



LAMM LIGHTS Newsletter for August 2022
Website: <http://americanlegionpost622.com> 716-204-2516



Commander Phil



Commanders Message

Hi everyone, I hope that everyone is enjoying their summer with the best of health. We have been super busy at the Post with bookings, just about every weekend.

Just a reminder, if anyone can help us out with cleaning up after an event that would be great.

I would like your opinion regarding having a **Family night in the Grove**, maybe once a month for starters. I wanted to reach out to all veterans, their families and people who live in our community. If you are a veteran who does not belong to a Legion Post, please consider joining us. We would love to have you become part of our Legion Family. Please call either myself or one of our officers with your thoughts or questions that you may have.

On a closing note, make sure that you visit the local Williamsville Farmer's Market that takes place every Saturday morning from 9AM to 1 PM next to the Amherst Town Hall.

For God and Country

Commander Phil

American Legion News



Three area community residents were elected at the New York State American Legion Family Conventions held in Binghamton, NY the week of 7/11/2022. Nancy Babis from Lockport was elected New York American Legion Auxiliary President, Timothy Van Patten II from East Amherst was elected New York State Detachment Sons of the American Legion Commander, and James Bojanowski from Orchard Park was elected New York State American Legion Vice Commander representing the western 16 Counties of NY, and an area of Canada. The newly elected New York State American Legion Commander is David Riley from Rome, NY.

During the convention The American Legion gave a special \$100,000 donation to the RTM Protocol a program designed to treat PTSD and reduce veteran suicides. A donation of \$34,000 was also given to help fund housing for female veterans that allows them to continue living with their children. These two grants are the beginning of a 1.5 million dollar fund by The American Legion to lower veteran suicide and reduce homelessness rates.

submitted by

James Bojanowski

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George F. Lamm

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WNY Veterans Housing Coalition



Who We Are

In 1987 there were over 287,000 homeless Veterans in the United States, most of them Vietnam Veterans. In Buffalo alone there were 2,500 homeless Veterans on any given night. It was because of this, a hand full of dedicated local leaders including founders Joe Ryan and Bill Lyons, along with members of the VVLP - Vietnam Veterans Leadership Program, recognized the need for quality, affordable, and accessible housing for disadvantaged and disabled Veterans. With just \$2,000 and a purpose, WNY Veterans Housing Coalition Inc. was incorporated on September 9, 1987.

WNYVHC was at the forefront of setting a national trend by providing Special Needs Housing for our Veterans. The organization started with an abandoned building at 1125 Main St and a contract with the newly formed Healthcare for Homeless Veterans Program at the VA, one of the first of its kind Transitional Housing Programs for Veterans in the United States. Veterans were referred to the Program through the VA Homeless Program and the VA Substance Abuse Program. The Program was such a success that the organization knew it needed to expand and over the next six years, WNYVHC developed permanent supportive housing by adding three more buildings totally four apartment buildings with 100 apartments that are

Corporate Profile

Mission Statement

Dedicated to making a positive difference in the lives of Veterans.

Program Description

WNY Veterans Housing Coalition, Inc. (WNYVHC) was founded in 1987 to provide housing for homeless Veterans and Veterans with special needs. Since then the organization has expanded its focus by developing and managing residential housing for low income persons, severely disabled, homeless, and other persons who have special needs. Our main focus has been and always will be Veterans first.

The agency currently manages four apartment complexes consisting of 100 units in the City of Buffalo. It provides housing, case management and program services to individuals who might otherwise face homelessness.

What separates us from other property development and management organizations is the Continuum of Care component that provides case management services. Through a variety of supportive services offered to tenants, the focus is on homeless prevention and referrals to agencies that can meet their needs. WNYVHC is at the forefront of setting a national trend in providing special needs housing for Veterans while addressing the complex factors and issues facing Veterans today.

Celebrating our 30th year in 2017, WNYVHC has assisted well over 20,000 Veterans with housing, case management, homeless prevention, employment and referrals.

In 1996, WNY Veterans Housing Coalition, Inc. was nationally recognized as a recipient of the prestigious "All American City Civic Empowerment Award" for its ability and reputation for implementing specialized and unique veteran and non-veteran special needs housing initiatives and partnerships commensurate with its Mission.

In May 2000, the National Coalition for Homeless Veterans, in Washington, D.C., presented a special recognition award for demonstrated leadership within the homeless provider network.

WNYVHC's long term goal is to continue to aggressively search for new ways to improve housing and the quality of life for those who served when their country called and to assist other communities and organizations in addressing the needs of these special populations.

Visit the website at: <http://www.wnyvhc.org>



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Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



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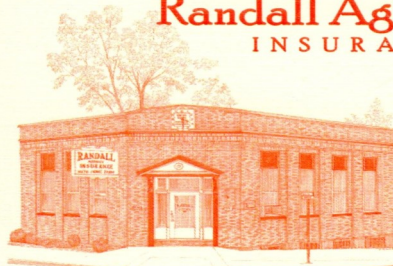
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At-risk N.Y. veterans get major boost from American Legion

The American Legion

JUL 21, 2022

The American Legion Department of New York is taking action to address and prevent veteran suicide and homelessness. The department announced its new initiative July 15 at its state convention in Binghamton – a \$1.5 million fund that will award grants to state nonprofits that have programs directed at veteran suicide and homelessness prevention. The first two grants have been awarded.

A \$100,000 grant was awarded to the [Research and Recognition Project](#) to fund a one-year pilot project to expand and measure its Reconsolidation of Traumatic Memories Protocol™ (RTM Protocol™) treatment for veterans suffering from post-traumatic stress. The project will certify 30 licensed counselors in the state to administer the RTM Protocol™ to approximately 400 veterans and their family members, and measure the remission of PTS and symptoms.

The Research and Recognition Project is a nonprofit founded by Dr. Frank Bourke in Corning, N.Y., that developed the RTM Protocol™ therapy that “uses a short visualization process to retrieve and alter the memory.” According to the Research and Recognition Project, in clinical trials with RTM Protocol™, the treatment “is remitting PTS diagnosis and all PTS symptoms over 90% of the time in less than five hours, using no drugs.”

A \$34,450 grant was awarded to the Veterans & Community Housing Coalition (VCHC) to furnish its Foreverly House, a home for homeless women veterans with children. The Foreverly House in Ballston Spa is a two-story home built specifically for this group. The home provides women veterans and their children with stable housing and access to VA health care, mental health resources and other support services needed, including help preparing for a successful transition to independent living within the community. In their grant request, VCHS wrote that 70% of homeless women veterans are mothers. “Often, these veterans do not seek assistance from VA because they fear their family will be separated, the housing options may be unsafe for children, or they will lose custody of their children if they ask for help. Living without the support needed, these moms spiral downwards, leading to a homeless situation and, even more serious, suicide. Imagine the challenge of being homeless with children after having faithfully served your country. It shouldn’t happen to any veteran, especially to a veteran mom and her children.”

“The American Legion Department of New York is using this fund to provide grants to organizations and projects that make a difference in the lives of our veterans still suffering from what happened to them while serving their country,” outgoing Department of New York Commander Frank LaMarsh said on the department’s website. “Our inaugural grants address the startling statistic that 22 veterans are taking their own lives every day, and that women veterans with children are the most vulnerable segment of our veteran homeless population.”

The Department of New York’s veteran suicide prevention initiative aligns with The American Legion’s Be The One campaign, which aims to raise awareness about the veteran suicide rate and empower everyone to take the initiative to save the life of a veteran who is at risk. The American Legion wants you to Be The One to save one veteran. Learn more about the campaign at legion.org/betheone.

STAMM LAW FIRM



Many families come to us already having Wills, Powers of Attorney, and Health Care Proxies in place but ask if it is time to update their documents. During the course of our lives, there are many life events that may occur that will affect your Estate Plan.

Couples get married or divorced, have young children, have children that have become adults since the last update to their documents, decide they no longer want a person named as a beneficiary or executor in their Will, or have a death in the family. The happening of any of the above events is the time to sit down and re-evaluate your Estate Plan.

If you are unsure whether or not your Estate Planning documents need to be updated, call the Stamm Law Firm today to make an appointment for a consultation with one of our attorneys.

**The information provided in this article does not and is not intended to constitute legal advice. All information and content of this article are for general informational purposes only. Readers of this article should contact their attorney to obtain advice with respect to any legal matter.*

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What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
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- Institutional services

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George F. Lamm Post Members Meeting



**The next meeting will be
the 2nd Wednesday of the month
August 10th at 7 PM**
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August 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 <i>Executive Board Meeting</i>	4	5 <i>Grove Party</i>	6 <i>Lounge Party 7-11</i>
7 <i>Party 3 to 8</i>	8 <i>Republican</i>	9 <i>Elevator Union</i>	10 <i>Post Members Meeting 7PM</i>	11	12	13 <i>Party 3 to 9</i>
14	15	16	17 <i>Manor Party 6 to 9</i>	18	19	20 <i>Manor party 5 to 10</i> <i>Grove Party 4 to 9</i>
21 <i>Lounge Party</i>	22	23	24	25	26	27 <i>Party Lounge 3-7</i>
28	29	30	31			

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