
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Do Your Part
 Be part of the Solution
GEORGE F. LAMM POST
 Support Your Legion Post

George F. Lamm Post
 Members Meeting
 The next Meeting will be
Saturday June 13th
Meeting 11 AM
Please Support Your Post

June 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6 <i>Meat Raffle Manor 6-11pm</i>
7 <i>British Car Show 10am-2pm</i>	8	9	10	11 <i>Grove Picnic 4:30-8pm</i>	12	13 Post Meeting 11am <i>Grove Picnic Elev Union 8-5</i>
14	15	16 <i>Manor Meeting 3-7pm</i>	17	18 <i>Grove Party 4-8pm</i>	19	20 <i>Baby Shower Lounge 2-7pm</i>
21 <i>Lounge Party 2-6pm</i>	22	23	24	25	26	27 <i>Meat Raffle 5-10pm</i>
28 <i>Grad Party Grove 1-6pm</i>	29	30				

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Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.

NEW YORK PEST MANAGEMENT ASSOCIATION
The Force

ASHLAND PEST CONTROL
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NPMA
National Pest Management Association

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