



LAMM LIGHTS Newsletter for August 2024
Website: <http://americanlegionpost622.com> 716-204-2516
962 Wehrle Drive, Williamsville NY 14221

Commanders Message



Commander Phil

So far, the summer has been going quite well. We have hosted many special events and are lined up to handle a few more. We would like some help and support from members to assist at these events.

The Autorama car show was a huge success. I want to thank everyone that helped out to make it a success, especially our Ladies Auxiliary. There is another car show coming up on the 11th of August, and again, the Lamm Post could use some help with the event.

The Lamm Post will once again be having our Family and Friends picnic on August 25th. Please RSVP by August 15th if you are going to attend. We will provide the main meat items and everyone needs to bring a side dish to share. Pop and draft beer will be provided.

Our next Members meeting will be held on Saturday August 10th at 11 AM. Please support your post by attending.

As mentioned in this newsletter, the American Legions 2025 Membership drive is underway. Please renew your membership as soon as possible. I want to acknowledge Gene Denk and his accomplishment of having 70 consecutive years as a member of the American Legion.

For God and Country,
 Commander Phil



American Legion 2025 Membership drive is under way.

Yes, the membership renewal process has begun. While your annual membership does run from January to December, the American Legion starts the renewal process in July of the current membership year. So, if you are reading this and have not yet submitted your **2024** membership dues, please send it in today. And while you are at it, you might as well send in your **2025** dues also. You can also pay on line at <https://mylegion.org> and click on the **Membership heading**.



With your annual membership, you do get certain benefits also. Included in your annual membership is Twelve (12) issues of The American Legion Magazine. Along with that, there are numerous other discounts and benefits available to you as a member of the American Legion. Visit on the web, www.mylegion.org and go to: **Membership >Member Discounts** to find out more about all that is available to you.



On another note.....

Did you know, that the majority of your annual American Legion Membership fees goes directly to the National American Legion Organization. Your local Legion post, the **George F. Lamm Post** gets very little to put towards the Post's operating expenses and programs. For the 2025 Membership year, the dues were raised by five dollars, but the Lamm Post maintained last years rate in an effort to help its members. This leaves even less for the post to operate on.

The majority of expenses for the Lamm Post are paid through the Enterprise side of the post. The main revenue is generated by the rental of the main manor hall, the lounge and the grove. These rentals must have help and supervision of post members, which is a volunteer situation. Currently, there are only a "handful" of dedicated volunteers that assist at these events. Recently an email was sent out to **over sixty (60) post members** asking for help at an upcoming event. Only one (1) person responded and was willing to help.

We need

YOU!



Your post, **The George F. Lamm Post**, needs more of its members and family to help out and assist in some of these events and to clean and maintain our facilities. Please, if you have some time to give to help out, let Commander Phil know as he and Theresa are the ones that are really doing the bulk of the coverage. You can also email to **georgeflamppost622@gmail.com** and let us know you can help out.

Thank You



The Erie County Fair will also celebrate service people on its annual Veterans Day taking place on Sunday, August 11th. On Veterans Day, admission to the Fair is free for active military, veterans, and auxiliary members (with proper ID) who will also receive a \$10 voucher valid towards food, drink or rides that day. On Veterans Day, a Veterans Catholic Mass will take place at noon in the Family Entertainment Complex. Additionally, a special Veterans Recognition Ceremony will take place at 1:30 p.m. on the infield of The Buffalo News Grandstand.



Do you know of a George F. Lamm Post member who is ill or in the hospital? Please let Don Helminiak know at 716-668-2905. Don will send out a card from the Post to this member.

In an effort to keep all post members informed, if you know of a post member who recently passed, please also let Don know. The post would like to send out a sympathy card to the family.

You can also email the information to: georgeflammpost622@gmail.com



George F. Lamm Post #622



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P
S

In Memory of

- ♦ Melvin J. Rolston - May 9th, 2024
- ♦ Nelson J. Burkard - May 14th, 2024
- ♦ Joseph Kirists - June 25th, 2024
- ♦ Anthony K. Stang July 5th, 2024



HOME VETERAN FLIGHTS GET INVOLVED GOLF TOURNAMENT -2024 EVENTS DONATE

ABOUT US

HONOR AMERICA'S HEROES!

Sponsor or Co-Sponsor a Buffalo-Niagara Honor Flight!

Sponsor a full flight, part of a flight or sponsor a veteran – Buffalo-Niagara Honor Flight sponsors are needed for the 2023 Fall flight and beyond. Sponsor levels vary – it all helps. If you or someone you know is interested, please contact us! We can have a one-on-one meeting or we can present at your organization to provide all the details. Thank you in advance for your consideration.

Contact: Tom Petrie, President
Buffalo Niagara Honor Flight
716-473-8465

<https://buffaloniagarahonorflight.org>



Never Forgotten



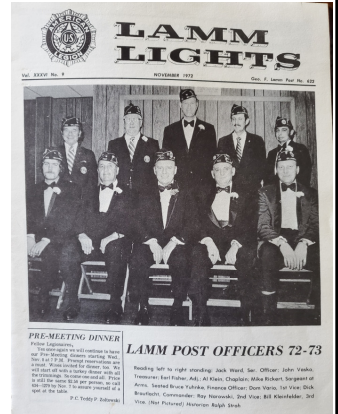
ROTARY CLUB OF WILLIAMSVILLE
CELEBRATING 100 YEARS OF SERVICE TO THE COMMUNITY

1925-2025

P.O. Box 45
Williamsville, NY 14221

716.634.2730

wojtowiczr@aol.com



Remember When ?

EUROCAR
DAY 2024

Summer
Cruise



August 11, 2024

George F. Lamm Post 622

962 Wehrle Drive • Cheektowaga, NY

10am – 2pm • \$5 entry fee to show vehicle • Basket Raffle • Food and Beverages
All marques welcome!



Tile Pharmacy 1031 Cleveland Dr.
Cheektowaga
716-632-4888

Sinclair Pharmacy 75 North Main St
Warsaw
716-786-2330

Wanakah Pharmacy 4923 Lakeshore
Dr. Hamburg
716-624-3232

Cys Elma Pharmacy 2317 Bowen Rd.
Elma, NY
716-652-3920

Kenmore RX Center 2818 Delaware
Rd. Kenmore, NY
716-874-6360

Family Medical Pharmacy 120
Plaza Dr.
Williamsville, NY 716-568-0800

Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Flu Shot Clinics: We provide onsite immunization service for employers, schools, health care facilities, and groups.

Medication Organization: We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.

LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice		
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2024

Benjamin Boyd	716-836-3256
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2024

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	Unlisted
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
Chaplain	Sharon Huber	716-901-1092
Sgt-At-Arms	Lynne Nowak	716-361-0772

Renew Your Membership Now!

**The George F. Lamm Post Needs
Your Support**



Not a Member? Join Today!

Call : 716-906-9257

Contact the Post at
gflamm962@gmail.com

**Call Bob For
Your Next Event Or
Fundraiser
716-335-4881**

**Lamm Post
Clubhouse..... 716-204-2516**



Ashland Pest Control
Residential Pest Control for Buffalo and Western New York, NY



Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



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ashlandpest@hotmail.com

Serving Western New York for over 40 years



George F. Lamm Post 622



FAMILY AND FRIENDS PICNIC

SUNDAY AUGUST 25TH 2024

In The Grove
1 PM till 6 PM

Main Meats will be Provided



DRAFT BEER AND
POP PROVIDED

Bring a
Dish to
Share

RSVP

RSVP TO THERESA OR PHIL
716-994-3855

OR EMAIL YOUR RSVP TO:
GEORGEFLAMMPOST622@GMAIL.COM

RSVP BY THE 15TH OF AUGUST

caboodle PRINTING

www.caboodleprinting.com

GARY WODARCZAK
MANAGING PARTNER

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C 716.796.1543

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PATRIOT

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- Turf repair
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and so much more!

Office: (716) 725-1783
Mobile: (716) 510-9563

Patriotsnowandlawn@gmail.com

email:
gflamm962@gmail.com

Post phone:
716-204-2516

We Welcome New Supporters and Sponsors to the George F. Lamm Post. Your Donation to our Post will help support our Veterans and allow us to continue to support the community.

For your support and donation, we will publish an Ad in our newsletter, which is emailed to our members and posted for all to view on our website and Face Book page each month.

Also, when available, we will announce your support on our electronic billboard by thanking you for your continued support to our Post and our Veterans. Contact us by emailing to: georgeflammpost622@gmail.com

Reservists and National Guard Join Our Post Now 716-906-9257



Veterans
Crisis Line
DIAL 988 then PRESS 1

If you're in crisis, call the new
Veterans Crisis Line number:
Dial 988 then Press 1.

Ship N' Shore Annual Fundraiser



**ANNUAL PARTY BENEFITTING
BUFFALO AND ERIE COUNTY
NAVAL & MILITARY PARK**

SAVE THE DATE
Thursday, August 22, 2024
5:30 PM – 8:30 PM

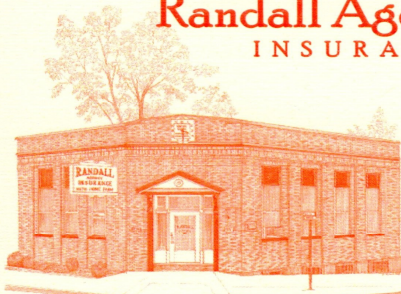
Ship N' Shore is the Buffalo Naval & Military Park's biggest event of the year! Join us at 5:30 PM on Thursday, August 22 for a fun and memorable evening of food, drinks, and live music on the Buffalo Waterfront.

Guests will enjoy delicious food and beverages from some of the best establishments in Buffalo, listen to live music entertainment, participate in our basket raffle, silent auction, and 50/50 raffle to benefit the Naval Park, and enjoy the beautiful outdoor setting of our magnificent grounds and monuments garden.

Each ticket purchased helps the Naval Park maintain our ships, artifacts, museum, and grounds, which all support our mission to Honor, Educate, Inspire, and Preserve.

Questions? Please contact the Buffalo Naval Park at courtney@buffalonaivalpark.org or call 716-847-1773, ext. 27.

Randall Agency Inc. INSURANCE



Jennifer L. Bucki
Licensed Agent

Ph: (716) 992-3488
Fax: (716) 992-9398

jbucki@randallagency.com

8584 S. Main Street • Eden, NY 14057

Amherst Republican Committee Supports the George F. Lamm Post

Chairman - Brian Rusk
CoChairs - Marty Mutka & Steve Sementelli
SEcy - Ruth Ann Barone
Asst. Sect - Terri Sams
Treas - Eugene Sibick
Sgt at Arms - Sean Sonstello
Chairman Emeritus - Carl Balmas



**WE THANK ALL MILITARY PERSONNEL
WHO SERVED THE UNITED STATES IN
ALL WARS.**

Parents Pushing Past Their Grief, Inc. Presents

2ND ANNUAL MEAT RAFFLE



\$12
Includes
unlimited
soda

Door Prizes
Silent Auction
Vendors and
more!!

Bring your Snacks & Singles

*Door open at 5pm and
1st spin at 6pm*

SATURDAY, AUGUST 17th
George F. Lamm American Legion Post 622
962 Wehrle Drive
Williamsville, NY 14221

Call 716-228-9448 or 716-936-2547 for tickets



ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU
ARE ENTITLED TO FOR YOUR FINAL
ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS
ARE HERE TO ASSIST YOU. CALL
TODAY FOR A FREE
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.

Anthony P. Amigone Sr.



US Army Veteran
Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.



716-836-6500
www.Amigone.com

**Follow the Lamm Post 622 on Facebook...
George F. Lamm**



The George F. Lamm Post Thanks

Anthony Amigone Senior



For His Continuous Contributions to our Post

"ALL THAT IS NECESSARY FOR THE TRIUMPH OF EVIL IS FOR GOOD MEN TO DO NOTHING"



THANK YOU LAMM POST VETERANS AND ALL WHO HAVE SERVED TO KEEP US FREE

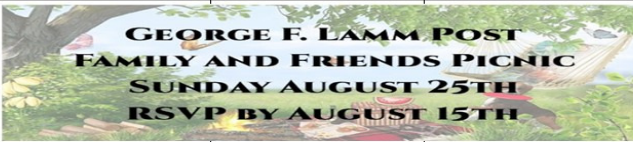
The Officers & Members of the Elevator Constructors Local 14
Buy American, Use Union Labor
3527 Harlem Rd. Buffalo, NY



August 2024

We need YOU!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 GEORGE F. LAMM POST FAMILY AND FRIENDS PICNIC SUNDAY AUGUST 25TH RSVP BY AUGUST 15TH				1	2	3
4	5	6	7	8	9 <i>Party—Manor</i>	10 <i>Post Members Meet 11 am</i> <i>Grove -Wedding</i>
11 <i>Foreign car show</i>	12 <i>Republicans Meet</i>	13 <i>Elevator Union Grove 5-10</i>	14	15	16	17 <i>Meet Raffle Open 5 pm</i> <i>Grove Party</i>
18 <i>Grove—Party</i>	19	20	21 <i>Lounge 6-9</i>	22	23 <i>Grove Party</i>	24 <i>BD Party Lounge</i>
25 <i>Lamm Post Family Picnic 1 to 6 pm RSVP</i>	26 <i>Golf Lunch Grove 12 noon</i>	27	28	29	30	31 <i>Grove Party</i>
Legion National Convention August 24th thru August 29th in New Orleans						

George F. Lamm Post
Members Meeting



The next meeting will be
Saturday August 10th
Meeting 11 AM
Please Support Your Post

Meat Raffle 716-228-9448
Doors open at 5 PM 1st Spin 6 PM For Tickets
Saturday August 17th Open to the Public