



**LAMM LIGHTS Newsletter for December 2024**  
**Website: <http://americanlegionpost622.com> 716-204-2516**  
**962 Wehrle Drive, Williamsville NY 14221**

## Commanders Message



Commander Phil

I hope that you had a wonderful Thanksgiving with your Family and Friends. At is hard to believe how fast this year is flying by.

Our next Executive board meeting will be Saturday December 14th at 10:00 AM with the membership meeting to follow at 11:00 AM.

Our Post Family and Friends Christmas party is on the same day. It will be from 2:00 PM to 6:00 PM. There will be plenty of food, desserts, a basket raffle and a 50/50. There will also be music provided for your entertainment. There are still about 30 tickets available if you would like to attend.

For God and Country

Commander Phil



*George F. Lamm Post #622*

**Christmas Party**

**Saturday, December 14th, 2024**  
 Doors Open at 2:00 PM • Eat at 3:00 PM  
*Includes Draft Beer, Pop & Wine*  
**50/50 • Basket Raffle • Door Prizes**  
 962 Wherle Drive • Williamsville, NY 14221  
**Donation: \$15.00 - \$21.00**



Follow us on face book for updated news and events.

GFLP page : George F. Lamm

**Do you have your 2025 Membership card?**  
**If not please renew today.**

HERE IS YOUR 2025 MEMBERSHIP CARD  
 Sign the card on the line provided and carry it with you. Payment of dues is hereby acknowledged. \$3.00 of which is allocated for a subscription to The American Legion Magazine and is non-deductible from dues.

CUT ALONG DOTTED LINE

**Membership Card**  
**2025**  
 The American Legion  
*"Service Through Sportsmanship"*

NY DEPT. **0622** POST NO. MEMBER ID NO. CONT. YRS.

THE ABOVE MEMBER HAS PAID DUES IN THE POST INDICATED:  
**"Citizenship through Sportsmanship"**  
*Celebrating 100 Years of American Legion Baseball*

**WILLIAMSVILLE**

NOT VALID UNLESS COUNTERSIGNED BY MEMBER AUTHORIZED POST OFFICER

*Thanks for still serving America.*

**On Veterans Day the American Legion Department of New York Commander Keith Koster and Adjutant James Casey presented the Tunnel to Towers Foundation a check for \$100,000.00 for homeless Veterans.**





## Here is what's happening at some other American Legion Posts

**Saturday December 7**, Gierlach Post 1320, 50 Gates Ave., Sloan, is having a craft show from 10 am to 4 pm. Santa will be there at 1:30 pm.

**Sunday December 15**, ALL YOU CAN EAT Pancake Breakfast at A. J. Jurek Post #1672, 655 New Rd. Swormville, 14051. From 8 AM to 12:30 PM. Fresh, hot, buttermilk pancakes, "Egglands Best" eggs, link & patty sausage, juice & coffee or tea. Adults \$10, children under 12 \$4, children < 5 free.

**Wednesday January 8**, PCC meeting at the Gierlach Post at 7 pm, 50 Gates Ave., Sloan NY.

**Saturday January 18**, PCC Holiday dinner will be at Elma Towne Grill at 1 pm, order off the menu. Cost \$15 per person. RSVP deadline December 15. Email or call me. [goakes\\_jr@hotmail.com](mailto:goakes_jr@hotmail.com) or 716-292-9970.

**Newell Faulkner Post #880**, 2912 Legion Drive, Eden, NY 14057. Normal Hours: Tues., Wed., & Thurs. 3 to 9 PM, Fri. 11 am to 9 PM & Sat. 11:30 am to 9 PM. DINE - IN OR TAKE OUT, Tuesday Taco Night, Wednesday 10 for \$8.50 Wings special, dine in only, Thursday Steak Night, Friday Fish Fry & Specials, Saturday Pizza & Wings and Sandwiches. [www.post880.com](http://www.post880.com)

**Matthew Glab Post #1477**, 1965 Abbott Road, Lackawanna, NY 14218, serving Wed and Friday 2-8 PM, Fish Fry's, Seafood, Burgers and weekly specials, Wednesday 75 cent wings, Taco's \$4.00.

**Francis J. Donovan Post #1626**, Friday Fish Fry dinners will be 4-9 pm, with children's menu, specials and live Bands from 8-11pm. Dine in or take out available, call 716-896-3346.



**Erie County American Legion Attendees at the 2024 WNY Heroes Gala that raised \$600,000 to assist local Veterans. Front Row (L to R) Sue Quirk, Kathleen Garvey, Chuck Herschlag, Paul Wackowski, & Fred Pask. Second Row (L to R) Jerry Kowalski, Jim Bojanowski, Tim Van Patten, Tom Deinzer, & Ted Balbierz.**





## Never Forgotten



ROTARY CLUB OF WILLIAMSVILLE  
CELEBRATING 100 YEARS OF SERVICE TO THE COMMUNITY  
1925-2025  
P.O. Box 45  
Williamsville, NY 14221

716.634.2730

wojtowiczr@aol.com



If you're in crisis, call the new  
Veterans Crisis Line number:  
Dial 988 then Press 1.



## GEORGE F. LAMM POST MEMBERS

Recently, a Lamm Post Member indicated that he would like a "Buddy" as he lived alone and wanted someone that would check on him, call him, etc.

If you also need a "Buddy" or would like to be a "Buddy" please email GFLP at: [georgeflamppost622@gmail.com](mailto:georgeflamppost622@gmail.com)  
Let us know if you want to be, or need a "Buddy". Please leave your name and phone number for contact.



- HOME
- VETERAN FLIGHTS ▾
- GET INVOLVED ▾
- GOLF TOURNAMENT -2024
- EVENTS
- DONATE
- ABOUT US ▾

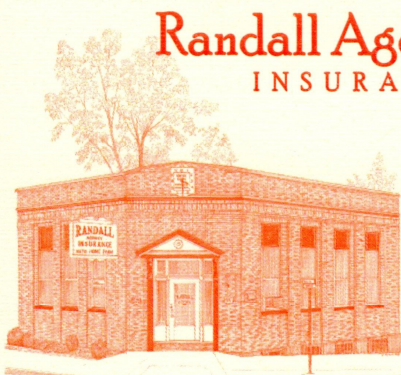
## HONOR AMERICA'S HEROES!

### Sponsor or Co-Sponsor a Buffalo-Niagara Honor Flight!

Sponsor a full flight, part of a flight or sponsor a veteran – Buffalo- Niagara Honor Flight sponsors are needed for the 2023 Fall flight and beyond. Sponsor levels vary – it all helps. If you or someone you know is interested, please contact us! We can have a one-on-one meeting or we can present at your organization to provide all the details. Thank you in advance for your consideration.

Contact: Tom Petrie, President  
Buffalo Niagara Honor Flight  
716-473-8465

<https://buffaloniagarahonorflight.org>



## Randall Agency Inc. INSURANCE

Jennifer L. Bucki  
Licensed Agent

Ph: (716) 992-3488  
Fax: (716) 992-9398

[jbucki@randallagency.com](mailto:jbucki@randallagency.com)

8584 S. Main Street • Eden, NY 14057



email:  
[gflamm962@gmail.com](mailto:gflamm962@gmail.com)



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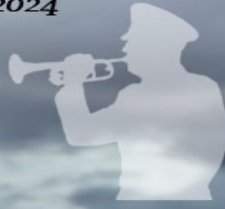


George F. Lamm Post #622  
In Memory of



T  
A  
P  
S

Ronald W. Kennuth 10-27-2024



**LAMM POST OFFICERS**

Commander	Phil English	716-398-8008
1st Vice		
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

**EXECUTIVE BOARD AT-LARGE MEMBERS 2024**

Benjamin Boyd	716-836-3256
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

**AUXILIARY OFFICERS 2024**

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	Unlisted
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
Chaplain	Sharon Huber	716-901-1092
Sgt-At-Arms	Lynne Nowak	716-361-0772



- Tile Pharmacy** 1031 Cleveland Dr. Cheektowaga 716-632-4888
- Sinclair Pharmacy** 75 North Main St Warsaw 716-786-2330
- Wanakah Pharmacy** 4923 Lakeshore Dr. Hamburg 716-624-3232
- Cys Elma Pharmacy** 2317 Bowen Rd. Elma, NY 716-652-3920
- Kenmore RX Center** 2818 Delaware Rd. Kenmore, NY 716-874-6360
- Family Medical Pharmacy** 120 Plaza Dr. Williamsvill, NY 716-568-0800

**Who We Are:**

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

**What We Do:**

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
- Compounding
- Institutional services

**Institutional Service**

**Flu Shot Clinics:** We provide onsite immunization service for employers, schools, health care facilities, and groups.

**Medication Organization:** We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

**Medication dispensing:** We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.

Contact the Post at  
[gflamm962@gmail.com](mailto:gflamm962@gmail.com)

**Call Bob For  
Your Next Event Or  
Fundraiser  
716-335-4881**

**Lamm Post  
Clubhouse..... 716-204-2516**

**Ashland Pest Control**  
Residential Pest Control for Buffalo and Western New York, NY

Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



"Protectors of Health, Property and Environment"

406 Connecticut St. Buffalo, NY 14213  
(716) 884-7431 Fax: 881-9578  
[ashlandpest@hotmail.com](mailto:ashlandpest@hotmail.com)

Serving Western New York for over 40 years





Town of AMHERST  
Senior Center

AMHERST SENIOR CENTER  
370 John James Audubon Parkway  
Amherst, NY 14228  
716-636-3050

# VETERAN'S COFFEE GROUP

Every first Monday  
of the month at 10:00 AM  
Come for a cup of coffee and share  
with other veterans who  
understand your story and lend  
support

# George F. Lamm Post

962 WEHRLE DRIVE  
NEAR CAYUGA ROAD



WILLIAMSVILLE, NY 14221  
PHONE: 716-204-2516

A GREAT PLACE TO HOLD YOUR EVENTS  
AND MEAT RAFFLES



OUR MAIN MANOR HALL WILL HOLD UP  
TO 230 PEOPLE WITH PLENTY OF  
PARKING FOR ALL.

CALL BOB AT 716-335-4881



AMERICAN LEGION

## JOIN AND RECEIVE

- A voice in our nation's capital
- Easy access to VA benefits assistance
- American Legion Magazine subscription

JOIN TODAY



**PATRIOT**  
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GARY WODARCZAK  
MANAGING PARTNER

1975 WEHRLE DRIVE  
WILLIAMSVILLE, NY 14221

T 716.693.6000

C 716.796.1543

F 716.810.9326

E gary@caboodleprinting.com

## RECOGNIZE THE SIGNS OF SUICIDE RISK

- Thinking about hurting or killing yourself
- Looking for ways to kill yourself
- Talking about death, dying or suicide
- Self-destructive behavior such as drug abuse, weapons, etc.
- Hopelessness, feeling like there's no way out
- Anxiety, agitation, sleeplessness, mood swings
- Feeling like there is no reason to live
- Rage or anger
- Engaging in risky activities without thinking
- Increasing alcohol or drug abuse
- Withdrawing from family and friends

The presence of these signs requires immediate attention. Call us if you experience any of these warning signs.

U.S. Department of Veterans Affairs

© 2/17 VHA





**WNYHeroes, Inc.**  
Supporting Western New York Veterans



# WESTERN NEW YORK'S BIGGEST **MEAT RAFFLE!** PRESENTED BY WNY HEROES, INC.

**RIVERWORKS**

THURSDAY, DECEMBER 5TH | 6 PM - 10 PM | BUFFALO RIVERWORKS



**WNYHeroes, Inc.**

Supporting Western New York Veterans

## **WORLDS LARGEST MEAT RAFFLE!**

DECEMBER 5, 2024 6:00-10:00  
Buffalo Riverworks

**Ticket includes:**  
Admission,  
snack pack, 2  
drinks

**NO OUTSIDE  
FOOD  
OR BEVERAGE**

*Support your local Veterans and  
help break records!*



TICKET: \$20

TABLE: \$180

DOOR PRIZE SPONSOR: \$350

BAR SPONSOR: \$500

VENU SPONSOR: \$1000

\*Additional beverages and food for purchase





## ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU  
ARE ENTITLED TO FOR YOUR FINAL  
ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS  
ARE HERE TO ASSIST YOU. CALL  
TODAY FOR A FREE  
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.

*Anthony P. Amigone Sr.*



US Army Veteran  
Korean War  
52 year member  
of Lamm Post  
Anthony P. Amigone, Sr.



716-836-6500  
[www.Amigone.com](http://www.Amigone.com)


**Follow the Lamm Post 622 on Facebook...  
George F. Lamm**



A Special Thank You  
to one of our sponsors.



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Thank You for Supporting our Troops,  
our Veterans and  
The George F. Lamm Post   
Please support our sponsors

"ALL THAT IS NECESSARY FOR  
THE TRIUMPH OF EVIL IS FOR  
GOOD MEN TO DO NOTHING"



THANK YOU LAMM POST  
VETERANS AND ALL WHO  
HAVE SERVED TO KEEP US  
FREE

The Officers & Members of the Elevator  
Constructors Local 14  
Buy American, Use Union Labor  
3527 Harlem Rd. Buffalo, NY



# December 2024

We need  
YOU!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6 <i>Elev Union Christmas Party Manor</i>	7 <i>Lounge Party</i>
8	9	10 <i>Elev Union Meeting 5-10pm</i>	11	12	13	14 <i>Post Members Meeting 11 Am- Post Christmas Party RSVP only</i>
15 <i>Lounge Christ- mas Party</i>	16 <i>Meeting 4-9pm</i>	17	18	19	20	21
22 <i>Lounge Christ- mas Party 1-6</i>	23	24	25	26	27	28 <i>Manor Party</i>
29	30	31	More Information for some Listings and announcements can be found on the Post's web site under New and Upcoming Events.			

## George F. Lamm Post



## George F. Lamm Post Members Meeting



The next meeting will be  
Saturday December 14th  
Meeting 11 AM  
Please Support  
Your Post