GEORGE F. LAMM
POST 622

LAMM LIGHTS Newsletter for July 2023
Website: http://americanlegionpost622.com 716-204-2516

Commanders Message

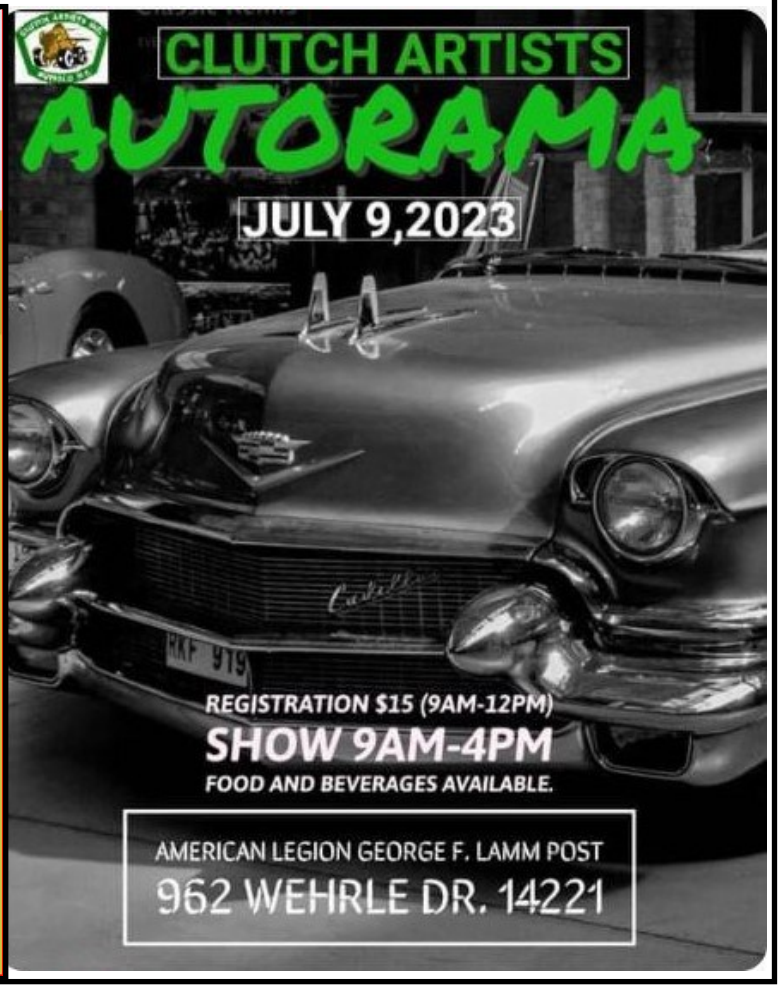
Hi Everyone

It is hard to believe that we are into July already. I hope that you are able to celebrate Independence Day with family and friends. I would like to remind you that our next Executive board and Membership meetings will be held Saturday July 15th.

On Sunday July 9th, we will be hosting the Clutch Artists car show. We will be having a Post Family picnic on Sunday August 6th. Please come out and enjoy yourself. All we ask is you let us know if you are coming and how many people. I hope to see you around.

For God and Country

Commander Phil



Amherst Republican Committee Supports the George F. Lamm Post

Chairman - Brian Rusk
CoChairs - Marty Mutka & Steve Sementelli
SEcy - Ruth Ann Barone
Asst. Sect - Terri Sams
Treas -Eugene Sibick
Sgt at Arms - Sean Sonstello
Chairman Emeritus -Carl Balmas

WE THANK ALL MILITARY PERSONNEL WHO SERVED THE UNITED STATES IN ALL WARS.

"ALL THAT IS NECESSARY FOR THE TRIUMPH OF EVIL IS FOR GOOD MEN TO DO NOTHING"

THANK YOU LAMM POST VETERANS AND ALL WHO HAVE SERVED TO KEEP US FREE

The Officers & Members of the Elevator Constructors Local 14
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3527 Harlem Rd. Buffalo, NY

LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice		
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2023

Rick Herrmann		716-243-5348
David Shia		716-907-2329
Duane Swirgos		716-830-0435

AUXILARY OFFICERS 2023

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	Unlisted
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
Chaplain	Sharon Huber	716-901-1092
Sgt-At-Arms	Lynne Nowak	716-361-0772

Contact the Post at
gflamm962@gmail.com

Call Bob For Your Next Event Or Fundraiser
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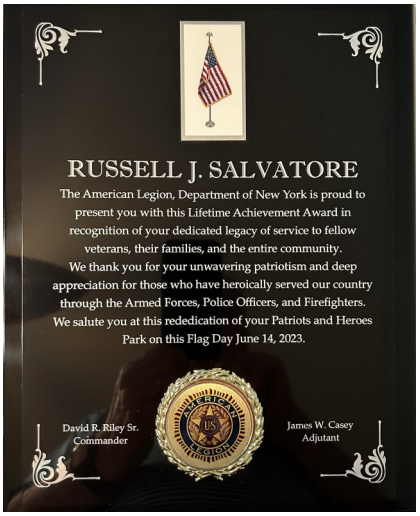
Thank You for Supporting our Troops, our Veterans and The George F. Lamm Post

Please support our sponsors

The Department of New York American Legion presented **Russell Salvatore** with a ***Lifetime Achievement Award*** during the rededication of the **Patriots and Heroes Park** festivities on 6/21/2023. A photo of the plaque signed by Commander David R. Riley Sr. and Adjutant James W. Casey.



The award was presented by **Department Vice Commander Jim Bojanowski with Erie County Commander Ted Balbierz.**

George F. Lamm Post Members Meeting

The next meeting will be Saturday July 15th at 11:00 AM

Please Support Your Post

CLUTCH ARTISTS AUTORAMA

Sunday July 9th

Department Convention July 20 – 22, 2023
White Plains, Westchester County

National Convention – August 26 – 31, 2023
Charlotte, North Carolina

Ashland Pest Control
Residential Pest Control for Buffalo and Western New York, NY

Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satifsaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absoute best services.

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George F. Lamm

The annual Erie County Fair Veterans Day will be Sunday, August 13, 2023.

Admission to the Fair is free that day for Veterans, Active Military, and Auxiliary members (with proper ID), plus you will receive a $10 voucher valid for food, drink, or rides at the Fair that same day. Free tickets will be available online or at the gate. There is no charge for parking and children 12 and under are free. The Fair gates will open at 11 AM. We have reserved shelters with picnic tables in Hickory Tree Park for your use, this is a shaded area located just off of the Avenue of Flags at the Erie County Fair.

The schedule for Veterans Day at the Erie County Fair is:

- The Veterans Day Catholic Mass will be held starting at 12 Noon in the Family Entertainment Complex (near Gate 5, use Clark Street entrance). The celebrant will be Rev. Michael J Johnson from 'Nativity of Our Lord' in Orchard Park, NY.

- The annual Veterans Memorial Service in the infield of the racetrack at Veteran's Park (west end of the racetrack) starting at 1:30 PM. The guest speaker will be Billy Puckett, the Field Manager for the Tunnel to Towers Foundation 9/11 NEVER FORGET Mobile Exhibit.

Daily Flag Retreat Ceremony at 6:30pm in Slade Park

The Erie County Fair is proud to share that the Tunnel to Towers Foundation 9/11 NEVERFORGET Mobile Exhibit will be at the fair from August 9-14. This is a traveling museum and a tribute to all who lost their lives on September 11, 2001, including the 343 members of the Fire Department of New York City (FDNY) who made the ultimate sacrifice and all who continue to lose their lives to the 9/11-related illnesses.

The Erie County Fair is also accepting nominations for the ***daily*** Flag Retreat Ceremony that honors Veterans and Active Military each evening at the fair. The nomination forms is attached and will be available at Made in America Stores or at https://www.ecfair.org/p/info/flagretreat. The deadline to submit nominations for the evening Veterans Flag Retreat Ceremony is July 15, 2023.

We look forward to seeing you at the Erie County Fair. Thank you for your service.

"Legionnaire of The Year" John J. Dziewit

Post Commander Dr. Kanasha Blue presented Legionnaire John J. Dziewit with the "Legionnaire of The Year" plaque. When awarding this prestigious award, Dr. Blue sighted Dziewit's accomplishments; US Marine Corps Viet Nam veteran, recruited four new members and paid for their life memberships, membership in the Colored Musician Club AFL-CIO 533, Co-owner with his wife Jean of the Venture Forthe Home Health Care Aide Company, proud parents of son John, and daughter Meredith. Assisting Post Commander Dr. Blue is Newly Elected Commander Elder Howard Patton.

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THANK YOU FOR GOD AND COUNTRY.

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52 year member
of Lamm Post
Anthony P. Amigone, Sr.

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LAW FIRM

STAMM

Many families come to us already having Wills, Powers of Attorney, and Health Care Proxies in place but ask if it is time to update their documents. During the course of our lives, there are many life events that may occur that will affect your Estate Plan.

Couples get married or divorced, have young children, have children that have become adults since the last update to their documents, decide they no longer want a person named as a beneficiary or executor in their Will, or have a death in the family. The happening of any of the above events is the time to sit down and re-evaluate your Estate Plan.

If you are unsure whether or not your Estate Planning documents need to be updated, call the Stamm Law Firm today to make an appointment for a consultation with one of our attorneys.

**The information provided in this article does not and is not intended to constitute legal advice. All information and content of this article are for general informational purposes only. Readers of this article should contact their attorney to obtain advice with respect to any legal matter.*

The Stamm Law Firm

1127 Wehrle Drive, Suite 100, Williamsville, NY 14221

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716-874-6360

Family Medical Pharmacy 120 Plaza Dr.
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Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Flu Shot Clinics: We provide onsite immunization service for employers, schools, helath care facilities, and groups.

Medication Organization: We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can taylor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.

ROTARY
CLUB OF WILLIAMSVILLE, NY
Chartered in 1925

Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000 + clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies

To get involved contact: Richard A Wojtowicz - President 716-634-2730
email: wojtowiczr@aol.com

July 2023

We need YOU!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Lounge Grad Party 4-9
2 Baby Shower	3	4 **Holiday** 	5	6	7	8 Party Grove
9 Clutch Artists Car Show	10	11 Elev. Union Grove	12	13	14	15 **Post Members Meeting 11am** **Party Grove Steel**
16	17 Republican Meeting	18	19	20	21	22 Grad Party Grove
23	24	25	26	27 Legion County Meeting Grove	28 Wedding Grove	29 Grove Party 1:30 to 7:30
30	31					

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