



GEORGE F. LAMM

POST 622

LAMM LIGHTS Newsletter for January 2025
Website: <http://americanlegionpost622.com> 716-204-2516
962 Wehrle Drive, Williamsville NY 14221

Commanders Message

2025



Commander Phil

Hi Everyone

I would like to wish everyone Very Happy and Prosperous New Year. We had a great turnout for the Post Christmas Party. I hope that everyone that came enjoyed themselves. There was wonderful entertainment provided, great food, door prizes for everyone and there were basket raffles to try your luck at.

Our next day for our scheduled meetings will be Saturday, January 11th '25. The Executive board is scheduled for 10:00 AM followed by Membership at 11:00 AM, I hope to see you there.

For the new year, I would like to try to have a couple events to try to raise funds for the Post. In order to get that done, I would need to have help and input from Post members. **I would love to move forward into the new year with 1st and 2nd Vice Commander's for our Executive board.** It would be very helpful to have their Input and assistance with the planning and follow through with Post fund raising. If you think you would like to get involved with this or volunteer your time, please contact me at the number listed in the newsletter.



For God and Country
Commander Phil



Follow us on face book for updated news and events.

GFLP page : [George F. Lamm](#)

Here is what's happening at some other American Legion Posts

Wednesday January 8, PCC meeting at the Gierlach Post at 7 pm, 50 Gates Ave., Sloan NY. Just a reminder for the ones that signed up. PCC Holiday dinner for January 18, at 1pm at Elma Towne and grille. \$15 a person. Order off menu.

Sunday January 12, ALL YOU CAN EAT Pancake Breakfast at A. J. Jurek Post #1672, 655 New Rd. Swormville, 14051. From 8 AM to 12:30 PM. Fresh, hot, buttermilk pancakes, "Egglands Best" eggs, link & patty sausage, juice & coffee or tea. Adults \$10, children under 12 \$4, children < 5 free.

Sunday January 26, Pancake Breakfast at Milton J. Brounshidle Post #205, 3354 Delaware Ave, Kenmore, 9 AM to Noon. \$10.

Newell Faulkner Post #880, 2912 Legion Drive, Eden, NY 14057. Normal Hours: Tues., Wed., & Thurs. 3 to 9 PM, Fri. 11 am to 9 PM & Sat. 11:30 am to 9 PM. DINE - IN OR TAKE OUT, Tuesday Taco Night, Wednesday 10 for \$8.50 Wings special, dine in only, Thursday Steak Night, Friday Fish Fry & Specials, Saturday Pizza & Wings and Sandwiches. www.post880.com

Matthew Glab Post #1477, 1965 Abbott Road, Lackawanna, NY 14218, serving Wed and Friday 2-8 PM, Fish Fry's, Seafood, Burgers and weekly specials, Wednesday 75 cent wings, Taco's \$4.00.

Francis J. Donovan Post #1626, Friday Fish Fry dinners will be 4-9 pm, with children's menu, specials and live Bands from 8-11pm. Dine in or take out available, call 716-896-3346.



Lamm Post Christmas Party December 14th, 2024



the Great Wars, to inculcate a sense of individual obligation to try, state and nation, to combat the autocracy of both the classes and the earth, to safeguard and transmit to posterity the principles of democracy, to participate in and to contribute to the most of the aims and purposes of The American Legion, to conduct our association by our devotion to mutual helpfulness.



There was plenty of Good food to be enjoyed by all.



The Basket Raffle tables were loaded with great items. Plenty of action at these tables.





Lamm Post Christmas Party December 14th, 2024



Even a fantastic
dessert table



Seems like everyone that attended had a great time and enjoyed the fellowship of the others that were there. The DJ music was very festive for the occasion. Charlie H's family even gathered together for his Birthday Celebration.





Never Forgotten



ROTARY CLUB OF WILLIAMSVILLE
CELEBRATING 100 YEARS OF SERVICE TO THE COMMUNITY
1925-2025
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wojtowiczr@aol.com



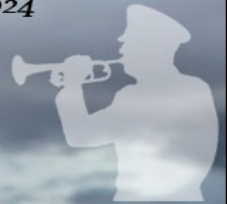
If you're in crisis, call the new
Veterans Crisis Line number:
Dial 988 then Press 1.

George F. Lamm Post #622
In Memory of



T
A
P
S

Edwin C. Martin 12-19-2024



- HOME
- VETERAN FLIGHTS
- GET INVOLVED
- GOLF TOURNAMENT -2024
- EVENTS
- DONATE
- ABOUT US

HONOR AMERICA'S HEROES!

Sponsor or Co-Sponsor a Buffalo-Niagara Honor Flight!

Sponsor a full flight, part of a flight or sponsor a veteran – Buffalo- Niagara Honor Flight sponsors are needed for the 2023 Fall flight and beyond. Sponsor levels vary – it all helps. If you or someone you know is interested, please contact us! We can have a one-on-one meeting or we can present at your organization to provide all the details. Thank you in advance for your consideration.

Contact: Tom Petrie, President
Buffalo Niagara Honor Flight
716-473-8465

<https://buffaloniagarahonorflight.org>

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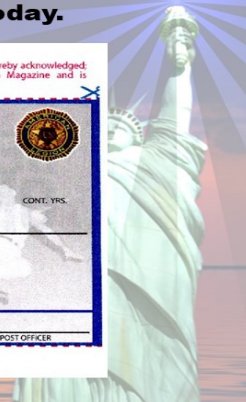
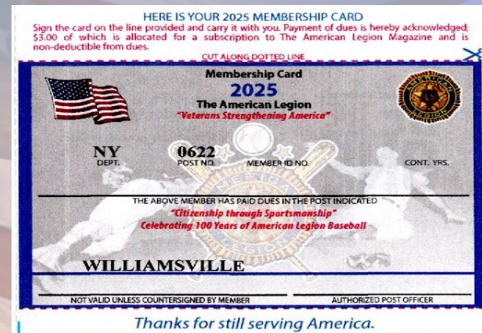
Ph: (716) 992-3488

Fax: (716) 992-9398

j bucki@randallagency.com

8584 S. Main Street • Eden, NY 14057

Do you have your 2025 Membership card?
If not please renew today.



Department Leadership Visitation 2/14/25 - Ted Balbierz

The dinner will be held at the George F. Lamm Post #622 to honor Department Commander Keith Koster, Auxiliary President Kimberly Quick, and Detachment Commander Gaither Espey. Cash Bar at 5:30 PM, Dinner at 6:30 PM. \$35 per person. \$1 Boosters and \$15 Ads. Submissions to the County Office, program by 2/2/25, dinner payment by 2/5/25.

LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice		
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2024

Benjamin Boyd	716-836-3256
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2024

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	Unlisted
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
Chaplain	Sharon Huber	716-901-1092
Sgt-At-Arms	Lynne Nowak	716-361-0772

Contact the Post at
gflamm962@gmail.com

**Call Bob For
 Your Next Event Or
 Fundraiser
 716-335-4881**

**Lamm Post
 Clubhouse..... 716-204-2516**



Tile Pharmacy 1031 Cleveland Dr.
 Cheektowaga
 716-632-4888

Sinclair Pharmacy 75 North Main St
 Warsaw
 716-786-2330

Wanakah Pharmacy 4923 Lakeshore
 Dr. Hamburg
 716-624-3232

Cys Elma Pharmacy 2317 Bowen Rd.
 Elma, NY
 716-652-3920

Kenmore RX Center 2818 Delaware
 Rd. Kenmore, NY
 716-874-6360

Family Medical Pharmacy 120
 Plaza Dr.
 Williamsvill, NY 716-568-0800

Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Flu Shot Clinics: We provide onsite immunization service for employers, schools, health care facilities, and groups.

Medication Organization: We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.

Ashland Pest Control Residential Pest Control for Buffalo and Western New York, NY

Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



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Town of AMHERST
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AMHERST SENIOR CENTER
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VETERAN'S COFFEE GROUP

Every first Monday
of the month at 10:00 AM
Come for a cup of coffee and share
with other veterans who
understand your story and lend
support

George F. Lamm Post

962 WEHRLE DRIVE
NEAR CAYUGA ROAD



WILLIAMSVILLE, NY 14221
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American LEGION
POST 622 George F. Lamm ★★ ★

Membership Report as of the end of December.

2025 Membership Renewals:

GFLP is at 74%

There are still six (6) Members who have not paid their 2024 dues.



For the month of December 2024

New Members and Transfers
Debra Smith
Mr. Fay Roe
Michael Clark

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GARY WODARCZAK
MANAGING PARTNER

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TODAY FOR A FREE
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.

Anthony P. Amigone Sr.



US Army Veteran
Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.



716-836-6500
www.Amigone.com

**Follow the Lamm Post 622 on Facebook...
George F. Lamm**

A Special Thank You
to one of our sponsors.



2975 Walden Ave, Depew, NY
716-683-7336

Thank You for Supporting our Troops,
our Veterans and
The George F. Lamm Post 
Please support our sponsors

"ALL THAT IS NECESSARY FOR
THE TRIUMPH OF EVIL IS FOR
GOOD MEN TO DO NOTHING"



THANK YOU LAMM POST
VETERANS AND ALL WHO
HAVE SERVED TO KEEP US
FREE

The Officers & Members of the Elevator
Constructors Local 14
Buy American, Use Union Labor
3527 Harlem Rd. Buffalo, NY



January 2025

We need
YOU! 

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Meat Raffle Friday January 31st Doors Open 6 PM - First Spin 7 PM			1 <i>Happy New Year!</i>	2	3	4
5	6	7	8	9	10	11 <i>Post Members Meeting 11AM</i>
12	13	14	15	16	17	18 <i>Manor Christmas Party 12-6</i>
19	20	21	22	23	24	25
26 <i>Manor—Annv. Party 5-10</i>	27	28	29	30	31 <i>Meat Raffle Manor Doors Open 6pm</i>	

George F. Lamm Post



**A Great Event Space
For Your Meat Raffles**

George F. Lamm Post 
Members Meeting

**The next meeting will be
Saturday January 11th
Meeting 11 AM**

**Please Support
Your Post**