



# GEORGE F. LAMM

POST 622

## LAMM LIGHTS Newsletter for May 2026

Website: <http://americanlegionpost622.com> 716-204-2516

### Commanders Message



Commander Phil

Hi everyone

I hope this message finds you in the best of health, enjoying your time with your family and friends. Before you know it, we will start getting nice days out, and you will start to think about yardwork, planting flowers and gardening to name a few.

I would like to remind everyone that our next meetings are scheduled for **Saturday, May 9th**. The Executive board is scheduled to start at 10:00 AM, followed by the Membership meeting at 11:00 AM.

2026

Most importantly, I would like to remind everyone that Memorial Day is Monday, May 25th. We will be having our services starting at 11:00 AM by the Memorial stone. After the service we will be having our luncheon, provided by our Executive Committee and our Auxiliary. Everyone who attends our services is invited to join us for the luncheon, we hope to see you there,



For God and Country

Commander Phil

### AUXILIARY NEWS

Spring is finally here! Can't wait to get started in my garden if only the yard will dry up! We are winding down our year. May 9<sup>th</sup> will be our last regularly scheduled meeting until September. To celebrate a wonderful year and our newly elected officers, **we will be having a pot luck luncheon on that day.** It will start at 11 am. Your officers for 2026-2027 are: Debbie Diebold – President; Judy Laurenzi – Vice-President & Secretary; Sharon Hubert – Treasurer; Sophie Kephart – Chaplain; Debbie Kennedy – Sgt-At-Arms. Please note, **we are hosting the Erie County Auxiliary meeting on May 7<sup>th</sup>.** We will need help setting up and providing finger food to serve after the meeting. This is the County's Memorial service so if you plan to attend the meeting, please wear navy pants and a white top. Please arrive by 5:30pm. **Memorial Day services** will be held at the Post at 11 am on Memorial Day. Please plan on attending to help commemorate our fallen Veterans. Thank You.

Debbie Diebold

President, George F. Lamm Auxiliary





Lockport Volleyball Club

# MEAT RAFFLE



*Proceeds to benefit LVC families going to Nationals in Orlando, FL*

Friday, May 8, 2026

American Legion Post 622

962 Wehrle Drive, Williamsville

Doors open @ 6PM – First drawing @ 7PM

Only 250 admission tickets will be sold! - \$10.00 per ticket

*\*\*\*You can purchase admission tickets from participating club families or text Tom Schneider @ (716)310-2781\*\*\**

Includes Beer, Wine, Soda, Snacks & Slice of Pizza  
(additional pizza available for purchase but feel free to BYO snacks)

Door Prizes - 50/50 Split – Mini Theme Baskets

**Please bring dollar bills and a cooler for your winnings!!**

### **Bonus**

Win a Freezer Filled with Meat!!  
Donation \$10 each or 3 for \$20  
*(need not be present to win)*



## LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice		
2nd Vice	Scott Schomber	716-461-1018
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

## EXECUTIVE BOARD AT-LARGE MEMBERS 2026

Benjamin Boyd	716-836-3256
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

## AUXILIARY OFFICERS 2026-2027

President	Debbie Diebold	716-836-9617
1st Vice	Judy Laurenzi	716-510-1680
Secretary	Judy Laurenzi	716-510-1680
Treasurer	Sharon Huber	716-901-1092
Chaplain	Sophie Kephart	716-574-0792
Sgt-At-Arms	Debbie Kennedy	716-830-8281

**MEMORIAL DAY**

**Monday May 25th**

**Service at The Lamm Post**

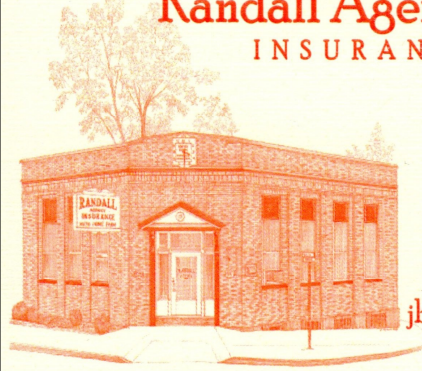
**11 AM.**

**Luncheon to Follow.**

Contact the Post at  
[gflamm962@gmail.com](mailto:gflamm962@gmail.com)

**Call Bob For  
Your Next Event Or  
Fundraiser  
716-335-4881**

**Randall Agency Inc.**  
INSURANCE



Jennifer L. Bucki  
Licensed Agent

Ph: (716) 992-3488

Fax: (716) 992-9398

[jbucki@randallagency.com](mailto:jbucki@randallagency.com)

8584 S. Main Street • Eden, NY 14057



If you're in crisis, call the new  
Veterans Crisis Line number:  
Dial 988 then Press 1.



**ROTARY CLUB OF  
WILLIAMSVILLE**  
A Century of Dedicated  
Service to the Community  
\*\*\*  
Eagle House Restaurant  
5578 Main Street  
Williamsville, New York  
Join Us  
1<sup>st</sup> & 3<sup>rd</sup> Wednesdays @ 6:00 PM  
[wojtowiczr@aol.com](mailto:wojtowiczr@aol.com) [williamsvillerotaryclub.org](http://williamsvillerotaryclub.org)

ZION MISSIONARY BAPTIST CHURCH

# MEAT RAFFLE

FRIDAY, May 15, 2026

AMERICAN LEGION - GEORGE F. LAMM POST  
962 WEHRLE WILLIAMSVILLE, NY 14221

DOORS OPEN AT 6PM  
FIRST SPIN AT 7PM

PRESALE  
**\$15**

50/50  
BASKET RAFFLE  
FREEZER RAFFLE

Bring your \$1 bills and  
your favorite snacks for your table  
ADMISSION: \$15 PER PERSON (PRE-SALE)  
\$ 110 FOR TABLE OF 8 (PRE-SALE)  
DOOR PRICE: \$20

For tickets purchase on Eventbrite  
OR contact the church office for tickets at (716) 886-1362  
Lavelle J. Gamblin, Sr., Pastor

QR code for advance tickets on Everbrite



**Fundraising  
EVENT**

**\$20  
PRE SALE**

**\$23  
BBQ  
CHICKEN  
DINNER**

PROCEEDS WILL HELP FUND  
**NCCS 2026 COMMUNITY  
ENGAGEMENT EVENTS**

**SATURDAY MAY 23, 2026  
12PM - 5PM**

**1/2 CHICKEN | 2 SIDES | DRINK & DESSERT**

**962 WHERLE DR**

WILLIAMSVILLE NY 14221



FOR PRESALE visit our website  
[Nickelcitycs.com](http://Nickelcitycs.com)





# The George F. Lamm Post Home Depot Foundation Grant



In September of 2025, the Lamm Post was informed of an opportunity to apply for a grant from the Home Depot Foundation that could be used to make improvements to our Legion post that would benefit our members and veterans. While there were numerous projects that were looked at, it was determined that the focus be placed on our main Manor Hall area.

Recently, on January 13th, 2026, the Team Depot, The Home Depot's associate volunteer force headed by **Megan Frawley**, came to our Post and worked for two days painting and replacing ceiling tiles on our main level of the Manor Hall and upstairs beverage area. Before painting, the Team taped off the areas between the two paint colors and then again to protect the floors and the freshly painted areas.

In our beverage area for the manor hall, the Team painted the old drop ceiling grid and then proceeded to install the new ceiling tiles.

During the two days, the Lamm Post provided everyone involved, with coffee and doughnuts in the morning and then lunch. One day it was pizza and the next it was sub sandwiches. We had to work around the construction area to get the pop and water from our beverage area.

When all of the work was completed, the Manor Hall looked great, all new paint on the walls, baseboards and trim.

A big **Thank You** goes out to the Home Depot Foundation and the volunteers of Team Depot and the post members that provided the labor.



Just a sampling of the group of volunteers from Team Depot and the post members as many more were involved and helped out with their time and energy. We thank **Megan Frawley** her Home Depot Associate volunteer workforce along with the Lamm Post volunteers.



## Thank you Lamm Post 622!!!



We had such a great time helping out with beautifying your halls! Thank you for giving us the chance and pulling your trust in The Home Depot to be able to do these projects for you. We greatly appreciated those of you that were able to help out with making this project a success! It was wonderful to meet so many of you and see this transformation take place. We look forward to working with you all in the future on another project!



Love,  
The Clarence Home Depot #1230

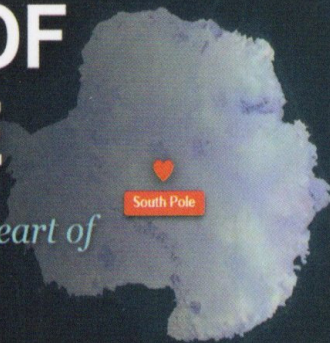
- Megan Frawley · Anjula Weherawathage · Meaghan Murray
- Alex Rodriguez · Elena Marshall · Nate Wojinski · Josh Daigler
- Mark Mungovan · Randy Vanvolkinburg · Dave Fiebelkorn
- Norm Weiler · Joe Battaglia · Ken Moores



# SOUTH OF SILENCE

*A Memoir from the Heart of Antarctica*

**Dale Herschlag**



*Antarctica isn't a destination; it's a mirror.*



Website

[www.southofsilencebook.com](http://www.southofsilencebook.com)

Email: [info@southofsilencebook.com](mailto:info@southofsilencebook.com)



Facebook



## PATRIOT

SNOWPLOW AND LAWN CARE

**Samuel Erb**  
Owner

11520 Main St Suite #2C  
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Office: (716) 725-1783

Mobile: (716) 510-9563

[Patriotssnowandlawn@gmail.com](mailto:Patriotssnowandlawn@gmail.com)



**AMHERST SENIOR CENTER**  
370 John James Audubon Parkway  
Amherst, NY 14228  
716-636-3050

## VETERAN'S COFFEE GROUP

**Every first Monday  
of the month at 10:00 AM**  
Come for a cup of coffee and share  
with other veterans who  
understand your story and lend  
support

## George F. Lamm Post



**More Meat Raffle Information  
on the Post Website**

[www.americanlegionpost622.com](http://www.americanlegionpost622.com)

"ALL THAT IS NECESSARY FOR  
THE TRIUMPH OF EVIL IS FOR  
GOOD MEN TO DO NOTHING"



**THANK YOU LAMM POST  
VETERANS AND ALL WHO  
HAVE SERVED TO KEEP US  
FREE**

**The Officers & Members of the Elevator  
Constructors Local 14  
Buy American, Use Union Labor  
3527 Harlem Rd. Buffalo, NY**



## The UPS Store Cheektowaga

3843 Union Road Ste 15  
Cheektowaga NY 14225  
716-686-0257

Email:  
[store3671@theupsstore.com](mailto:store3671@theupsstore.com)

**The UPS Store  
#3671  
Tops Plaza  
George Urban &  
Union Road**



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Check out all of the Discounts you can receive by being a American Legion Member at:

<https://americanlegionpost622.com/membership>



George F. Lamm  
(American Legion Post)

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George F. Lamm

email:  
[gflamm962@gmail.com](mailto:gflamm962@gmail.com)

ADVERTISE  
YOUR  
BUSINESS  
HERE

Post phones:  
716-204-2516

**BILLS ALUMNI MUSIC FESTIVAL 2026**

**TRIBUTE BANDS & MORE!**

THE EAGLES ★ BONNIE RAITT ★ FLEETWOOD MAC  
THE BEATLES ★ LED ZEPPELIN

Featuring  
MICK HAYES ★ TEQUILA SUNRISE ★ DEBORAH MAGONE  
SONGBIRDS ★ STEVE BARTOLOTTA ★ GARRET CRUMB  
MARIA AURIGEMA BAND ★ CORDELL WINTER BAND  
LETTER TO ELISE ★ JIM CREAM & FRIENDS  
BILLS ALUMNI BLUES BAND ★ MICHAEL HUND

**SATURDAY, JUNE 13TH, 2026**

**AT THE COVE**

4701 TRANSIT RD, DEPEW, NY  
DOORS OPEN AT 11 AM

TICKETS:  
GENERAL ADMISSION **\$45**  
VIP TICKETS **\$65**

SCAN FOR TICKETS!

MUSIC FESTIVAL TO BENEFIT LOCAL WNY CHARITIES!

**George F. Lamm Post**

962 WEHRLE DRIVE  
NEAR CAYUGA ROAD

WILLIAMSVILLE, NY 14221  
PHONE: 716-204-2516

A GREAT PLACE TO HOLD YOUR EVENTS  
AND MEAT RAFFLES

OUR MAIN MANOR HALL WILL HOLD UP TO 230 PEOPLE WITH PLENTY OF PARKING FOR ALL.

CALL BOB AT 716-335-4881

GEORGE F. LAMM POST 622  
MEAT RAFFLE  
Friday June 28th  
Doors Open 6:00 PM 1st Spin 7 PM

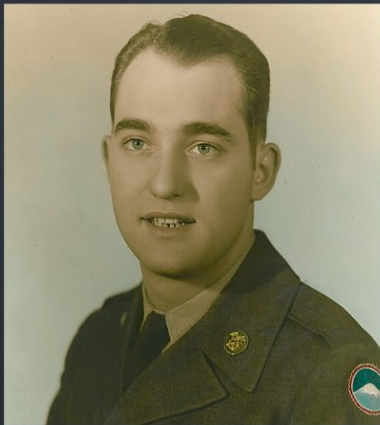


## ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU  
ARE ENTITLED TO FOR YOUR FINAL  
ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS  
ARE HERE TO ASSIST YOU. CALL  
TODAY FOR A FREE  
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.



US Army Veteran  
Korean War  
52 year member  
of Lamm Post  
Anthony P. Amigone, Sr.



716-836-6500  
[www.Amigone.com](http://www.Amigone.com)



George F. Lamm Post  
 Members Meeting  
 The next Meeting will be  
**Saturday May 9th**  
**Meeting 11 AM**  
**Please Support Your Post**




# May 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 <i>Manor Wed Recp</i> 5-10pm
3 <i>Lounge Party 1-6pm</i>	4	5	6	7 <i>County Aux Meeting 5-9pm</i>	8 <i>Manor-Meat Raffle 5-10pm</i>	9 <i>Members meeting 11AM</i>
10 <i>Mothers Day</i>	11	12	13	14	15 <i>Manor-Meat Raffle 6-11pm</i>	16
17	18	19	20 <i>Manor- Party 8:30pm-1am</i>	21	22	23 <i>Manor- 5-10pm</i> <i>Outdoor BBQ 12-noon-5pm</i>
24 <i>Grove-School Reunion</i> <i>Manor-BD Party 5-10pm</i>	25 <i>Holiday</i> <i>Post Event</i> <i>Memorial Day</i>	26	27	28	29	30 <i>Manor Wed Recp 5-11pm</i>
31						

**Ashland Pest Control**  
 Residential Pest Control for Buffalo and Western New York, NY




Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



**NEW YORK PEST MANAGEMENT ASSOCIATION**  
The Force



**ASHLAND PEST CONTROL**  
"Protectors of Health, Property and Environment"



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 ashlandpest@hotmail.com

Serving Western New York for over 40 years



**Bird Barrier**  
Certified Installer



**NPMA**  
National Pest Management Association