



GEORGE F. LAMM

POST 622

LAMM LIGHTS Newsletter for November 2022
Website: <http://americanlegionpost622.com> 716-204-2516



The George F. Lamm Post Manor will be the location of a benefit for Hero's in Hawaiian Shirts, Saturday November 12th, 2022. The event will start at 6 PM.

The group is honoring service men and women who are deployed around the world. Those that attend the event are urged to wear a Tropical/Hawaiian shirt and to donate a Tropical/Hawaiian shirt. If you do not have a shirt to donate, admission is \$10. The event will feature Live Music. Beverages will be available at a cash bar and will also have food to purchase. The National group is Hawaiian Shirts For Deployed Soldiers.org



Commanders Message

Hi everyone,

Commander Phil



I hope this finds you in the best of health. It is hard to believe that Fall is here already. I would like to give a big thank you to our friends and members that came out to help us close the Grove on Wednesday October 19th. I would like to remind you that we will be having a Veteran's Day service by the Memorial Stone at the Post. The service will be at 11: 00 AM , It is open to whoever would like to come. I hope to see some of our members there.

Following the service we will be having a luncheon in the Manor, sponsored by the Post Executive Board and the Post Auxiliary. I hope that you will consider staying for the luncheon, it would great to see you and enjoy the camaraderie. Just a reminder, there will not be a membership meeting in November. The next membership meeting will be Saturday December 10th at 11:00 AM.

For God and Country
Commander Phil

Follow the Lamm Post 622 on Facebook...
George F. Lamm

George F. Lamm Post
Members Meeting

The next meeting will be
Saturday December 10th, 2022
at 11:00 AM
Please Support
Your Post



HONORING ALL WHO SERVED

November 11, 2022

VETERANS
DAY

The George F. Lamm Post will
 conduct a Veterans Day Service
 at 11 AM on November 11th.

A luncheon at the Post will take
 place following the Service.

LAMM POST OFFICERS

Commander	Phil English	716-398-8008
1st Vice	Paul Shea	716-906-9257
3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin		
Post Manor Number		716-204-2516

EXECUTIVE BOARD AT-LARGE MEMBERS 2022

Frank Barone	716-833-4138
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2022

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	Unlisted
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
Chaplain	Sharon Huber	716-901-1092
Sgt-At-Arms	Lynne Nowak	716-361-0772

DUTY • HONOR • COUNTRY



PATRIOT
 SNOWPLOW AND LAWN CARE

Samuel Erb
 Owner

11520 Main St Suite #2C
 Clarence, NY 14031

Residential & Commercial
 -Snowplowing
 -Lawn care
 -Lawn Maintenance
 -Turf repair
 -Landscape / Hardscape
 and so much more!

Office: (716) 725-1783
 Mobile: (716) 510-9563

Patriotsnowandlawn@gmail.com

Contact the Post at
gflamm962@gmail.com

Call Bob For
Your Next Event Or
Fundraiser
716-335-4881



THE
Original

PANCAKE HOUSE

www.ophwny.com

5479 Main Street

Williamsville, NY 14221

716-634-5515

2075 Niagara Falls Blvd

Amherst, NY 14228

716-691-8219

3019 Union Road

Orchard Park, NY 14227

716-674-3344



The following places of business have mentioned Specials for all of those that have served in the Military. Checkout their specials for Veteran's Day Friday November 11th, 2022 or those listed for Saturday November 12th.

For more information, please call or visit those businesses. Some restrictions may apply.

BUSINESS	LOCATION
TOPS GROCERY	11% DISCOUNT FRIDAY NOVEMBER 11TH ONLY
AMERICAN GRILL	EAST AURORA
ANDERSON'S CUSTARD	
APPLE BEE'S	
BAR LOUIE	WALDEN GALLERIA
BOB EVANS	
CRACKER BARREL	TRANSIT ROAD
LONGHORN STEAKHOUSE	
OLIVE GARDEN	
RED ROBIN	
SENECA NIAGARA CASINO	
TEXAS ROADHOUSE	FREE LUNCH
THE GRAPEVINE RESTAURANT	N.F.B. AMHERST
TULLY'S GOOD TIMES	
SATURDAY NOV. 12TH	
DENNY'S	5 AM TO NOON
I-HOP	
WEGMANS	8 AM TO 11 AM BREAKFAST BAR

**Amherst Republican Committee
Supports the George F. Lamm Post**

Chairman - Brian Rusk
CoChairs - Marty Mutka & Steve Sementelli
SEcy - Ruth Ann Barone
Asst. Sect - Terri Sams
Treas - Eugene Sibick
Sgt at Arms - Sean Sonstello
Chairman Emeritus - Carl Balmas



**WE THANK ALL MILITARY PERSONNEL
WHO SERVED THE UNITED STATES IN
ALL WARS.**

EDWARD RATH

NEW YORK STATE SENATOR

61ST DISTRICT



Salutes and thanks the brave members of Our
Military for their service to our Country.

District Office: 1961 Wehrle Drive, Suite 9
Williamsville, NY 14221 716-631-8695

Albany Office: 188 State Street, Legislative Office
Building Room 513, Albany NY 12247



**THANK YOU,
VETERANS**





Ashland Pest Control

Residential Pest Control for Buffalo and Western New York, NY



Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



"Protectors of Health, Property and Environment"

406 Connecticut St. Buffalo, NY 14213
(716) 884-7431 Fax: 881-9578
ashlandpest@hotmail.com

Serving Western New York for over 40 years




 **THE AMERICAN LEGION**
VETERANS
STRENGTHENING AMERICA

LEARN HOW YOU CAN HELP
legion.org

**Reservists and
National Guard
Join Our Post Now**

716-906-9257



**caboodle
PRINTING**

www.caboodleprinting.com

GARY WODARCZAK
MANAGING PARTNER

1975 WEHRLE DRIVE
WILLIAMSVILLE, NY 14221

T 716.693.6000
C 716.796.1543
F 716.810.9326
E gary@caboodleprinting.com

"ALL THAT IS NECESSARY FOR
THE TRIUMPH OF EVIL IS FOR
GOOD MEN TO DO NOTHING"



**THANK YOU LAMM POST
VETERANS AND ALL WHO
HAVE SERVED TO KEEP US
FREE**

**The Officers & Members of the Elevator
Constructors Local 14**
Buy American, Use Union Labor
3527 Harlem Rd. Buffalo, NY

**A Special Thank You
to one of our sponsors.**


**Capital
Heat Inc.**


2975 Walden Ave, Depew, NY
716-683-7336

**Thank You for Supporting our Troops,
our Veterans and
The George F. Lamm Post**



Please support our sponsors

Randall Agency Inc.
INSURANCE



Jennifer L. Bucki
Licensed Agent

Ph: (716) 992-3488
Fax: (716) 992-9398
jbucki@randallagency.com

8584 S. Main Street • Eden, NY 14057



ARE YOU A VETERAN?

DO YOU KNOW WHAT BENEFITS YOU
ARE ENTITLED TO FOR YOUR FINAL
ARRANGEMENTS?

OUR EXPERT FUNERAL DIRECTORS
ARE HERE TO ASSIST YOU. CALL
TODAY FOR A FREE
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.

Anthony P. Amigone Sr.



US Army Veteran
Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.

Amigone
FUNERAL HOME & CREMATION SERVICE

716-836-6500
www.Amigone.com

STAMM LAW FIRM



Many families come to us already having Wills, Powers of Attorney, and Health Care Proxies in place but ask if it is time to update their documents. During the course of our lives, there are many life events that may occur that will affect your Estate Plan.

Couples get married or divorced, have young children, have children that have become adults since the last update to their documents, decide they no longer want a person named as a beneficiary or executor in their Will, or have a death in the family. The happening of any of the above events is the time to sit down and re-evaluate your Estate Plan.

If you are unsure whether or not your Estate Planning documents need to be updated, call the Stamm Law Firm today to make an appointment for a consultation with one of our attorneys.

**The information provided in this article does not and is not intended to constitute legal advice. All information and content of this article are for general informational purposes only. Readers of this article should contact their attorney to obtain advice with respect to any legal matter.*

The Stamm Law Firm

1127 Wehrle Drive, Suite 100, Williamsville, NY 14221

716-631-5767



Rutowski Pharmacies



Tile Pharmacy 1031 Cleveland Dr.
Cheektowaga
716-632-4888

Sinclair Pharmacy 75 North Main St
Warsaw
716-786-2330

Wanakah Pharmacy 4923 Lakeshore
Dr. Hamburg
716-624-3232

Cys Elma Pharmacy 2317 Bowen Rd.
Elma, NY
716-652-3920

Kenmore RX Center 2818 Delaware
Rd. Kenmore, NY
716-874-6360

Family Medical Pharmacy 120
Plaza Dr.
Williamsville, NY 716-568-0800

Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Flu Shot Clinics: We provide onsite immunization service for employers, schools, health care facilities, and groups.

Medication Organization: We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, group homes, etc. This includes delivery services and medication review if required.

Saturday November 12th- 6PM



Live Music Open to the Public

FB page: George F. Lamm for more info

Renew Your Membership Now!

The George F. Lamm Post Needs Your Support




Not a Member? Join Today!

Call : 716-906-9257



November 2022

We need YOU! 

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 <i>Peter Paul Meat Raffle</i>
6  Daylight Saving Time Ends	7	8 <i>Lounge Party</i> <i>Manor Party</i>	9	10	11 <i>Vet Day Service 11 Am and Luncheon</i>	12 <i>Shirts for Hero's 6PM</i> 
13	14 <i>Republicans</i>	15	16 <i>Manor—Party</i>	17	18	19
20	21	22	23	24  Happy Thanksgiving	25	26
27	28	29	30			

ROTARY

CLUB OF
WILLIAMSVILLE, NY
Chartered in 1925



Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000 + clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies

To get involved contact: Richard A Wojtowicz - President 716-634-2730
email: wojtowiczr@aol.com