# GEORGE F. LAMM
POST 622

**LAMM LIGHTS Newsletter for June 2023**
**Website: http://americanlegionpost622.com 716-204-2516**

## Commanders Message

Hi everyone;

It is hard to believe that it is June already, I hope this message finds you in good health. Our next meetings are scheduled for Saturday, June 10th. Executive Board at 10 AM with Membership at 11 AM.

There will be 2 Meat Raffles this month, one on Friday, June 16th as well as one on Friday June 23rd. They are a lot of fun, if you get a chance stop by and try to win.

We would love to restart the Sons of The Legion if we can. If your Father or Grandfather was a Veteran, or if you are a stepson or an adopted son you are eligible to become a member. Please consider joining to become part of our Legion Family,

The Sons of the Legion would be able to provide countless acts of assistance to help keep our Post going in a positive direction.

For God and Country

Commander Phil

**Ashland Pest Control**
**Residential Pest Control for Buffalo and Western New York, NY**

Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absoute best services.

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**Amherst Republican Committee Supports the George F. Lamm Post**

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SEcy - Ruth Ann Barone
Asst. Sect - Terri Sams
Treas -Eugene Sibick
Sgt at Arms - Sean Sonstello
Chairman Emeritus -Carl Balmas

**WE THANK ALL MILITARY PERSONNEL WHO SERVED THE UNITED STATES IN ALL WARS.**

"ALL THAT IS NECESSARY FOR THE TRIUMPH OF EVIL IS FOR GOOD MEN TO DO NOTHING"

**THANK YOU LAMM POST VETERANS AND ALL WHO HAVE SERVED TO KEEP US FREE**

**The Officers & Members of the Elevator Constructors Local 14**
**Buy American, Use Union Labor**
**3527 Harlem Rd. Buffalo, NY**

**LAMM POST OFFICERS**

| | | |
|---|---|---|
| Commander | Phil English | 716-398-8008 |
| 1st Vice | Paul Shea | 716-906-9257 |
| 3rd Vice | Don Helminiak | 716-668-2905 |
| Sgt-At-Arms | Don Helminiak | 716-668-2905 |
| Finance Officer | Bob Bruno | 716-574-5574 |
| Corp. President | Paul Shea | 716-906-9257 |
| 1st Asst. Chaplin | | |
| Post Manor Number | | 716-204-2516 |

**EXECUTIVE BOARD AT-LARGE MEMBERS 2022**

| | | |
|---|---|---|
| Frank Barone | | 716-833-4138 |
| Rick Herrmann | | 716-243-5348 |
| David Shia | | 716-907-2329 |
| Duane Swirgos | | 716-830-0435 |

**AUXILARY OFFICERS 2022**

| | | |
|---|---|---|
| President | Debbie Diebold | 716-836-9617 |
| 1st Vice | Theresa English | Unlisted |
| Secretary | Susana Colon | 716-491-2429 |
| Treasurer | Mary Ann Bush | 716-759-1171 |
| Chaplain | Sharon Huber | 716-901-1092 |
| Sgt-At-Arms | Lynne Nowak | 716-361-0772 |

Contact the Post at
gflamm962@gmail.com

***Call Bob For Your Next Event Or Fundraiser***
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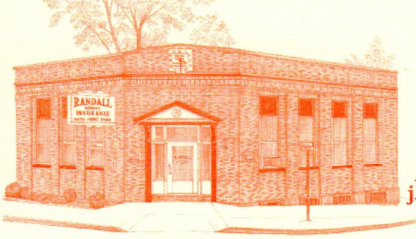

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# Flag Retreat Ceremony Nomination Form

183rd Erie County Fair August 9-20, 2023

Name: _____ Phone: _____

Email: _____

Person Nominated: _____ Circle: M F

☐ Active Military ☐ Veteran Branch of Service: _____

Dates of Service: _____ Rank: _____

Phone: _____ Town: _____

Please provide 5-7 sentences why this person should be selected as Active Military/Veteran of the day (use back if needed)

_____

_____

_____

_____

_____

_____

Deadline to Submit: **July 15**

Recipients must be available one day of the Fair, August 9-20, from 6-7pm. Those chosen will receive a Made in America Flag, 4 Fair admission passes, parking pass, Strates Shows ride card and $20 in meal tickets.

*If chosen, we will contact the person who filled out this form first before contacting the nominee.*

**Mail To:**
**Attn: Flag Retreat**
**Erie County Agricultural Society**
**5600 McKinley Pkwy.**
**Hamburg, NY 14075**

**Follow the Lamm Post 622 on Facebook...**

**George F. Lamm**

The annual Erie County Fair Veterans Day will be Sunday, August 13, 2023.

Admission to the Fair is free that day for Veterans, Active Military, and Auxiliary members (with proper ID), plus you will receive a $10 voucher valid for food, drink, or rides at the Fair that same day. Free tickets will be available online or at the gate. There is no charge for parking and children 12 and under are free. The Fair gates will open at 11 AM. We have reserved shelters with picnic tables in Hickory Tree Park for your use, this is a shaded area located just off of the Avenue of Flags at the Erie County Fair.

The schedule for Veterans Day at the Erie County Fair is:

- The Veterans Day Catholic Mass will be held starting at 12 Noon in the Family Entertainment Complex (near Gate 5, use Clark Street entrance). The celebrant will be Rev. Michael J Johnson from 'Nativity of Our Lord' in Orchard Park, NY.

- The annual Veterans Memorial Service in the infield of the racetrack at Veteran's Park (west end of the racetrack) starting at 1:30 PM. The guest speaker will be Billy Puckett, the Field Manager for the Tunnel to Towers Foundation 9/11 NEVER FORGET Mobile Exhibit.

Daily Flag Retreat Ceremony at *6*:30pm in Slade Park

The Erie County Fair is proud to share that the Tunnel to Towers Foundation 9/11 NEVERFORGET Mobile Exhibit will be at the fair from August 9-14. This is a traveling museum and a tribute to all who lost their lives on September 11, 2001, including the 343 members of the Fire Department of New York City (FDNY) who made the ultimate sacrifice and all who continue to lose their lives to the 9/11-related illnesses.

The Erie County Fair is also accepting nominations for the ***daily*** Flag Retreat Ceremony that honors Veterans and Active Military each evening at the fair. The nomination forms is attached and will be available at Made in America Stores or at https://www.ecfair.org/p/info/flagretreat. The deadline to submit nominations for the evening Veterans Flag Retreat Ceremony is July 15, 2023.

We look forward to seeing you at the Erie County Fair. Thank you for your service.

**8th District Convention - Saturday June 17**
**John W, Dill Post #434, Brocton, NY 14009**

**Department Convention July 20 – 22, 2023**
**White Plains, Westchester County**

**National Convention – August 26 – 31, 2023**
**Charlotte, North Carolina**

# ARE YOU A VETERAN?

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THANK YOU FOR GOD AND COUNTRY.

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US Army Veteran
Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.

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LAW FIRM

# STAMM

Many families come to us already having Wills, Powers of Attorney, and Health Care Proxies in place but ask if it is time to update their documents. During the course of our lives, there are many life events that may occur that will affect your Estate Plan.

Couples get married or divorced, have young children, have children that have become adults since the last update to their documents, decide they no longer want a person named as a beneficiary or executor in their Will, or have a death in the family. The happening of any of the above events is the time to sit down and re-evaluate your Estate Plan.

If you are unsure whether or not your Estate Planning documents need to be updated, call the Stamm Law Firm today to make an appointment for a consultation with one of our attorneys.

**The information provided in this article does not and is not intended to constitute legal advice. All information and content of this article are for general informational purposes only. Readers of this article should contact their attorney to obtain advice with respect to any legal matter.*


**The Stamm Law Firm**

**1127 Wehrle Drive, Suite 100, Williamsville, NY 14221**

**716-631-5767**

# Rutowski Pharmacies

**Tile Pharmacy** 1031 Cleveland Dr.
Cheektowaga
716-632-4888

**Sinclair Pharmacy** 75 North Main St
Warsaw
716-786-2330

**Wanakah Pharmacy** 4923 Lakeshore Dr. Hamburg
716-624-3232

**Cys Elma Pharmacy** 2317 Bowen Rd, Elma, NY
716-652-3920

**Kenmore RX Center** 2818 Delaware Rd. Kenmore, NY
716-874-6360

**Family Medical Pharmacy** 120 Plaza Dr.
Williamsvill, NY 716-568-0800

## Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

## What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- immunization (flu shot)
- Compounding
- Institutional services

## Institutional Service

**Flu Shot Clinics:** We provide onsite immunization service for employers, schools, helath care facilities, and groups.

**Medication Organization:** We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can taylor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

**Medication dispensing:** We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, groups homes, etc. This includes delivery services and medication review if required.

# ROTARY
## CLUB OF WILLIAMSVILLE, NY
Chartered in 1925

Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000 + clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies

To get involved contact: Richard A Wojtowicz - President 716-634-2730
email: wojtowiczr@aol.com

# June 2023

We need YOU!

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | | | | 1 | 2 | 3<br>Elevator Union Picnic –Grove |
| 4<br>Manor Party 2-7 | 5 | 6 | 7 | 8 | 9<br>Manor—Party<br><br>Grove Picnic<br>NOVA | 10<br>Post Members Meeting 11 AM<br><br>Party 5-7:30 |
| 11 | 12<br><br>Republican Meeting | 13<br><br>Elevator Union | 14 Republican Ladies Picnic<br>FLAG DAY | 15 | 16<br><br>Meat Raffle in the Grove | 17<br>Annv-Party<br>Manor 5-11 |
| 18<br><br>Fathers Day | 19 | 20<br>Meeting 4-9 | 21 | 22 | 23<br><br>Meet Raffle<br>Manor | 24<br><br>Grove Party |
| 25<br>Grad Party<br>Grove | 26 | 27 | 28 | 29 | 30 | |


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