



GEORGE F. LAMM

POST 622

LAMM LIGHTS Newsletter for September 2025
Website: <http://americanlegionpost622.com> 716-204-2516

Commanders Message



Commander Phil

Hi Everyone

I hope that you have been enjoying your Summer. It is unbelievable how time flies by and that we are nearing the Fall season already. We had a nice turnout of Family and Friends for our annual picnic. It was a nice day and everyone there had a good time with lots of great food to enjoy. The Women's Auxiliary hosted a basket raffle which had some very nice gifts that were won.

Our next meetings are scheduled for Saturday September 13th. The Executive committee will be at 10: 00 AM with the Membership following at 11: 00 AM. The Women's Auxiliary will also be meeting that day at 11 am.

We will be holding our Flag Retirement Ceremony down by the Grove right after our membership meeting. Hope to see you there, anyone reading this message is invited to attend the membership meeting as well as the ceremony. Hope to see you there.



For God and Country



Auxiliary News

Hope everyone has enjoyed the beautiful summer we had! Now to get started on our new membership year!! Theresa English is our membership chairman and has the new 2025-2026 membership cards . Our meetings are held the second Saturday of the month at **11 am** and we would love to see more members Join us! We are always looking for new ideas and welcome your opinions, good or bad. If you have any questions, don't hesitate to contact any of our officers for answers. **See you September 13th at the George F. Lamm Post.**

LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice		
2nd Vice	Scott Schomber	716-461-1018
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2025

Benjamin Boyd	716-836-3256
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2025

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	716-994-3855
Secretary	Judy Laurenzi	716-510-1680
Treasurer	Sharon Huber	716-901-1092
Chaplain	Lynne Nowak	716-361-0772
Sgt-At-Arms	Debbie Kennedy	716-830-8281

ZION MISSIONARY BAPTIST CHURCH



MEAT RAFFLE

FRIDAY, SEPTEMBER 12, 2025

AMERICAN LEGION - GEORGE F. LAMM POST
962 WEHRLE WILLIAMSVILLE, NY 14221

DOORS OPEN AT 6PM
FIRST SPIN AT 7PM

PRESALE
\$20

50/50

BASKET RAFFLE

FREEZER RAFFLE

Bring your \$1 bills and your favorite snacks for
your table

ADMISSION: \$20 PER PERSON (PRE-SALE)
DOOR PRICE: \$25

For tickets purchase on Eventbrite OR
contact the church office at (716) 886-1362

Lavelle J. Gamblin, Sr., Pastor

MEAT RAFFLE



palmer's

Buffalo Bills Themed Meat Raffle
Wear your Gear..... Go Bills!



Saturday, November 8th, 2025

Doors Open @ 1PM First Pull @ 2 PM

George F. Lamm Post 962 Wehrle Drive

Williamsville, NY 14221

Meet and Greet Buffalo Bills Legends

- Beer and Pop Included
- Snacks and Coolers Encouraged
- NO OUTSIDE ALCOHOL ALLOWED
- Plenty of Parking
- FREE Autographs & Photos
- Sports Memorabilia Auction
- 50/50-Raffles- Door Prizes
- And much more!



For Tickets go to:

<https://www.zeffy.com/en-US/ticketing/buffalo-bills-alumni-foundation-meat-affle> or scan the QR code. No fees when you decline the Zeffy donation add on.

Event Proceeds go to The Buffalo Bills Alumni Foundation for their Charity Work and Donations to Charities.



George F. Lamm Post



George F. Lamm Post

962 WEHRLE DRIVE
NEAR CAYUGA ROAD



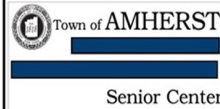
WILLIAMSVILLE, NY 14221
PHONE: 716-204-2516

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AND MEAT RAFFLES**



OUR MAIN MANOR HALL WILL HOLD UP
TO 230 PEOPLE WITH PLENTY OF
PARKING FOR ALL.

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AMHERST SENIOR CENTER

370 John James Audubon Parkway
Amherst, NY 14228
716-636-3050

VETERAN'S COFFEE GROUP

**Every first Monday
of the month at 10:00 AM**
Come for a cup of coffee and share
with other veterans who
understand your story and lend
support



The UPS Store Cheektowaga

3843 Union Road Ste 15
Cheektowaga NY 14225
716-686-0257

Email:

store3671@theupsstore.com

The UPS Store
#3671
Tops Plaza
George Urban &
Union Road



Ashland Pest Control

Residential Pest Control for Buffalo and Western New York, NY



Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



"Protectors of Health, Property and Environment"

406 Connecticut St. Buffalo, NY 14213
(716) 884-7431 Fax: 881-9578
ashlandpest@hotmail.com

Serving Western New York for over 40 years





ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU ARE ENTITLED TO FOR YOUR FINAL ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS ARE HERE TO ASSIST YOU. CALL TODAY FOR A FREE CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.

Anthony P. Amigone Sr.



US Army Veteran
Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.



716-836-6500
www.Amigone.com



Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Flu Shot Clinics: We provide onsite immunization service for employers, schools, health care facilities, and groups.

Medication Organization: We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.

Tile Pharmacy 1031 Cleveland Dr.
Cheektowaga
716-632-4888

Sinclair Pharmacy 75 North Main St
Warsaw
716-786-2330

Wanakah Pharmacy 4923 Lakeshore
Dr. Hamburg
716-624-3232

Cys Elma Pharmacy 2317 Bowen Rd.
Elma, NY
716-652-3920

Kenmore RX Center 2818 Delaware
Rd. Kenmore, NY
716-874-6360

Family Medical Pharmacy 120
Plaza Dr.
Williamsville, NY 716-568-0800

Help for Vets

Amherst Hosts NYS Department Of Veterans' Services Community Outreach Walk-In Office
Hours 9:00 AM - 3:00 PM on **September 10**
at [Amherst Town Hall](#) in the Conference Room
Across from Supervisor's Office. He can help out with many issues, including service medals, tax exceptions, health care and compensation claims.

Contact Rob Stutz, Veterans' Benefit Advisor for more information.

Robert.stutz@veterans.ny.gov

www.veterans.ny.gov

1-888-838-7697



Never Forgotten



ROTARY CLUB OF WILLIAMSVILLE

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1925-2025

P.O. Box 45

Williamsville, NY 14221



716.634.2730



wojtowiczr@aol.com



**George F. Lamm
Post
2025
Family & Friends
Pot Luck Picnic**





AMERICAN
LEGION

DISCOUNT PROVIDERS
Your membership discount perks, all in one place.



Check out all of the Discounts you
can receive by being a American
Legion Member at:

<https://americanlegionpost622.com/membership>

Contact the Post at
gflamm962@gmail.com

***Call Bob For
Your Next Event Or
Fundraiser
716-335-4881***



If you're in crisis, call the new
Veterans Crisis Line number:
Dial 988 then Press 1.



American
LEGION

POST 622 *George F. Lamm* ★★

The 2026 Membership drive is in full swing...

Send in your renewal today! Thank You.

Membership Report as of the end of August.

2026 Membership Renewals:

GFLP is at 56%



For the month of August 2025

New Members and Transfers

Richard Marshall

Daniel Howard



September 11th
Flags on the Bridge

Gather with the WNY Community,
as we fly the American flag in Remembrance
of the Fallen Heroes and Victims of
September 11, 2001.

September 11th 8:30 –10:15AM

Join Firefighters, Police and EMS, military
personnel, and veterans
on the Scajaquada pedestrian bridge in
Buffalo, which crosses over to Hoyt Lake in
Delaware Park (Rt 198 overpass)

The Anniversary of 9.11

Find us on Facebook [Group 9/11 Remembrance](#)



Meat Raffle

Doors open at 1 PM 1st Pull at 2 PM
Saturday November 8th

George F. Lamm Post
Members Meeting



The next meeting will be
Saturday September 13th
Meeting 11 AM


Please Support
Your Post



September 2025

We need
YOU!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1  LABOR DAY	2	3	4	5	6
7	8	9 <i>Elevator Meeting Grove 5-10</i>	10	11	12 <i>Meat Raffle open 6PM 1st 7PM</i>	13 <i>Post members Meeting 11Am</i>
14	15	16	17	18	19	20
21	22	23	24	25	26	27 <i>Manor BD Party 5-10</i>
28	29	30				

"ALL THAT IS NECESSARY FOR
THE TRIUMPH OF EVIL IS FOR
GOOD MEN TO DO NOTHING"



THANK YOU LAMM POST
VETERANS AND ALL WHO
HAVE SERVED TO KEEP US
FREE

The Officers & Members of the Elevator
Constructors Local 14
Buy American, Use Union Labor
3527 Harlem Rd. Buffalo, NY

George F. Lamm Post

