



★ ★ ★ **GEORGE F. LAMM** ★ ★ ★
POST 622

LAMM LIGHTS Newsletter for February 2025
Website: <http://americanlegionpost622.com> 716-204-2516
962 Wehrle Drive, Williamsville NY 14221

Commanders Message

2025



Commander Phil

Hi everyone,

I hope that you are doing well, staying safe and warm enjoying your family and friends, If you need to be outside shoveling or plowing, please remember to dress appropriately and rest up in between.

I would like to remind you that we will not be holding meetings in the month of February. The weather's usually not good and there is not a lot going on to tell you about.

We will have our next scheduled Executive Board meetings on Saturday, March 8th at 10:00 AM followed by the Membership meeting at 11:00 AM. If you can make it out please do, it would be great to see you there.

P.S. If you enjoy Meat Raffles, there are a few that are scheduled for this month. So come out and enjoy, (Check the calendar for dates and times)



George F. Lamm Post #622
Post Members who passed in 2024

- Melvin J Rolston - May 9th, 2024*
- Nelson J Burkard - May 14th, 2024*
- Joseph Kirisitis - June 25th, 2024*
- Anthony K Stang - July 5th, 2024*
- Anthony P Amigone Sr. - September 7th, 2024*
- Raymond M Vargo - October 13th, 2024*
- Ronald W Kennuth - October 27th, 2024*
- Edwin C Martin - December 19th, 2024*



LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice		
2nd Vice	Scott Schomber	716-461-1018
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Open	
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2025

Benjamin Boyd	716-836-3256
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2025

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	Unlisted
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
Chaplain	Sharon Huber	716-901-1092
Sgt-At-Arms	Lynne Nowak	716-361-0772



Meat Raffle

Saturday February 1st
Doors Open 6 PM - First Spin 7 PM



Meat Raffle

Saturday February 8th
Doors Open 5 PM - First Spin 6 PM



Meat Raffle

Sunday February 23rd
Doors Open 1 PM - First Spin 2 PM



THE AMERICAN LEGION
VETERANS
STRENGTHENING AMERICA

LEARN HOW YOU CAN HELP
legion.org

Depew Post Honors Dealership



On Thursday, December 19, Rev. Michael Johnson, commander of Depew American Legion Post 1528, Dick Bulman, Americanism chairman, and post officers and members presented the American Legion Red, White, and Blue Award to Jim Basil and the whole team at Joe Basil Chevrolet at their Depew location for their patriotism, Americanism, and support of veterans.

Joe Basil Chevrolet flies a large American Flag

at its dealerships, takes part in the Erie County Thank-a-Vet Program, and sponsors a yearly Vehicles for Veterans Program that donates five new vehicles to veterans in need of a vehicle.

Jim Basil said he greatly appreciated the recognition noting that his grandfather, 92-year-old Joe Basil, was grateful and proud of the Joe Basil Family for the tradition of supporting veterans. "Without the sacrifice of our veterans, we wouldn't have anything," Jim Basil said.





Never Forgotten



ROTARY CLUB OF WILLIAMSVILLE
CELEBRATING 100 YEARS OF SERVICE TO THE COMMUNITY
1925-2025
P.O. Box 45
Williamsville, NY 14221

716.634.2730

wojtowiczr@aol.com

 **Veterans
Crisis Line**
DIAL 988 then **PRESS 1**



If you're in crisis, call the new
Veterans Crisis Line number:
Dial 988 then Press 1.

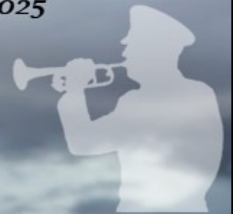
George F. Lamm Post #622

In Memory of



T
A
P
S

Howard Wahf 1-14-2025



HOME VETERAN FLIGHTS GET INVOLVED GOLF TOURNAMENT -2024 EVENTS DONATE ABOUT US

HONOR AMERICA'S HEROES!

Sponsor or Co-Sponsor a Buffalo-Niagara Honor Flight!

Sponsor a full flight, part of a flight or sponsor a veteran – Buffalo- Niagara Honor Flight sponsors are needed for the 2023 Fall flight and beyond. Sponsor levels vary – it all helps. If you or someone you know is interested, please contact us! We can have a one-on-one meeting or we can present at your organization to provide all the details. Thank you in advance for your consideration.

Contact: Tom Petrie, President
Buffalo Niagara Honor Flight
716-473-8465

<https://buffaloniagarahonorflight.org>

Randall Agency Inc. INSURANCE



Jennifer L. Bucki
Licensed Agent

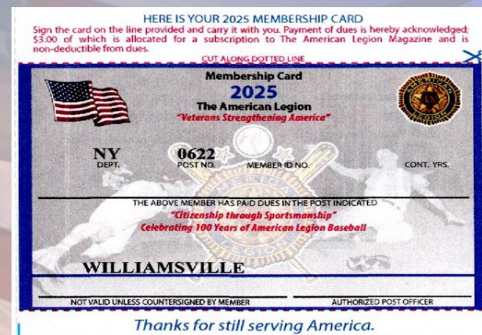
Ph: (716) 992-3488

Fax: (716) 992-9398

j bucki@randallagency.com

8584 S. Main Street • Eden, NY 14057

Do you have your 2025 Membership card?
If not please renew today.



Thanks for still serving America.



GEORGE F. LAMM POST MEMBERS

Recently, a Lamm Post Member indicated that he would like a "Buddy" as he lived alone and wanted someone that would check on him, call him, etc.

If you also need a "Buddy" or would like to be a "Buddy" please email GFLP at: georgeflamppost622@gmail.com

Let us know if you want to be, or need a "Buddy". Please leave your name and phone number for contact.

email: gflamm962@gmail.com

ADVERTISE YOUR BUSINESS HERE

Post phone: **716-204-2516**

Tile Pharmacy 1031 Cleveland Dr.
Cheektowaga
716-632-4888

Sinclair Pharmacy 75 North Main St
Warsaw
716-786-2330

Wanakah Pharmacy 4923 Lakeshore Dr.
Hamburg
716-624-3232

Cys Elma Pharmacy 2317 Bowen Rd.
Elma, NY
716-652-3920

Kenmore RX Center 2818 Delaware Rd.
Kenmore, NY
716-874-6360

Family Medical Pharmacy 120 Plaza Dr.
Williamsville, NY 716-568-0800



Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Flu Shot Clinics: We provide onsite immunization service for employers, schools, health care facilities, and groups.

Medication Organization: We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.

RECOGNIZE THE SIGNS OF SUICIDE RISK

- Thinking about hurting or killing yourself
- Looking for ways to kill yourself
- Talking about death, dying or suicide
- Self-destructive behavior such as drug abuse, weapons, etc.
- Hopelessness, feeling like there's no way out
- Anxiety, agitation, sleeplessness, mood swings
- Feeling like there is no reason to live
- Rage or anger
- Engaging in risky activities without thinking
- Increasing alcohol or drug abuse
- Withdrawing from family and friends

The presence of these signs requires immediate attention.

Call us if you experience any of these warning signs.

U.S. Department of Veterans Affairs

© 2/17 VHA

Contact the Post at
gflamm962@gmail.com

**Call Bob For
Your Next Event Or
Fundraiser
716-335-4881**

**Lamm Post
Clubhouse..... 716-204-2516**



Ashland Pest Control Residential Pest Control for Buffalo and Western New York, NY



Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



"Protectors of Health, Property and Environment"

406 Connecticut St. Buffalo, NY 14213
(716) 884-7431 Fax: 881-9578
ashlandpest@hotmail.com

Serving Western New York for over 40 years



VETERAN'S COFFEE GROUP

Every first Monday
of the month at 10:00 AM
Come for a cup of coffee and share
with other veterans who
understand your story and lend
support



JOIN AND RECEIVE

- A voice in our nation's capital
- Easy access to VA benefits assistance
- American Legion Magazine subscription

JOIN TODAY



American LEGION

POST 622 *George F. Lamm* ★★

Membership Report as of the end of December.

2025 Membership Renewals:

GFLP is at 90%

There are Seventeen (17) Members that still have not submitted their 2025 Dues payments.



For the month of January 2025

New Members and Transfers

Jeffrey Abramowitz

George F. Lamm Post

962 WEHRLE DRIVE
NEAR CAYUGA ROAD



WILLIAMSVILLE, NY 14221
PHONE: 716-204-2516

**A GREAT PLACE TO HOLD YOUR EVENTS
AND MEAT RAFFLES**



OUR MAIN MANOR HALL WILL HOLD UP
TO 230 PEOPLE WITH PLENTY OF
PARKING FOR ALL.

CALL BOB AT 716-335-4881



caboodle PRINTING

www.caboodleprinting.com

GARY WODARCZAK
MANAGING PARTNER

1975 WEHRLE DRIVE
WILLIAMSVILLE, NY 14221

T 716.693.6000

C 716.796.1543

F 716.810.9326

E gary@caboodleprinting.com



Samuel Erb
Owner

11520 Main St Suite #2C
Clarence, NY 14031

Residential & Commercial

- Snowplowing
- Lawn care
- Lawn Maintenance
- Turf repair
- Landscape / Hardscape
and so much more!

Office: (716) 725-1783
Mobile: (716) 510-9563

PatriotSnowandLawn@gmail.com



ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU
ARE ENTITLED TO FOR YOUR FINAL
ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS
ARE HERE TO ASSIST YOU. CALL
TODAY FOR A FREE
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.

Anthony P. Amigone Sr.



US Army Veteran
Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.



716-836-6500
www.Amigone.com

**Follow the Lamm Post 622 on Facebook...
George F. Lamm**

A Special Thank You
to one of our sponsors.



2975 Walden Ave, Depew, NY
716-683-7336

Thank You for Supporting our Troops,
our Veterans and
The George F. Lamm Post 
Please support our sponsors

"ALL THAT IS NECESSARY FOR
THE TRIUMPH OF EVIL IS FOR
GOOD MEN TO DO NOTHING"






THANK YOU LAMM POST
VETERANS AND ALL WHO
HAVE SERVED TO KEEP US
FREE

The Officers & Members of the Elevator
Constructors Local 14
Buy American, Use Union Labor
3527 Harlem Rd. Buffalo, NY



February 2025

We need
YOU! 

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Meat Raffle Sunday February 23rd Doors Open 1 PM - First Spin 2 PM						1 <i>Meat Raffle</i> Open 6pm 1st Spin 7pm
2  HAPPY GROUNDHOG DAY	3	4	5	6	7	8 <i>Meat Raffle</i> Open 5pm 1st Spin 6pm
9	10	11 <i>Elevator Union Manor 5pm</i>	12	13	14 <i>Legion District Dinner 5-10p</i> 	15 <i>Lounge B-Shower</i>
16	17 <i>Presidents Day</i>	18	19	20	21	22 <i>Lounge B-Shower</i>
23 <i>Meat Raffle</i> Open 1PM 1st spin 2PM	24 <i>Manor Meeting</i> 6-10p	25	26	27	28	

George F. Lamm Post



George F. Lamm Post
Members Meeting



The next meeting will be
Saturday March 8th
Meeting 11 AM
Please Support
Your Post