



**LAMM LIGHTS Newsletter for April 2024**  
**Website: <http://americanlegionpost622.com> 716-204-2516**  
**962 Wehrle Drive, Williamsville NY 14221**

## Commanders Message



Commander Phil

Hi everyone

3-25-2024

I hope that all of our members will have a Very Happy Easter with their families. It is hard to believe that we're going into April already, hopefully you made it through this past winter without any major issues. Time waits for no one and before you know it we will be doing yard work at your homes as well as the Post.

Our next Exec. board meeting will be Saturday, April 13th at 10:00 AM with the membership meeting following at 11:00 AM. Later on that afternoon, we will be hosting an Open House from 1:00 PM till 4:00 PM. Thanks to the help from members of our Executive board committee, letters have been sent out to numerous military installations. Hopefully we will be able to get some interested veterans and their spouse's to join our Legion Family. We could surely use some help around the Post along with some fresh ideas on how we may be able to serve the community better and get them involved.

For God and Country

Commander Phil



**Attention Veterans, Reservists**  
**and Members of the National Guard.**

The George F. Lamm Post is having an Open House on **Saturday April 13th, 2024**, in the Post Manor from 1:00 PM till 4:00 PM. All Veterans, Reservists and members of the National Guard are encouraged to stop by and enjoy some fellowship along with pizza and wings.

The American Legion would like to offer you the opportunity to learn about the benefits of joining the American Legion, Woman's Auxiliary or the Sons of the American Legion.

The Lamm Post would also like to show you what is available at our Post.

**962 WEHRLE DRIVE, WILLIAMSVILLE, NY 14221**



**Tile Pharmacy** 1031 Cleveland Dr.  
Cheektowaga  
716-632-4888

**Sinclair Pharmacy** 75 North Main St  
Warsaw  
716-786-2330

**Wanakah Pharmacy** 4923 Lakeshore  
Dr. Hamburg  
716-624-3232

**Cys Elma Pharmacy** 2317 Bowen Rd.  
Elma, NY  
716-652-3920

**Kenmore RX Center** 2816 Delaware  
Rd. Kenmore, NY  
716-874-6360

**Family Medical Pharmacy** 120  
Plaza Dr.  
Williamsville, NY 716-568-0800

#### Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

#### What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
- Compounding
- Institutional services

#### Institutional Service

**Flu Shot Clinics:** We provide onsite immunization service for employers, schools, health care facilities, and groups.

**Medication Organization:** We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

**Medication dispensing:** We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.

# STAMM LAW FIRM

Many families come to us already having Wills, Powers of Attorney, and Health Care Proxies in place but ask if it is time to update their documents. During the course of our lives, there are many life events that may occur that will affect your Estate Plan.

Couples get married or divorced, have young children, have children that have become adults since the last update to their documents, decide they no longer want a person named as a beneficiary or executor in their Will, or have a death in the family. The happening of any of the above events is the time to sit down and re-evaluate your Estate Plan.

If you are unsure whether or not your Estate Planning documents need to be updated, call the Stamm Law Firm today to make an appointment for a consultation with one of our attorneys.

\*The information provided in this article does not and is not intended to constitute legal advice. All information and content of this article are for general informational purposes only. Readers of this article should contact their attorney to obtain advice with respect to any legal matter.



# MEATRAFFLE

## Sunday, April 7, 2024



*to support Racin Mason running a full schedule  
in our family-owned Sportsman Modified*

**HANEL RACING** Doors Open 2pm End 6pm | 1st Spin 3pm

**Entry: \$15 OR | Table of 10 for \$125**

**Tickets Includes:** Beer, Pop and Wine  
Bring Snacks | Pizza Available  
No Out Outside Alcohol  
No Need To Be Present To Win Door Prize Raffle!!



George F. Lamm Post 622 | 962 Wehrle Drive | Williamsville, NY 14221

**DOOR PRIZE: FREEZER FULL OF Federal Meats !!**  
**HUGE BASKET RAFFLE | 50/50 | AND MORE!!**

## Sponsors

**Automotive Consultants**  
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Sole High  
The 33 Speakeasy Grill



**Contact Bobby**  
**Presale Tickets**  
**(716) 430-9629**  
**Venmo OR Cash**

# ROTARY

CLUB OF  
WILLIAMSVILLE, NY  
Chartered in 1925



Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000 + clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies

To get involved contact: Richard A Wojtowicz - President 716-634-2730

email: wojtowiczr@aol.com



THE  
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5479 Main Street Williamsville, NY 14221 716-634-5515	2075 Niagara Falls Blvd Amherst, NY 14228 716-691-8219	3019 Union Road Orchard Park, NY 14227 716-674-3344
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## Amherst Republican Committee Supports the George F. Lamm Post

Chairman - Brian Rusk  
CoChairs - Marty Mutka & Steve Sementelli  
SEcy - Ruth Ann Barone  
Asst. Sect - Terri Sams  
Treas - Eugene Sibick  
Sgt at Arms - Sean Sonstello  
Chairman Emeritus - Carl Balmas



**WE THANK ALL MILITARY PERSONNEL  
WHO SERVED THE UNITED STATES IN  
ALL WARS.**

The Erie County American Legion Family presented a check for \$6,000 yesterday to the Variety Club Telethon .

From (L to R) Past County President Rosemary O'Connell, Jesse Clipper Post 430 Commander Elder Howard Patton III, and Erie County Commander Ted Balbierz.

Telethon proceeds benefit dozens of local children's non-profits right here in Western New York, in addition to the Variety Tent #7/Robert Warner MD Rehabilitation Center at Oishei Children's Hospital .



**LAMM POST OFFICERS**

Commander	Phil English	716-398-8008
1st Vice		
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

**EXECUTIVE BOARD AT-LARGE MEMBERS 2024**

Benjamin Boyd	716-836-3256
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

**AUXILARY OFFICERS 2024**

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	Unlisted
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
Chaplain	Sharon Huber	716-901-1092
Sgt-At-Arms	Lynne Nowak	716-361-0772

Contact the Post at  
[gflamm962@gmail.com](mailto:gflamm962@gmail.com)

***Call Bob For  
Your Next Event Or  
Fundraiser  
716-335-4881***

**Lamm Post  
Clubhouse..... 716-204-2516**

**A Special Thank You  
to one of our sponsors.**



**Thank You for Supporting our Troops,  
our Veterans and  
The George F. Lamm Post**   
**Please support our sponsors**

**George F. Lamm Post  
Members Meeting**



**The next meeting will be  
Saturday April 13th  
Meeting 11 AM**

**Please Support  
Your Post**

**Reservists and  
National Guard  
Join Our Post Now  
716-906-9257** 

**Meat Raffle**   
**Doors open at 6 PM 1st Spin 7:00 PM**  
**Friday April 19th** **Open to the Public**



**PATRIOT**  
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Ph: (716) 992-3488  
Fax: (716) 992-9398  
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**ERIE COUNTY AMERICAN LEGION AUXILIARY**  
**NEWSLETTER – MARCH, 2024**  
8<sup>th</sup> District, Department of New York  
Cheri Hahn, President  
Erie County American Legion Auxiliary  
Officers for 2023-2024



**Our next meeting will be Thursday, April 4, 2024**

**At the George F Lamm Post #622, 962 Wehrle Drive, Williamsville, NY 14221**


**General Meeting at 6:30pm**

### **DATES TO REMEMBER**

**Monday April 1** – Frank Gierlach Auxiliary Unit #1320 is hosting a Dyngus Day Party from 11am – 5pm. It will be held at the Sloan Fire Hall at 55 Gates St. in Sloan. Admission is \$10.00 with a cash bar and homemade Polish food.

**Wednesday April 3** – West Seneca Auxiliary Unit #735 Quilt of Valor raffle. All proceeds going to our VA&R fund. Quilt is on display in our Post. Donations \$5 per ticket.

**Saturday April 20** – Newcomb Long Auxiliary Unit #928 will be holding a Meat & Gift Card Raffle. Doors open at 2:00 PM and raffle begins at 3:00 PM. Pre-sale \$8/\$56 for a table of 8 or \$70 for a table of 10. Admission \$10 at the door. Beer & pop included. You may bring your own snacks. We will also have a Basket Raffle & 50/50 Split. RSVP for tables to Cheri Hahn 716-983-5326 or Venmo @Chahn5326. Payments can also be made by check (ALA Unit #928) or cash.




**GARY WODARCZAK**  
MANAGING PARTNER

1975 WEHRLE DRIVE  
WILLIAMSVILLE, NY 14221

T 716.693.6000  
C 716.796.1543  
F 716.810.9326  
E gary@caboodleprinting.com

www.caboodleprinting.com



**Veterans  
Crisis Line**  
1-800-273-8255 **PRESS 1**

Confidential crisis chat at **VeteransCrisisLine.net**  
or text to **838255**

**Follow the Lamm Post 622 on Facebook...**  
**George F. Lamm**

*MONDAY, MARCH 04, 2024*

## Nia Gooden Is the NYS American Legion Oratorical Champion



ALBANY — Nia Gooden, a junior at New Rochelle High School in Westchester, New York, is The American Legion New York State Oratorical Champion for 2024, Oratorical Chairman Anthony Paternostro announced. Department Commander Timothy Collmer presented her with the first-place plaque.

This year's contest was conducted on March 2 at the Crown Plaza-Desmond Hotel, Albany.

Nia received a Department of New York Scholarship Award of \$6,000 and competes in the National Finals on May 17-19, 2024, at Hillsdale College in Michigan. She competed against four other finalists from a cross section of the state in the 87th Annual American Legion Department of New York Oratorical Contest. She was sponsored by the Yorktown Heights American Legion Post 1009, Westchester County, 9th District, Zone 1.

Other contestants were:

- Maureen Kennedy, who won a \$4,000 scholarship as the second place finisher. She was sponsored by the Greenlawn Post 1244 of Suffolk County, 10th District, Zone 2
- Orianna Cotten, who finished third and won a \$2,500 scholarship. She was sponsored by Brushton-Moira Post 939 of Franklin County, 4th District, Zone 3;
- Grant Gillman and Hannah Brundage, who each won \$2,000 scholarships. Grant was sponsored by the Carthage Post 789 of Jefferson County, 5th District, Zone 4. Hannah was sponsored by the Jewell Buckman Post 529 of Orleans County, 8th District, Zone 5.



*Photos by Frank Carletta.*

*(From left) 2024 Department Champion Nia Gooden, Maureen Kennedy, Orianna Cotton, Department Commander Timothy Collmer, Hannah Brundage, and Grant Gillman.*



## ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU  
ARE ENTITLED TO FOR YOUR FINAL  
ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS  
ARE HERE TO ASSIST YOU. CALL  
TODAY FOR A FREE  
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.

*Anthony P. Amigone Sr.*



US Army Veteran  
Korean War  
52 year member  
of Lamm Post  
Anthony P. Amigone, Sr.



716-836-6500  
[www.Amigone.com](http://www.Amigone.com)



# The George F. Lamm Post Thanks

## Anthony Amigone Senior



## For His Continuous Contributions to our Post

"ALL THAT IS NECESSARY FOR  
THE TRIUMPH OF EVIL IS FOR  
GOOD MEN TO DO NOTHING"



**THANK YOU LAMM POST  
VETERANS AND ALL WHO  
HAVE SERVED TO KEEP US  
FREE**


**The Officers & Members of the Elevator  
Constructors Local 14  
Buy American, Use Union Labor  
3527 Harlem Rd. Buffalo, NY**



# April 2024

**We need  
YOU!**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7 <i>Meat Raffle Open 2PM</i>	8  <b>ECLIPSE</b>	9 <i>Elevator Union Meeting</i>	10	11	12	13 <i>Members Meet- ing 11 am Vets Open House 1-4</i>
14	15 <i>Republications Meet</i>	16	17 <i>Car Show Meeting Lounge 7 to 9</i>	18	19 <i>Meat Raffle Open 6pm 1st spin 7pm</i>	20 <i>Party Manor 6-10</i>
21	22	23	24	25	26	27 <i>Party Manor 6-10</i>
28 <i>Communion Party Lounge 11am to 4pm</i>	29 <i>Grove Clean Up and Set up</i>	30				



## Ashland Pest Control Residential Pest Control for Buffalo and Western New York, NY



Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



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