



GEORGE F. LAMM

POST 622

LAMM LIGHTS Newsletter for December 2025

Website: <http://americanlegionpost622.com> 716-204-2516

Commanders Message



Commander Phil

Hi everyone

I hope that you had a great Thanksgiving day with your family and friends. I would like to remind you that our next day of meetings will be on December 13th, the same day as our Post Christmas party. The Executive committee will be at 10:00 AM followed by the Membership at 11:00 AM.

With the weather changing, I would like your input on moving our meetings to every two months instead of monthly. During the winter months, not a lot goes on that requires membership meetings.

That being said, we could hold meetings in February and April weather permitting.

I would like for everyone to know that The American Legion Band of the Tonawandas will be doing a Christmas Concert. It will be held on Sunday, December 7th at 7:30 PM at Cardinal O'Hara Performing Arts Center in the town of Tonawanda, NY. Tickets are \$ 15 at the door.

I hope to see you at our Post Christmas party, take care for now.

For God and Country

Commander Phil

2025

We need

YOU!



Auxiliary News

Hope everyone is enjoying this Holiday Season! Just a reminder, the Auxiliary will NOT meet in December or January. Hopefully, the weather will be good and we will resume our meetings on February 14th. Erie county is holding a "Baby

Shower" for women Veterans with infants. We will be collecting NEW baby

clothes through March. Judy Laurenzi is coordinating this. We will be decorating

the Christmas Tree at the Post on December 1st at 10 am. Please come and join us

for some holiday cheer! Wishing everyone a Merry Christmas and Happy New Year!

Follow the Lamm Post 622 on Facebook...

George F. Lamm

LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice		
2nd Vice	Scott Schomber	716-461-1018
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2025

Benjamin Boyd	716-836-3256
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2025

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	716-994-3855
Secretary	Judy Laurenzi	716-510-1680
Treasurer	Sharon Huber	716-901-1092
Chaplain	Lynne Nowak	716-361-0772
Sgt-At-Arms	Debbie Kennedy	716-830-8281

Happing's at other local Legion Posts

Sunday November 30, Pancake Breakfast at Milton J. Brounshidle Post #205, 3354 Delaware Ave, Kenmore, 9 AM to Noon. \$10.

Thursday December 11, Pasta Dinner & Christmas Raffle at Niagara Frontier Post #1041, 533 Amherst St., Buffalo, NY 14207 from 5 to 7 PM. Adults \$12, Veterans \$6, Children 5 to 12 \$6, 4 and under free. 716 875 9276.

Sunday December 14, ALL YOU CAN EAT Pancake Breakfast at A. J. Jurek Post #1672, 655 New Rd. Swormville, 14051. From 8 AM to 12:30 PM. Fresh, hot, buttermilk pancakes, "Egglands Best" eggs, link & patty sausage, juice & coffee or tea. Adults \$10, children under 12 \$4, children < 5 free.

Wednesday January 14, PCC meeting at the Gierlach Post #1320 at 7 PM.

Saturday January 24, PC Club Holiday dinner will be held at the Longhorn Steakhouse at 1 PM on Walden Ave. Cost \$20 a person. It includes food and drink during the meal. RSVP deadline January 14. Contact Gary Oakes Jr at goakes_jr@hotmail.com or 716-292-9970.

Orchard Park Post #567, 5784 Ellis Rd., Orchard Park, Dinners at the Post are from 4 – 6:30 PM (or until sold out). Monday: Beef on Weck, Tuesday: Tacos: Tacos, choice of beef or chicken, Hard shell or Soft. Thursday: Pasta Night! Comes with Salad, 2 meatballs and garlic bread. Friday: From the Grill.

Newell Faulkner Post #880, 2912 Legion Drive, Eden, NY 14057. Normal Hours: Tues., Wed., & Thurs. 3 to 9 PM, Fri. 11 am to 9 PM & Sat. 11:30 am to 9 PM. DINE - IN OR TAKE OUT, Tuesday Taco Night, Wednesday 10 for \$8.50 Wings special, dine in only, Thursday Steak Night, Friday Fish Fry & Specials, Saturday Pizza & Wings and Sandwiches. www.post880.com

Matthew Glab Post #1477, 1965 Abbott Road, Lackawanna, NY 14218, serving Wed and Friday 2-8 PM, Fish Fry's, Seafood, Burgers and weekly specials, Wednesday 75 cent wings, Taco's \$4.

Francis J. Donovan Post #1626, 3210 Genesee Street, Cheektowaga, Food served by Polish Villa 2 every Friday from 4 – 8 PM. Live Music every Friday 7-10 PM. Christmas Concert with a full Choir on December 12th at 7 PM. Visit our website at : francisdonovanpost1626.com
We are a drop site for Toys For Tots...please bring new unwrapped toys to our Post and drop off into the bins inside the Post. Thank you! Always open to the Public!

[HOME](#)[VETERAN FLIGHTS](#)[GET INVOLVED](#)[GOLF TOURNAMENT -2024](#)[EVENTS](#)[DONATE](#)[ABOUT US](#)

HONOR AMERICA'S HEROES!

Sponsor or Co-Sponsor a Buffalo-Niagara Honor Flight!

Sponsor a full flight, part of a flight or sponsor a veteran – Buffalo- Niagara Honor Flight sponsors are needed for the 2023 Fall flight and beyond. Sponsor levels vary – it all helps. If you or someone you know is interested, please contact us! We can have a one-on-one meeting or we can present at your organization to provide all the details. Thank you in advance for your consideration.

Contact: Tom Petrie, President
Buffalo Niagara Honor Flight
716-473-8465

<https://buffaloniagarahonorflight.org>

George F. Lamm Post



If you're in crisis, call the new
Veterans Crisis Line number:
Dial 988 then Press 1.



GEORGE F. LAMM POST CHRISTMAS PARTY & DINNER BUFFET AT 3:00 PM

**\$ 15.00 donation
for Post Members**

**\$21 Donation for
non-members**

Includes dinner

Draft Beer

Wine or pop

Will also have a

50/50 drawing

Basket raffle

Door prizes

Advance Ticket

Sales Only!



WHEN: DECEMBER 13TH, 2025

WHERE: THE GEORGE F. LAMM POST

962 WEHRLE DRIVE

TIME: 2 PM TO 6 PM

CATERED 3 PM DINNER BUFFET

OF:

BREADED PORK CHOPS

ROAST BEEF

TURKEY WITH STUFFING

ROASTED RED POTATOES

VEGETABLE

SALAD, ROLLS, BUTTER

AND DESSERTS

FOR TICKETS CONTACT

PHIL ENGLISH 716-398-8008

THERESA ENGLISH 716-994-3855

BOB BRUNO 716-574-5574

LIMITED SEATING



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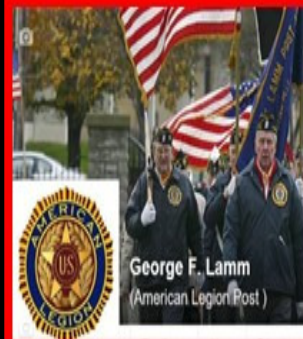
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Office: (716) 725-1783

Mobile: (716) 510-9563

Patriotssnowandlawn@gmail.com



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On Face Book
George F. Lamm**



Senior Center

AMHERST SENIOR CENTER

370 John James Audubon Parkway
Amherst, NY 14228
716-636-3050

VETERAN'S COFFEE GROUP

Every first Monday

of the month at 10:00 AM

**Come for a cup of coffee and share
with other veterans who
understand your story and lend
support**



**ROTARY CLUB OF
WILLIAMSVILLE**

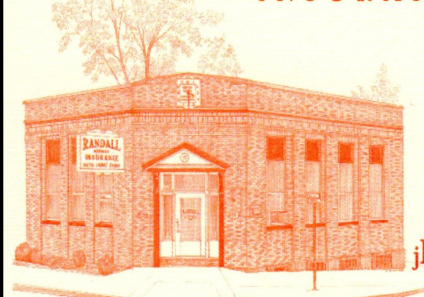
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jbucki@randallagency.com

8584 S. Main Street • Eden, NY 14057

Bear's
Pre-Superbowl
tailgating

WEAR YOUR FAVORITE TEAM ATTIRE



MEAT RAFFLE

SATURDAY
JANUARY
24, 2026

GEORGE LAMM POST
962 WEHRLE DR.
WILLIAMSVILLE, NY 14221
DOORS OPEN AT 5:00PM

First Spin @ 6pm



ALL PROCEEDS
BENEFITTING BEAR'S
JOURNEY AND
ONGOING
TREATMENT

PLEASE BRING YOUR OWN
FOOD. DONATION INCLUDES
UNLIMITED SODA



RAFFLES!
PRIZES! FUN!
COMMUNITY
HOPE



PLEASE BRING
SINGLES!!!

TICKET INFO:

FOR TICKETS & TABLE
RESERVATIONS, PLEASE CONTACT
LEAH WHITE (716) 536-6668
LATONYA "DIVA" GRANBERRY
(716) 228-9448

LET'S COME TOGETHER AS A
COMMUNITY TO SHOW
SUPPORT

DONATION
\$15



To All George F. Lamm
Post Members, Family
and Friends



The Home Depot Foundation is providing a grant to The George F. Lamm Post, to paint and enhance the Main Manor Hall area.

We will be working with Team Depot associates which will be doing the majority of the labor for this project. They will need some of our assistance throughout this improvement process.

Lamm Post will need volunteers to help move and breakdown the areas that Team Depot will be working in. Along with that, Lamm Post volunteers will be needed to be here and assist as needed throughout the projects time frame.

- Monday January 12th, 2026
Breakdown and move items in area of work to be done. 10 AM- 1PM
On January 12th, if we do not get enough help, than we may need a 6 PM to 8 PM shift.
- Tuesday January 13th, 2026 to possibly Thursday January 15th. 8 AM to 4 PM
- Friday 1/16th, 2026
Replace items that were moved ,etc. 10 AM to 2 PM

Email: georgeflamppost622@gmail.com or call Paul Shea at 716-906-9257 and let us know when you can help out with this project.

George F. Lamm Post

962 WEHRLE DRIVE
NEAR CAYUGA ROAD



WILLIAMSVILLE, NY 14221
PHONE: 716-204-2516

A GREAT PLACE TO HOLD YOUR EVENTS
AND MEAT RAFFLES



OUR MAIN MANOR HALL WILL HOLD UP
TO 230 PEOPLE WITH PLENTY OF
PARKING FOR ALL.

CALL BOB AT 716-335-4881



American
LEGION

POST 622 George F. Lamm ★★

The 2026 Membership drive is in full swing...

Send in your renewal today! Thank You.

Membership Report as of the end of November.

2026 Membership Renewals:

GFLP is at 73%

Please renew today if you haven't already.

52 Members have not sent in their renewal
payments for 2026



For the month of November 2025

New Members and Transfers

Collection of Winter Wear for Veterans



The VA-Buffalo has identified a need among Veterans for winter warmth. Needed are Gloves, Winter hats and Warm socks for male and female Veterans.

(Items must NEW with tags on)

Please consider bringing an item to give to our G. F. Lamm Christmas Party on December 13th

Items will be collected and delivered to Buffalo VA by Judy Laurenzi
716 510 1680

Thank you for your support of our Veterans in need!

Contact the Post at
gflamm962@gmail.com

***Call Bob For
Your Next Event Or
Fundraiser
716-335-4881***



The UPS Store Cheektowaga

3843 Union Road Ste 15
Cheektowaga NY 14225
716-686-0257

Email:
store3671@theupsstore.com

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George Urban &
Union Road



Ashland Pest Control Residential Pest Control for Buffalo and Western New York, NY



Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



"Protectors of Health, Property and Environment"

406 Connecticut St. Buffalo, NY 14213
(716) 884-7431 Fax: 881-9578
ashlandpest@hotmail.com

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On Tuesday November 11, 2025, The George F. Lamm Post held their Veteran's Day ceremony in the Manor Hall. Normally, it would have been held outside in front of the Memorial Stone, but due to the weather conditions, it was held indoors.

The ceremony was conducted by Post Commander Phil English and Post member Mike Marshall.

After the ceremony, everyone that attended enjoyed a luncheon buffet, which also included a dessert table.

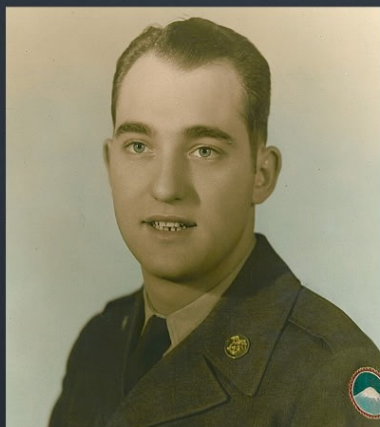


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US Army Veteran
Korean War
52 year member
of Lamm Post
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716-836-6500
www.Amigone.com

George F. Lamm Post Members Meeting



The next meeting will be
Saturday December 13th
Meeting 11 AM

Please Support
Your Post



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on Face Book

George F. Lamm

(American Legion Post)



December 2025

We need

YOU!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9 <i>Elev Union 5-9</i>	10	11	12 <i>Elev. Union Party 5-10</i>	13 <i>Members Meet 11Am Post Christmas Party 2 PM</i>
14	15 <i>Manor Party</i>	16	17	18 <i>Lounge party?</i>	19	20 <i>Manor Party</i>
21	22	23	24	25 	26	27
28	29	30	31	Jan. 1st 2026 		

"ALL THAT IS NECESSARY FOR
THE TRIUMPH OF EVIL IS FOR
GOOD MEN TO DO NOTHING"



THANK YOU LAMM POST
VETERANS AND ALL WHO
HAVE SERVED TO KEEP US
FREE

The Officers & Members of the Elevator
Constructors Local 14
Buy American, Use Union Labor
3527 Harlem Rd. Buffalo, NY

George F. Lamm Post

