

LAMM LIGHTS Newsletter for April 2024 Website: http://americanlegionpost622.com 716-204-2516 962 Wehrle Drive, Williamsville NY 14221

Commanders Message

Hi everyone

3-25-2024

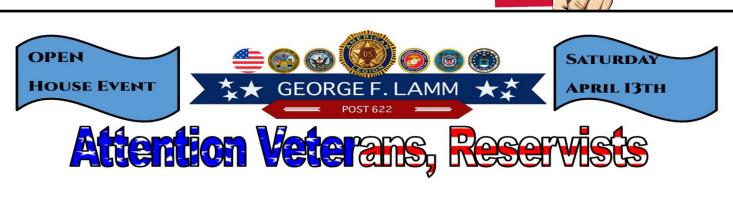
I hope that all of our members will have a Very Happy Easter with their families. It is hard to believe that we're going into April already, hopefully you made it through this past winter without any major issues. Time waits for no one and before you know it we will be doing yard work at your homes as well as the Post.

Our next Exec. board meeting will be Saturday, April 13th at 10:00 AM with the membership meeting following at 11:00 AM. Later on that afternoon, we will be hosting an Open House from 1:00 PM till 4:00 PM. Thanks to the help from members of our Executive board committee, letters have been sent out to numerous military installations.

Hopefully we will be able to get some interested veterans and their spouse's to join our Legion Family. We could surely use some help around the Post along with some fresh ideas on how we may be able to serve the community better and get them involved.

For God and Country

Commander Phil



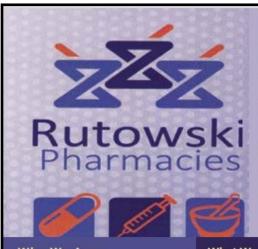
and Members of the National Guard.

The George F. Lamm Post is having an Open House on **Saturday April 13th, 2024**, in the Post Manor from 1:00 PM till 4:00 PM. All Veterans, Reservists and members of the National Guard are encourage to stop by and enjoy some fellowship along with pizza and wings.

The American Legion would like to offer you the opportunity to learn about the benefits of joining the American Legion, Woman's Auxiliary or the Sons of the American Legion.

The Lamm Post would also like to show you what is available at our Post.

962 WEHRLE DRIVE, WILLIAMSVILLE, NY 14221



Tile Pharmacy 1031 Cleveland Dr Cheektowaga 716-632-4888

Sinclair Pharmacy 75 North Main St

Warsaw 716-786-2330

Wanakah Pharmacy 4923 Lakeshore Dr. Hamburg 716-624-3232

Cys Elma Pharmacy 2317 Bowen Rd.

Elma, NY 716-652-3920

Kenmore RX Center 2818 Delaware Rd. Kenmore, NY 716-874-6360

Family Medical Pharmacy 120 Plaza Dr.

Williamsvill, NY 716-568-0800

Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- · immunization (flu shot)
- Compounding
- · Institutional services

<u>Institutional Service</u>

Elu Shot Clinics. We provide onsite immunization service for employers, schools, helath care facilities, and groups.

Medication Organization. We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can taylor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.



Many families come to us already having Wills, Powers of Attorney, and Health Care Proxies in place but ask if it is time to update their documents. During the course of our lives, there are many life events that may occur that will affect your Estate Plan.

Couples get married or divorced, have young children, have children that have become adults since the last update to their documents, decide they no longer want a person named as a beneficiary or executor in their Will, or have a death in the family. The happening of any of the above events is the time to sit down and re-evaluate your Estate Plan.

If you are unsure whether or not your Estate Planning documents need to be updated, call the Stamm Law Firm today to make an appointment for a consultation with one of our attorneys.

*The information provided in this article does not and is not intended to constitute legal advice. All information and content of this article are for general informational purposes only. Readers of this article should contact their attorney to obtain advice with respect to any legal matter.



MEATRAFFLE

Sunday, April 7, 2024



to support Racin Mason running a full schedule in our family-owned Sportsman Modified

HANEL RACING

Doors Open 2pm End 6pm | 1st Spin 3pm

FEDERAL

Entry: \$15 OR | Table of 10 for \$125

Tickets Includes: Beer, Pop and Wine

Bring Snacks | Pizza Available

No Out Outside Alcohol

No Need To Be Present To Win Door Prize Raffle!!

George F. Lamm Post 622 | 962 Wehrle Drive | Williamsville, NY 14221

DOOR PRIZE: FREEZER FULL OF Federal Meats!! HUGE BASKET RAFFLE | 50/50 | AND MORE!!



Automotive Consultants
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Raymondos Pizzeria R.D. GAIN Trucking Sole High The 33 Speakeasy Grill



Contact Bobby Presale Tickets

(716) 430-9629 Venmo OR Cash CLUB OF WILLIAMSVILLE, NY Chartered in 1925



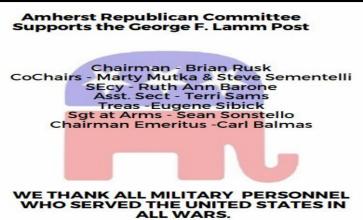
Rotary is a global network of 1.2 million neighbors, friends, leaders, and problemsolvers who see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000 + clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- · Grow local economies

To get involved contact: Richard A Wojtowicz - President 716-634-2730 email: wojtowiczr@aol.com





The Erie County American Legion Family presented a check for \$6,000 yesterday to the Variety Club Telethon .

From (L to R) Past County President Rosemary O'Connell, Jesse Clipper Post 430 Commander Elder Howard Patton III, and Erie County Commander Ted Balbierz.

Telethon proceeds benefit dozens of local children's non-profits right here in Western New York, in addition to the Variety Tent #7/Robert Warner MD Rehabilitation Center at Oishei Children's Hospital.



LAMM POST (
Commander	Phil English	716-398-8008	
1st Vice			
3rd Vice	Don Helminiak	716-668-2905	
Sgt-At-Arms	Don Helminiak	716-668-2905	
Finance Officer	Bob Bruno	716-574-5574	
Corp. President	Paul Shea	716-906-9257	
1st Asst. Chaplin			
Post Manor Numb	716-204-2516		
EXECUTIVE B	OARD AT-LARG	E MEMBERS 2024	
Benjamin Boyd		716-836-3256	
Rick Herrmann		716-243-5348	
David Shia	716-907-2329		
Duane Swirgos		716-830-0435	
AUXILARY OF	FFICERS 2024 Debbie Diebold	716-836-9617	
President	Depute Dienoid	. 10 000 101.	
President 1st Vice	Theresa English	Unlisted	
		Unlisted 716-491-2429	
1st Vice	Theresa English		
1st Vice Secretary	Theresa English Susana Colon	716-491-2429	



Contact the Post at gflamm962@gmail.com

Call Bob For Your Next Event Or Fundraiser 716-335-4881

Lamm Post Clubhouse...... 716-204-2516

A Special Thank You
to ome of our sponsors.

CPITCI
Heat Inc.

2975 Walden Ave, Depew, NY
716-683-7336

Thank You for Supporting our Troops,
our Veterans and
The George F. Lamm Post
Please support our sponsors



Doors open at 6 PM 1st Spin 7:00 PM Friday April 19th







ERIE COUNTY AMERICAN LEGION AUXILIARY

NEWSLETTER — MARCH, 2024 8th District, Department of New York Cheri Hahn, President Erie County American Legion Auxiliary

Officers for 2023-2024

Our next meeting will be Thursday, April 4, 2024

At the George F Lamm Post #622, 962 Wehrle Drive, Williamsville, NY 14221

General Meeting at 6:30pm

DATES TO REMEMBER

Monday April 1 – Frank Gierlach Auxiliary Unit #1320 is hosting a Dyngus Day Party from 11am – 5pm. It will be held at the Sloan Fire Hall at 55 Gates St. in Sloan. Admission is \$10.00 with a cash bar and homemade Polish food.

Wednesday April 3 – West Seneca Auxiliary Unit #735 Quilt of Valor raffle. All proceeds going to our VA&R fund. Quilt is on display in our Post. Donations \$5 per ticket.

Saturday April 20 – Newcomb Long Auxiliary Unit #928 will be holding a Meat & Gift Card Raffle. Doors open at 2:00 PM and raffle begins at 3:00 PM. Pre-sale \$8/\$56 for a table of 8 or \$70 for a table of 10. Admission \$10 at the door. Beer & pop included. You may bring your own snacks. We will also have a Basket Raffle & 50/50 Split. RSVP for tables to Cheri Hahn 716-983-5326 or Venmo @Chahn5326. Payments can also be made by check (ALA Unit #928) or cash.





Confidential crisis chat at **VeteransCrisisLine.net**or text to **838255**

Follow the Lamm Post 622 on Facebook... George F. Lamm

MONDAY, MARCH 04, 2024

Nia Gooden Is the NYS American Legion Oratorical Champion ALBANY - Nia Gooden, a



junior at New Rochelle High School in Westchester, New York, is The American Legion New York State Oratorical Champion for 2024, Oratorical Chairman Anthony Paternostro announced. Department Commander Timothy Collmer presented her with the firstplace plaque.

This year's contest was conducted on March 2 at the Crown Plaza-Desmond Hotel, Albany.

Nia received a Department of New York Scholarship Award of \$6,000 and competes in the National Finals on May 17-19, 2024, at Hillsdale College in Michigan. She competed against four other finalists from a cross section of the state in the 87th Annual American Legion Department of New York Oratorical Contest. She was sponsored by the Yorktown Heights American Legion Post 1009, Westchester County, 9th District, Zone 1.

Other contestants were:

- Maureen Kennedy, who won a \$4,000 scholarship as the second place finisher. She was sponsored by the Greenlawn Post 1244 of Suffolk County, 10th District, Zone 2
- Orianna Cotten, who finished third and won a \$2,500 scholarship. She was sponsored by Brushton-Moira Post 939 of Franklin County, 4th District, Zone 3;
- Grant Gillman and Hannah Brundage, who each won \$2,000 scholarships. Grant was sponsored by the Carthage Post 789 of Jefferson County, 5th District, Zone 4. Hannah was sponsored by the Jewell Buckman Post 529 of Orleans County, 8th District, Zone 5.





Photos by Frank Carletta.

(From left) 2024 Department Champion Nia Gooden, Maureen Kennedy, Orianna Cotton, Department Commander Timothy Collmer, Hannah Brundage, and Grant Gillman.



ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU ARE ENTITLED TO FOR YOUR FINAL ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS ARE HERE TO ASSIST YOU. CALL TODAY FOR A FREE CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.

Anthony PAmegons SR



US Army Veteran Korean War 52 year member of Lamm Post Anthony P. Amigone, Sr.



716-836-6500 www.Amigone.com



"ALL THAT IS NECESSARY FOR THE TRIUMPH OF EVIL IS FOR GOOD MEN TO DO NOTHING"



THANK YOU LAMM POST VETERANS AND ALL WHO HAVE SERVED TO KEEP US FREE

The Officers & Members of the Elevator Constructors Local 14 Buy American, Use Union Labor 3527 Harlem Rd. Buffalo, NY



April 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7 Meat Raffle Open 2PM	ECLIPSE O	9 Elevator Union Meeting	10	11	12	13 Members Meeting 11 am Vets Open House 1-4
14	15 Republications Meet	16	17 Car Show Meeting Lounge 7 to 9	18	19 Meat Raffle Open 6pm 1st spin 7pm	20 Party Manor 6-10
21	22	23	24	25	26	27 Party Manor 6-10
28 Communion Party Lounge 11am to 4pm	Grove Clean U	<i>30</i> p and Set				



Ashland Pest Control Residential Pest Control for Buffalo and Western New York, NY



Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr. took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DECcertified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absoute best services.







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