



LAMM LIGHTS Newsletter for March 2023
Website: <http://americanlegionpost622.com> 716-204-2516

Commanders Message



Commander Phil



Hi everyone,

Our Post had a great opportunity to help support Veterans from Western New York. We hosted an event Wednesday February 1st that was sponsored by The Department of Veterans Affairs along with VA Western New York Healthcare Systems.

It was an information and Enrollment event for the Toxin exposed veterans under the new PACT Act. There was a very good turnout.

Our next Executive board meeting will be held Saturday April 8th at 10 AM followed by Membership at 11 AM. Please check the calendar for our March events.

Thank You to all of the George F. Lamm Post , American Legion and our Veterans sponsors, supporters and advertisers. With out them several of our programs could not continue. We again want to thank all of them and ask our members, family and friends to help support them.

For God and Country

Commander Phil



A Special Thank You to one of our sponsors.

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While at Bay Pines, FL., I went to the VA only to find that my name wasn't listed – I was asked to fill out a form and while doing so they found me in their computer. I asked why it wasn't there in the first place – they mentioned that since I lived in the north there wasn't any reason for my name to be in their system so we are advising veterans who visit Florida (or any place south of the Mason Dixie Line) to visit the nearest VA & get your name placed into their system should they require assistance.

Fraternally yours
Robert J. Winder
Canada County Commander



LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice	Paul Shea	716-906-9257
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
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Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2022

Frank Barone	716-833-4138
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2022

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	Unlisted
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
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Contact the Post at
gflamm962@gmail.com

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POW/MIA

The American Legion is committed to achieving a full accounting of all POW/MIAs from the Gulf War, Vietnam War, Cold War, Korean War and World War II. This means returning living POWs, the repatriation of their remains, or finding convincing evidence why neither of these is possible. The American Legion supports the continued declassification of all POW/MIA information, the strengthening of joint commissions with Russia, North Korea and China, and adequate resourcing of investigative efforts and field operations to resolve POW/MIA issues. The American Legion has also worked continuously with both Congress and DoD to improve the policies and programs for the accountability of missing persons.

Recognition Day: For years, The American Legion supported a National POW/MIA Recognition Day, which is now recognized annually on the third Friday of September.

POW/MIA Empty Chair: Resolution 288, adopted at the 67th American Legion National Convention, calls for designating a POW/MIA Empty Chair at all official meetings of The American Legion as a physical symbol of the thousands of American POW/MIAs still unaccounted for from all wars and conflicts involving the United States.

Family Assistance

The American Legion Family and Youth Support Center provides immediate assistance, financially and emotionally, to service personnel and their families whose lives have been directly affected by wartime service and America's war on terror (including families unable to meet monthly expenses while a family member is deployed). The American Legion has a toll-free telephone number, (800) 504-4098, for servicemembers and their family members to call for assistance.

Bowling Tournament



The Annual New York State American Legion Family Bowling Tournament takes place over several weekends from April 22 to May 7, 2023, at Mancuso Bowling Center in Batavia, attracting bowlers from posts, units, squadrons and chapters across the Department of New York.

Hosted by Glenn S. Loomis Post 332, the 2023 tournament is open to members of the Legion, the Legion Auxiliary, the Sons of the American Legion, and the Legion Riders. There are team events, and doubles and singles events.

American Legion Auxiliary

Founded in 1919, The American Legion Auxiliary has nearly 1 million members from all walks of life. The Auxiliary administers hundreds of volunteer programs, gives tens of thousands of hours to its communities and to veterans, and raises millions of dollars to support its own programs, as well as other worthwhile charities familiar to Americans. It is the world's largest women's patriotic service organization. Through its nearly 10,500 units located in every state and some foreign countries, the Auxiliary embodies the spirit of America that has prevailed through war and peace.

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George F. Lamm

STAMM LAW FIRM

Many families come to us already having Wills, Powers of Attorney, and Health Care Proxies in place but ask if it is time to update their documents. During the course of our lives, there are many life events that may occur that will affect your Estate Plan.

Couples get married or divorced, have young children, have children that have become adults since the last update to their documents, decide they no longer want a person named as a beneficiary or executor in their Will, or have a death in the family. The happening of any of the above events is the time to sit down and re-evaluate your Estate Plan.

If you are unsure whether or not your Estate Planning documents need to be updated, call the Stamm Law Firm today to make an appointment for a consultation with one of our attorneys.

**The information provided in this article does not and is not intended to constitute legal advice. All information and content of this article are for general informational purposes only. Readers of this article should contact their attorney to obtain advice with respect to any legal matter.*

The Stamm Law Firm

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Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



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Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Flu Shot Clinics: We provide onsite immunization service for employers, schools, health care facilities, and groups.

Medication Organization: We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, group homes, etc. This includes delivery services and medication review if required.

ROTARY

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Chartered in 1925



Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000 + clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies

To get involved contact: Richard A Wojtowicz - President 716-634-2730
email: wojtowiczr@aol.com



March 2023

**We need
YOU!**



George F. Lamm Post 622

Sun	Mon	Tue	Wed	Thu	Fri	Sat
The Next Lamm Post Members Meeting is on Saturday April 8th at 11 AM.			1	2	3	4 <i>Party—Lounge</i>
5	6 <i>Republicans Meeting</i>	7	8	9	10	11 <i>Party—Lounge</i>
12 <i>Baby Shower</i> 	13	14 <i>Elevator Union</i>	15	16	17 <i>Meat Raffle</i> 	18
19	20	21	22	23	24	25 <i>Group Meeting 12-3</i>
26	27	28	29	30	31 <i>Meat Raffle</i> 	

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**WE THANK ALL MILITARY PERSONNEL
WHO SERVED THE UNITED STATES IN
ALL WARS.**