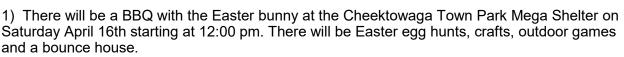


LAMM LIGHTS Newsletter for April 2025 Website: http://americanlegionpost622.com 716-204-2516 962 Wehrle Drive, Williamsville NY 14221

Commanders Message

I hope that everyone is doing good and in the best of health possible. I would like to wish all of you a very Happy Spring! I would like to pass along some information for those of you with young children or grandchildren:



2) The Amherst Police Community Policing & Training Facility at 4220 Bailey Ave. In Amherst will be having an Eggstravanza Egg Hunt. It will be held Saturday April 1st from 10 am -1 pm for children Ages 11 and Under.

Our next scheduled meeting will be Saturday, April 12th. The Executive board will meet at 10: 00 AM with the membership meeting starting at 11:00 AM. Just a reminder, if you have family mem-

bers they are welcome to come with you. We have Wi-Fi available for them to use in the Manor or if it is nice day, they could do things outside. If your spouse is interested, the Lamm Post Auxiliary would love for them to consider becoming a member.

Once the weather gets better and the Grove opens, we would like to bring back

The "Bring a dish to Pass" night a couple times a month. It would be a lot of fun and it would be a great opportunity to mingle with other members and their families. Please let us know if you would be interested in participating in something like that. If you have other ideas that you would like to share please let us know. Email: **georgeflampost622@gmail.com**



If you are a Veteran and not a member of our Post but you enjoy our website, please consider joining our Legion Family. For God and Country

Commander Phil



Important Update on American Legion Membership Dues

Last year, the National American Legion raised the 2025 Membership dues by five dollars (\$5.00), which would have raised the George F. Lamm Post membership dues to fifty dollars (\$50.00).

The Lamm Post decided to not raise the dues and maintain the forty five dollar (\$45.00) dues amount in order to help our members. By doing so, the Lamm Post lost the five dollars (\$5.00) on each member that renewed which affected our budget for handling the membership renewal process of mailing out the new cards and reminders of the dues notices, along with any funds going to the overall post operating expenses. Out of the \$50 dues, National and State takes \$39.50 leaving the Lamm Post only \$10.50. Last year (2025) we only received \$5.50.

The new membership drive for the next year always starts through the National Legion and starts July 1st. So this July, the 2026 membership drive will start. The dues notices will be mailed at that time. When the members do not pay upon that first notice, it costs the American Legion more in operating expenses to resend the dues notices. <u>So paying early helps maintain costs</u>.



For the 2026 Membership year, the George F. Lamm Post will increase the annual membership dues by five dollars (\$5.00). This will bring the 2026 renewal up to Fifty Dollars (\$50.00).

Remember, your yearly membership dues help assist in the many programs that the American Legion is involved in and that it supports. You, as a paid member, also receive the Legion magazine and are entitled to many discounts that are offered to the American Legion Members.

Commander	Phil English	716-398-8008
1st Vice	1	
2nd Vice	Scott Schomber	716-461-1018
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number	1	716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2025

Benjamin Boyd	716-836-3256	
Rick Herrmann	716-243-5348	
David Shia	716-907-2329	
Duane Swirgos	716-830-0435	

AUXILIARY OFFICERS 2025

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	Unlisted
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
Chaplain	Sharon Huber	716-901-1092
Sgt-At-Arms	Lynne Nowak	716-361-0772



All of the posted Meat Raffles at the George F. Lamm Post are open to the public. More information on some of the raffles can be found on our website, http://americanlegionpost622.com/newandupcomingevenets



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AMERICAN LEGION

Attention Lamm Post Members

If you have an email address, but are not currently receiving the newsletter, Lamm Lights, to your in box, please send us your email information to :

georgeflammpost622@gmail.com



For Tickets Text: Jacob Wargala (716)364-8776 or Gene Mongan (716)418-2966



gary@caboodleprinting.com



62nd Annual Western New York Armed Forces Week

P.O. Box 0832, 1200 William Street Buffalo, New York 14240-0832 <u>http://www.WNYarmedforcesweek.com</u> Twitter: @WNYArmedForces Facebook: wnyarmedforcesweek 501(c)(3) Organization EIN 84-2203842

Dear Western New York Armed Forces Supporter,

The WNY Armed Forces Week Committee is celebrating our 62nd year supporting the service members working and living in Western New York!

It is a privilege and an honor to announce that after maintenance has been completed, we will be returning to the historic Connecticut Street Armory to host the Opening Ceremony and Civic Luncheon on May 8th and formal Military Ball on May 10th! This will offer unique opportunities for you to participate in very special events to show your appreciation as we honor those Americans who currently serve in the United States Armed Forces.

Participation provides you a superb opportunity to personally recognize military members and veterans for their service to our country. Planning for 2025 WNY Armed Forces Week is well underway. This year 14 top performing service members will be recognized from the five military branches serving on the Niagara Frontier. The recognition of these service personnel will be held at the WNY Armed Forces Week Formal Military Ball on Saturday, May 10th, 2025. We believe there is no greater or more important deed than volunteering to serve your nation and your fellow countrymen. There is no greater obligation for the citizens of America than to support those responsible for our safety and security.

The enclosed order form explains our Tribute Book advertisement options. We ask for your partnership as we provide the Opening Ceremonies, the Civic Luncheon, and the formal Military Ball to recognize the outstanding contributions and achievements of our serving military members and veterans. Your logo will be published on our website, in all 700+ tribute books published, and will be featured digitally at the Civic Luncheon. Additionally, your logo or advertisement(s) will be featured on our social media sites for all to see your support of our local military members both active duty and veterans.

By donating to our efforts, you'll positively impact military morale and support functions for our servicemembers. Last year we donated over \$10,000 to local Armed Forces Family Organizations making an immediate impact on our community. We encourage your support as we recognize those personnel who wear our nation's military uniforms. Please submit your partnership proposals by April 25, 2025, so publication timelines can be met. We encourage you to visit our website at wnyarmedforcesweek.com, and on Facebook at "WNY Armed Forces Week". If you have questions, please reach out to the two email addresses below. Tribute Book donation forms and any questions can be e-mailed to <u>WNYAFWsponsors@wnyarmedforcesweek.com</u>, or

Sponsorship/Marketing Team Leader at trwgunny@roadrunner.com.

Sincerely yours,

Frank Caruso, JSC Civilian Chairman George Boller, LCDR, USN (Ret) General Chairman

"For every obstacle there is a solution. Persistence is the key. The greatest mistake is giving up!" Dwight D. Eisenhower

Civilian Chairman Hon. Frank Caruso, JSC

General Chairmen George Boller, LCDR, USN (Ret)

Chief of Staff Thomas Whelan, MGySgt, USMC (Ret)

Senior Enlisted Advisor / Race Director Christopher Schreiber, 1stSgt, USMC Jeff Gray, CMSgt, USAF

Recording Secretary Alexandra Perreault, SSGT, USAF

Budget Director / Treasurer Jeff Gray, CMSgt, USAF

Opening Ceremony Chairman Bernie Bunny, CWO4, USN (Ret)

Luncheon Co-Chairman Bernie Bunny, CWO4, USN (Ret)

Permanent Luncheon Chairmen Frank Sparacino, LTC, USA (Ret.) Patrick Morrow, CWO-4, USMC (Ret.)

Ball Co-Chairman Lynda Pixley, USN Veteran

Ticket Chairman George Boller, LCDR, USN (Ret) Marge Price, CIV

Tribute Book Maj Bill Marlowe, USMC (Ret)

Website / Public Affairs Dave Carapetyan, CIV, Pres USNL

Awards Committee Bernie Bunny, CWO4, USN (Ret.) John Cardarella, CW5, USA NYSRL



Office: (716) 725-1783 Mobile: (716) 510-9563

Patriotsnowandlawn@gmail.com

11520 Main St Suite #2C

Clarence, NY 14031

8584 S. Main Street • Eden, NY 14057





Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community. Tile Pharmacy 1031 Cleveland Dr. Cheektowaga 716-632-4888

Sinclair Pharmacy 75 North Main St Warsaw 716-786-2330

Wanakah Pharmacy 4923 Lakeshore Dr. Hamburg 716-624-3232

Cys Elma Pharmacy 2317 Bowen Rd, Elma, NY 716-652-3920

Kenmore RX Center 2818 Delaware Rd. Kenmore, NY 716-874-6360

Family Medical Pharmacy 120 Plaza Dr. Williamsvill, NY 716-568-0800

What We Do:

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- Medication dispensing
 - Medication organization (pill packs)
- Medication and device education
- immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Elu Shot Clinics. We provide onsite immunization service for employers, schools, helath care facilities, and groups.

Medication Organization. We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can taylor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.



Contact the Post at <u>gflamm962@gmail.com</u> *Call Bob For Your Next Event Or Fundraiser 716-335-4881*



Follow the Lamm Post on Face Book

George F. Lamm (American Legion Post)





If you're in crisis, call the new Veterans Crisis Line number: Dial 988 then Press 1.



Ashland Pest Control Residential Pest Control for Buffalo and Western New York, NY



Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satifsaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absoute best services.





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THANK YOU FOR GOD AND COUNTRY.



US Army Veteran Korean War 52 year member of Lamm Post Anthony P. Amigone, Sr.

Parthang PAnnegons SR



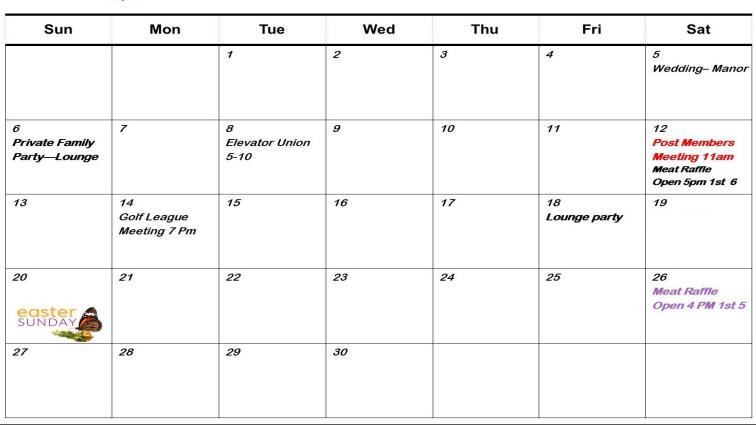
716-836-6500 www.Amigone.com

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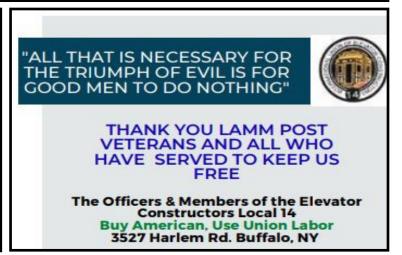




April 2025







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