



GEORGE F. LAMM

POST 622

LAMM LIGHTS Newsletter for May 2025
Website: <http://americanlegionpost622.com> 716-204-2516
962 Wehrle Drive, Williamsville NY 14221

Commanders Message



Commander Phil

Hi everyone,

I hope that our members are doing well, enjoying your time with your family and friends. Time is flying by quickly and before you realize

, it will be time to start working out in your yards flower beds and gardens. If there is a lot to do, please see if you can get some help.

On Thursday May 1st, the Erie County Auxiliary will be holding their monthly meeting at our Post. Please remember that our Executive board meeting for this month is set for Saturday May 17th at 10:00 AM with the Membership meeting following at 11:00 AM.

We will be having our Memorial Day Services by the Memorial stone on Monday May 26th at 11:00 A.M. There will be a luncheon in our Manor to follow, that will be provided by the Post Executive Board and our very own Post Auxiliary members.



It is around that time of the year, where a couple of our members will be trying to do some spring cleanup around the Post. If any of you have some spare time to share, please consider stopping by, have a look around and see if you could grab some of the loose branches that have fallen over the winter months or check the bushes on the parking lot side of our Manor for possible garbage. A little help goes a long way in trying to help our Post look good. Any help that you can provide is greatly appreciated.

For God and Country

Commander Phil

2025









Honoring All Our Veterans "An American Hero"

The Story of Charles N. DeGlopper

Medal of Honor Recipient
"A Son of Grand Island"





Post 1346

Post 9249

Grand Island High School Auditorium May 17th 7 PM

Attention Lamm Post Members

If you have an email address, but are not currently receiving the newsletter, Lamm Lights, to your in box, please send us your email information to :

georgeflamppost622@gmail.com



Never Forgotten

— ★ ★ ★ —
ROTARY CLUB OF WILLIAMSVILLE

CELEBRATING 100 YEARS OF SERVICE TO THE COMMUNITY

1925-2025

P.O. Box 45

Williamsville, NY 14221



716.634.2730



wojtowiczr@aol.com

LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice		
2nd Vice	Scott Schomber	716-461-1018
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2025

Benjamin Boyd	716-836-3256
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2025

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	Unlisted
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
Chaplain	Sharon Huber	716-901-1092
Sgt-At-Arms	Lynne Nowak	716-361-0772

George F. Lamm Post



All of the posted Meat Raffles at the George F. Lamm Post are open to the public. More information on some of the raffles can be found on our website, <http://americanlegionpost622.com/newandupcomingevenets>

Meat Raffle
Saturday May 17th
Doors Open 6 PM - First Spin 7 PM

Meat Raffle
Saturday May 31st
Doors Open 6 PM - First Spin 7 PM



SATURDAY MAY 10TH

VETERANS SHOULD BRING A COPY OF THEIR DD214 AND PLAN TO VISIT THESE VETERAN SERVICE ORGANIZATIONS AND MORE...

- THIS IS YOUR DAY! CELEBRATE, CONNECT, AND DISCOVER THE SUPPORT AND OPPORTUNITIES AVAILABLE EXCLUSIVELY FOR OUR MILITARY COMMUNITY**



Scan the code to register!

Esteemed Veteran Support Groups ★ Community Veteran-Owned Enterprises ★ Career and Educational Opportunities

WE LOOK FORWARD TO WELCOMING YOU
DAEMEN UNIVERSITY 4380 MAIN STREET, AMHERST, NY 14226



MAIL CALL
CHAIRMAN STEVE STERN
COMMITTEE ON VETERANS' AFFAIRS

Issue 001

7 April 2025/Vol. 001

A Message From Our Chairman

It has been my privilege to work closely with and for the brave men and women who have sacrificed so much to protect our great nation. I look forward to meeting with our veterans from across New York State, and as Chairman I remain committed to ensuring that our veterans across New York State always receive the recognition, support, and services that they deserve.



Contact Chairman Stern

**95 Broad Hollow Road, Suite 100,
Melville, NY 11747
631-271-8025
sterns@nyassembly.gov**

Legislative Office Bldg. Room 841
Albany, NY 12248
518-455-5732
<https://nyassembly.gov/comm/?id=40>



Assemblyman Steve Stern with the American Legion Greenlawn Post 1244

Important Information from Chairman Stern

Veterans Crisis Hotline	988, Press 1
NYS Veterans Benefits Advisor.....	1-888-838-7697
VA Health Benefits Hotline.....	877-222-VETS
PACT Act Assistance.....	800-698-2411
VA Healthcare-Related Fraud, VHA Office of Integrity and Compliance Helpline.....	1-866-842-4357
VA Benefits Fraud Helpline.....	1-800-827-1000
Support for VGLI program, SGLI program, and FSGLI Claims.....	800-419-1473
Support for VA-Life, S-DVI, and VMLI.....	800-669-8477
Assistance with Education Benefits.....	888-442-4551

Schedule an online consultation with a NYS Veterans Services Agency Benefits Advisor:
<https://veterans.ny.gov>

Find your local NYS Veterans Services Office: <https://veterans.ny.gov/office-locations>

Find your local NYS Disabled Veterans' Outreach Program Specialists:
<https://dol.ny.gov/services-veterans>

Property Tax Exemptions for Veterans:
<https://veterans.ny.gov/property-tax-exemptions-veterans>

Health and Disability Benefits for Families and Caregivers:
<https://www.va.gov/family-and-caregiver-benefits/health-and-disability/>

Apply for a Veterans Status Designation on a NYS Photo ID:
<https://dmv.ny.gov/more-info/veteran-status-designation-on-a-photo-document>

Homes for Veterans Program: <https://veterans.ny.gov/homes-veterans-program>



www.caboodleprinting.com

GARY WODARCZAK
MANAGING PARTNER

1975 WEHRLE DRIVE
WILLIAMSVILLE, NY 14221

 716.693.6000

 716.796.1543

F 716.810.9326

 gary@caboodleprinting.com

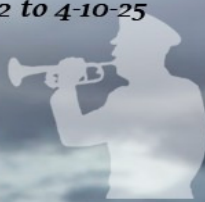
George F. Lamm Post #622

In Memory of



TAPS

Camelo Notaro Jr. 9-15-32 to 4-10-25



JOHN SEBASTIAN ENTERTAINMENT



Ole School Party

MAY 25, 2025
6:00 PM - 11:00 PM

FOOD & CASH BAR

Tickets \$35

Please Contact:
 Annette (716-903-5104)
 or John (716-603-6809)

MUSIC BY
DJ HASSAN

The George F. Lamm Post
In The Grove 962 Wehrle Dr, Williamsville, NY 14221



Lockport Volleyball Club

MEAT RAFFLE

Proceeds to benefit LVC families going to Nationals in Orlando, FL

Saturday, May 17, 2025
 American Legion Post 622
 962 Wehrle Drive, Williamsville
 Doors open @ 6PM – First drawing @ 7PM

Only 250 admission tickets will be sold! - \$10.00 per ticket
 You can purchase admission tickets from participating club families or text Tom Schneider @ (716)310-2781

Includes Beer, Wine, Soda, Snacks & Slice of Pizza
 (additional pizza available for purchase but feel free to BYO snacks)

Door Prizes - 50/50 Split – Mini Theme Baskets

Please bring dollar bills and a cooler for your winnings!!



Win a Freezer Filled with Meat!!
 Donation \$10 each or 3 for \$20
 (need not be present to win)




GAMMA PHI OMEGA HOUSING DEVELOPMENT CORPORATION PRESENTS:

50/50 RAFFLES & MORE!



FREE SODA

MEAT RAFFLE

SATURDAY, MAY 31, 2025

GEORGE F. LAMM
 AMERICAN LEGION POST
 962 WEHRLE DRIVE
 WILLIAMSVILLE, NY 14221
 DOORS OPEN AT 6:00PM
 FIRST DRAWING AT 7:00PM

TICKETS ARE \$15.00 EACH
FOR TICKETS PLEASE VISIT:
WWW.GPOHDC.ORG

Feel free to bring a snack to share with your table!
 THIS EVENT IS OPEN TO THE PUBLIC



Missy's Extra Millers

Presenting

"Five to One"



Help Support Our Ride for Roswell Fundraiser

Date: May 16th, 2025
 Time: Starts at 6:00 pm
 Location: George F. Lamm Post 962 Wehrle Dr, Williamsville, NY 14221

Join us for a fun night of music, drinks, and community support!
WOWSA! The band, "Five to One" is donating their time to perform for us!

ADMISSION: \$10 per person **Pizza and Snacks Available**

Drink Specials

Beer: \$2.00 Wine: \$3.00 Mixed Drinks: \$6.00-\$7.00

How You Can Help: Donations Welcomed! OR, can you contribute baskets for raffle or auction and add to our fundraising effort?

Contact Info: Questions or ideas, John Chudy, johnchudy1@msn.com; James Chudy JChud002@gmail.com; Bren Price, bpricesr@aol.com





Tile Pharmacy 1031 Cleveland Dr.
Cheektowaga
716-632-4888

Sinclair Pharmacy 75 North Main St
Warsaw
716-786-2330

Wanakah Pharmacy 4923 Lakeshore
Dr. Hamburg
716-624-3232

Cys Elma Pharmacy 2317 Bowen Rd.
Elma, NY
716-652-3920

Kenmore RX Center 2818 Delaware
Rd. Kenmore, NY
716-874-6360

Family Medical Pharmacy 120
Plaza Dr.
Williamsville, NY 716-568-0800

Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Flu Shot Clinics: We provide onsite immunization service for employers, schools, health care facilities, and groups.

Medication Organization: We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.

EUROCAR DAY 2025



Summer Cruise

June 8, 2025

George F. Lamm Post 622

962 Wehrle Drive • Cheektowaga, NY
10am - 2pm • Basket Raffle • Food and Beverages
All marques welcome!

Contact the Post at
gflamm962@gmail.com

**Call Bob For
Your Next Event Or
Fundraiser
716-335-4881**

**Lamm Post
Clubhouse..... 716-204-2516**



**Follow the Lamm Post
on Face Book**



George F. Lamm
(American Legion Post)



If you're in crisis, call the new
Veterans Crisis Line number:
Dial 988 then Press 1.



Ashland Pest Control

Residential Pest Control for Buffalo and Western New York, NY

Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



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ashlandpest@hotmail.com

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What can we at the George F. Lamm Post do to increase your membership experience or participation? What would You like to see at the Post? What events or activities? Email your thoughts and suggestions to:
americanlegionpost622@gmail.com

Joseph P. Dwyer Peer Support Project

Founded in memory of Private First Class Joseph P. Dwyer, a combat medic in Iraq who struggled with PTSD, their mission is to advocate for safe, non-clinical environments where veterans can connect, share their experiences, and find healing through the support of their peers. This peer-driven approach helps veterans and their families navigate the challenges of civilian life, from mental health struggles to reintegration into their communities.



Connect with a Joseph P. Dwyer Peer Support Project near you
<https://www.josephpdwyerpeerproject.org/dwyer-counties>



Every second Thursday of the month, the Suffolk County Joseph P. Dwyer Project - Family Support and Education Series hosts a virtual presentation for veterans and families, featuring a new topic every session.

Join here:
<https://us06web.zoom.us/j/86829194414#success>

Meeting ID: 868 2919 4414

SUNY Campus Military-Connected Services

Prospective Students:

Susan Dewan, Assistant Director for
 Military and Veteran Recruitment
 518-445-4069
susan.dewan@suny.edu

Current Students

Diana Pasterchick, SUNY Coordinator
 of Veteran and Military Affairs
diana.pasterchick@suny.edu

Find Your Local Campus Military-Connected Services Office Here
<https://www.suny.edu/attend/get-started/military-and-veteran-students/campus-veterans-services-offices/>



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Important Update on American Legion Membership Dues

Last year, the National American Legion raised the 2025 Membership dues by five dollars (\$5.00), which would have raised the George F. Lamm Post membership dues to fifty dollars (\$50.00).

The Lamm Post decided to not raise the dues and maintain the forty five dollar (\$45.00) dues amount in order to help our members. By doing so, the Lamm Post lost the five dollars (\$5.00) on each member that renewed which affected our budget for handling the membership renewal process of mailing out the new cards and reminders of the dues notices, along with any funds going to the overall post operating expenses. Out of the \$50 dues, National and State takes \$39.50 leaving the Lamm Post only \$10.50. Last year (2025) we only received \$5.50.

The new membership drive for the next year always starts through the National Legion and starts July 1st. So this July, the 2026 membership drive will start. The dues notices will be mailed at that time. When the members do not pay upon that first notice, it costs the American Legion more in operating expenses to resend the dues notices. **So paying early helps maintain costs.**

For the 2026 Membership year, the George F. Lamm Post will increase the annual membership dues by five dollars (\$5.00). This will bring the 2026 renewal up to Fifty Dollars (\$50.00).

Remember, your yearly membership dues help assist in the many programs that the American Legion is involved in and that it supports. You, as a paid member, also receive the Legion magazine and are entitled to many discounts that are offered to the American Legion Members.





ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU
ARE ENTITLED TO FOR YOUR FINAL
ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS
ARE HERE TO ASSIST YOU. CALL
TODAY FOR A FREE
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.

Anthony P. Amigone Sr.



US Army Veteran
Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.



716-836-6500
www.Amigone.com

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George F. Lamm

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to one of our sponsors.



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Thank You for Supporting our Troops,
our Veterans and
The George F. Lamm Post 
Please support our sponsors

George F. Lamm Post
Members Meeting



The next meeting will be
Saturday May 17th
Meeting 11 AM



Please Support
Your Post



May 2025

We need
YOU!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 The George F. Lamm Post will have a Memorial Day Service at the Lamm Post on Monday May 26th, 2025. It will be at 11 AM.				1	2	3 <i>Lounge BD Party 2-7pm</i>
4	5	6	7	8	9 <i>Benefit in Manor 5to10pm</i>	10 <i>Manor :Physic 130 to 430pm Grove Picnic 8am to 4pm</i>
11	12	13 <i>Elevator Union 5-10pm</i>	14	15	16 <i>Fun Raiser Roswell _Manor 6to10pm</i>	17 <i>Post Members Meeting 11AM Meat Raffle 6pm 1st 7pm</i>
18 <i>Lounge BD Party 1to5pm</i>	19	20	21	22	23	24 <i>Meat Raffle 5-10 1st spin 6pm</i>
25 <i>Grove :Ole School Party 6to11pm</i>	26 <i>Holiday Post Service</i> 	27	28	29	30	31 <i>Grove Meat Raffle Open 6pm 1st spin 7PM</i>

"ALL THAT IS NECESSARY FOR
THE TRIUMPH OF EVIL IS FOR
GOOD MEN TO DO NOTHING"



THANK YOU LAMM POST
VETERANS AND ALL WHO
HAVE SERVED TO KEEP US
FREE

The Officers & Members of the Elevator
Constructors Local 14
Buy American, Use Union Labor
3527 Harlem Rd. Buffalo, NY

George F. Lamm Post

