



GEORGE F. LAMM

POST 622

LAMM LIGHTS Newsletter for June 2025
Website: <http://americanlegionpost622.com> 716-204-2516
962 Wehrle Drive, Williamsville NY 14221

Commanders Message



Commander Phil

Hi Everyone, I hope that this message finds you in the best of health. As summer is quickly closing in on us, it will soon be time to start doing yard work and gardening. Just make sure that if you have strenuous yardwork to do, make sure you do a little at a time or if possible try to get a family member or friend to help you.

I would like to remind our members that our next Executive Board meeting will be Saturday June 14th at 10:00 AM. The Membership meeting is scheduled for 11:00 AM. I will not be available for the meetings and Past Post Commander Mike Marshall has agreed to run the meetings for the day. He is a very friendly individual who has a great deal of knowledge regarding the Legion and other things in general.

2025

Theresa and I will be attending the Boys State orientation and information session scheduled for the same day, same time at the Matthew Glab Post No. 1477 in Lackawanna, N.Y. I would like to mention that the Lamm Post Auxiliary will be holding a Rummage and Baked goods sale in the Grove from 11:00 AM to 4:00 PM. If you can, please stop by to try to support them in their endeavors



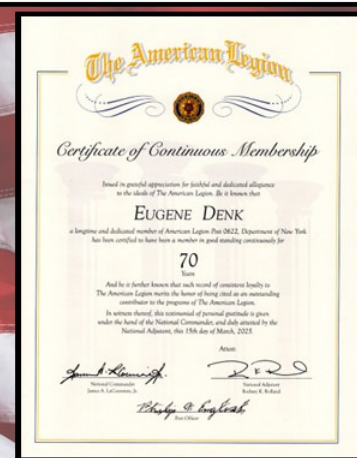
I would like to mention to those reading this message, whether you are a member or not. Our Post sits on a large lot as you may or may not know, we have an extensive lawn that needs to be cut quite often. If you know someone who may be willing to help with the lawn care at the Post, please let either myself or one of our staff know. It would be greatly appreciated.

For God and Country,
Commander Phil



*Congratulations Gene Denk for
being a American Legion Member
for 70 years.*

*George F. Lamm Post
Commander
1984-1985*



Attention Lamm Post Members

If you have an email address, but are not currently receiving the newsletter, Lamm Lights, to your in box, please send us your email information to :

georgeflamppost622@gmail.com



Never Forgotten


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1925-2025

P.O. Box 45

Williamsville, NY 14221

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 wojtowiczr@aol.com

LAMM POST OFFICERS		
Commander	Phil English	716-398-8008
1st Vice		
2nd Vice	Scott Schomber	716-461-1018
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2025

Benjamin Boyd	716-836-3256
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2025

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	716-994-3855
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
Chaplain	Sharon Huber	716-901-1092
Sgt-At-Arms	Lynne Nowak	716-361-0772

George F. Lamm Post



All of the posted Meat Raffles at the George F. Lamm Post are open to the public. More information on some of the raffles can be found on our website, <http://americanlegionpost622.com/newandupcomingevenets>



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Sponsor or Co-Sponsor a Buffalo-Niagara Honor Flight!

Sponsor a full flight, part of a flight or sponsor a veteran – Buffalo- Niagara Honor Flight sponsors are needed for the 2023 Fall flight and beyond. Sponsor levels vary – it all helps. If you or someone you know is interested, please contact us! We can have a one-on-one meeting or we can present at your organization to provide all the details. Thank you in advance for your consideration.

Contact: Tom Petrie, President
Buffalo Niagara Honor Flight
716-473-8465

<https://buffaloniagarahonorflight.org>

George F. Lamm Post

962 WEHRLE DRIVE
NEAR CAYUGA ROAD



WILLIAMSVILLE, NY 14221
PHONE: 716-204-2516

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Lots of WAX

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**Every first Monday
of the month at 10:00 AM**

**Come for a cup of coffee and share
with other veterans who
understand your story and lend
support**

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George F. Lamm Post 622



FAMILY AND FRIENDS POTLUCK PICNIC

SUNDAY AUGUST 10TH 2025 **RSVP**

In The Grove

1 PM till 6 PM

Main Meats will be Provided

**DRAFT BEER AND
POP PROVIDED**

**Bring a
Dish to
Share**

**RSVP TO THERESA OR PHIL
716-994-3855**

**OR EMAIL YOUR RSVP TO:
GEORGEFLAMMPOST622@GMAIL.COM**

RSVP BY THE 1ST OF AUGUST



Lamm Post Family and Friends Picnic 2024



Tile Pharmacy 1031 Cleveland Dr.
Cheektowaga
716-632-4888

Sinclair Pharmacy 75 North Main St
Warsaw
716-786-2330

Wanakah Pharmacy 4923 Lakeshore
Dr. Hamburg
716-624-3232

Cys Elma Pharmacy 2317 Bowen Rd.
Elma, NY
716-652-3920

Kenmore RX Center 2818 Delaware
Rd. Kenmore, NY
716-874-6360

Family Medical Pharmacy 120
Plaza Dr.
Williamsville, NY 716-568-0800

Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Flu Shot Clinics: We provide onsite immunization service for employers, schools, health care facilities, and groups.

Medication Organization: We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.

EUROCAR DAY 2025



Summer Cruise

June 8, 2025

George F. Lamm Post 622

962 Wehrle Drive • Cheektowaga, NY
10am - 2pm • Basket Raffle • Food and Beverages
All marques welcome!

Contact the Post at
gflamm962@gmail.com

**Call Bob For
Your Next Event Or
Fundraiser
716-335-4881**

**Lamm Post
Clubhouse..... 716-204-2516**



**Follow the Lamm Post
on Face Book**



George F. Lamm

(American Legion Post)



If you're in crisis, call the new
Veterans Crisis Line number:
Dial 988 then Press 1.



Ashland Pest Control

Residential Pest Control for Buffalo and Western New York, NY

Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



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ashlandpest@hotmail.com**

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What can we at the George F. Lamm Post do to increase your membership experience or participation? What would You like to see at the Post? What events or activities? Email your thoughts and suggestions to:
americanlegionpost622@gmail.com

Flea Market and Bake Sale

June 14, 2025 10am to 2pm



BAKE SALE

Baked Goods Coffee & soda for sale

George F Lamm American Legion Auxiliary

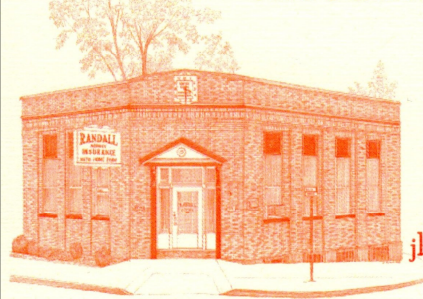
962 Wehrle Drive (back building)

Williamsville NY

Proceeds will help us to continue our mission
to serve veterans and their families



Randall Agency Inc. INSURANCE



Jennifer L. Bucki
Licensed Agent

Ph: (716) 992-3488

Fax: (716) 992-9398

jbucki@randallagency.com

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Patriotsnowandlawn@gmail.com



Important Update on American Legion Membership Dues

Last year, the National American Legion raised the 2025 Membership dues by five dollars (\$5.00), which would have raised the George F. Lamm Post membership dues to fifty dollars (\$50.00).

The Lamm Post decided to not raise the dues and maintain the forty five dollar (\$45.00) dues amount in order to help our members. By doing so, the Lamm Post lost the five dollars (\$5.00) on each member that renewed which affected our budget for handling the membership renewal process of mailing out the new cards and reminders of the dues notices, along with any funds going to the overall post operating expenses. Out of the \$50 dues, National and State takes \$39.50 leaving the Lamm Post only \$10.50. Last year (2025) we only received \$5.50.

The new membership drive for the next year always starts through the National Legion and starts July 1st. So this July, the 2026 membership drive will start. The dues notices will be mailed at that time. When the members do not pay upon that first notice, it costs the American Legion more in operating expenses to resend the dues notices. **So paying early helps maintain costs.**

For the 2026 Membership year, the George F. Lamm Post will increase the annual membership dues by five dollars (\$5.00). This will bring the 2026 renewal up to Fifty Dollars (\$50.00).

Remember, your yearly membership dues help assist in the many programs that the American Legion is involved in and that it supports. You, as a paid member, also receive the Legion magazine and are entitled to many discounts that are offered to the American Legion Members.





ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU
ARE ENTITLED TO FOR YOUR FINAL
ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS
ARE HERE TO ASSIST YOU. CALL
TODAY FOR A FREE
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.

Anthony P. Amigone Sr.



US Army Veteran
Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.



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www.Amigone.com

Follow the Lamm Post 622 on Facebook...
George F. Lamm

A Special Thank You
to one of our sponsors.



2975 Walden Ave, Depew, NY
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Thank You for Supporting our Troops,
our Veterans and

The George F. Lamm Post



Please support our sponsors

George F. Lamm Post
Members Meeting



The next meeting will be

Saturday June 14th

Meeting 11 AM

Please Support
Your Post



June 2025

We need

YOU!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 Grove Picnic
8 Grove Car Show EUROCAR DAY 2025 SUMMER CRUISE	9	10 Elevator Union Meeting	11	12	13 Lounge Party	14 Grove Flea Market Post Members Meeting 11AM
15	16	17 Manor 3-5pm Credit Union	18 Grove Party	19	20	21
22	23	24	25	26	27 Lounge	28 Lounge
29 Lounge Party	30					

"ALL THAT IS NECESSARY FOR
THE TRIUMPH OF EVIL IS FOR
GOOD MEN TO DO NOTHING"



THANK YOU LAMM POST
VETERANS AND ALL WHO
HAVE SERVED TO KEEP US
FREE

The Officers & Members of the Elevator
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3527 Harlem Rd. Buffalo, NY

George F. Lamm Post

