



GEORGE F. LAMM

POST 622

LAMM LIGHTS Newsletter for June 2022
Website: <http://americanlegionpost622.com>

CLUTCH ARTISTS CAR SHOW

Sunday June 26th, 2022
Registration at 9 AM
George F Lamm Post
962 Wehrle Dr Williamsville
Food & Beverages Available
Trophies around 4PM



Commander Phil

Commanders Message



Hi everyone, I hope that you are enjoying our Spring season in the best of health.

In case you are not aware, the Post is having a drive thru Weidner's Chicken dinner sale on Thursday June 16th from 3 PM-6 PM. We are hoping for a good turnout, please plan on coming out that day to help support us.

We would love to get our Sons of The Legion started up again. We still have our Charter and membership in the Sons are male descendants of all ages, that had parents or grandparent's who served in the U.S. military. Members can be a son, grandson, a stepson or an adopted son of a member of the American Legion. One of the many things that they are able to do is to help support the Child Welfare Foundation as well as helping the Post out with our events. One of the reasons they exist is to honor the service and sacrifice of Legionnaires. If anyone is interested in joining the Sons of the Legion, please do not hesitate to call myself or one of our officers.

From the bottom of my heart, I am very grateful for our members that help volunteer here at our Post. Theresa and I alone, are not able to get much done, **but Together we can make a difference**. If you were a member previously, please consider rejoining and coming back. If you are a Veteran without a Post, we would love to see you join here. We believe in Legion Family and I would love to see Veterans, their significant others and their children join us here. I hope to see you around, take care for now.

For God and Country, Commander Phil

Follow the Lamm Post 622 on Facebook...
George F. Lamm



SONS OF THE AMERICAN LEGION

About the Sons

Founded in 1932, the Sons of The American Legion exists to honor the service and sacrifice of Legionnaires.

SAL members include males of all ages whose parents or grandparents served in the U.S. military and were eligible for American Legion membership. Members of The American Legion, [American Legion Auxiliary](#) and Sons of The American Legion comprise the Legion Family, which has a combined membership of nearly 3 million.

Although SAL has its own membership, the organization is not a separate entity. Rather, SAL is a program of The American Legion. Many Legionnaires hold dual membership in SAL.

The Sons of The American Legion is divided into detachments at the state level and squadrons at the local level. A squadron pairs with a local American Legion post; a squadron's charter is contingent upon its parent post's charter. However, squadrons can determine the extent of their services to the community, state and nation. They are permitted flexibility in planning programs and activities to meet their needs, but must remember SAL's mission: to strengthen the four pillars of The American Legion. Therefore, squadrons' campaigns place an emphasis on preserving American traditions and values, improving the quality of life for our nation's children, caring for veterans and their families, and teaching the fundamentals of good citizenship.


Since 1988, SAL has raised more than \$8 million for The American Legion Child Welfare Foundation. SAL members have volunteered over 500,000 hours at veterans hospitals and raised over \$1,000,000 for VA hospitals and VA homes. The SAL also supports the Citizens Flag Alliance, a coalition dedicated to protecting the U.S. flag from desecration through a constitutional amendment.

SAL Membership Eligibility Requirements

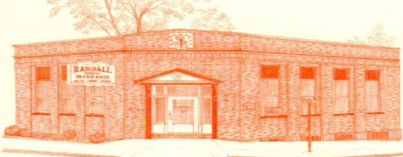
All male descendants, adopted sons, and stepsons of members of The American Legion, and such male descendants of veterans who died in service during World War I, and December 7, 1941, to date, as set forth in Article IV, Section 1, of the National Constitution of The American Legion, or who died subsequent to their honorable discharge from such service, shall be eligible for membership in the Sons of The American Legion.

There shall be no forms or class of membership except an active membership.

Continued on next page



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SONS OF THE AMERICAN LEGION

History

The Sons of The American Legion was created in 1932 as an organization within The American Legion. The SAL is made up of boys and men of all ages whose parents or grandparents served in the United States military and became eligible for membership in The American Legion. Together, members of The American Legion, The American Legion Auxiliary and the Sons of The American Legion make up what is known as the Legion Family. All three organizations place high importance on preserving our American traditions and values, improving the quality of life for our nation's children, caring for veterans and their families, and perhaps most importantly, teaching the fundamentals of good citizenship.

The SAL has study programs recommended for younger members. One such program, called "The Ten Ideals," teaches the elements of patriotism, health, knowledge, training, honor, faith, helpfulness, courtesy, reverence and comradeship. If a member completes the Ten Ideals program, he is eligible to continue with another program called the "Five-Point Program of Service." This program covers patriotism, citizenship, discipline, leadership and legionism.

Preamble

Proud possessors of a priceless heritage, we male descendants of veterans of all Wars, associate ourselves together as "Sons of The American Legion" for the following purposes:

To uphold and defend the Constitution of the United States of America; to maintain law and order; to foster and perpetuate a true spirit of Americanism; to preserve the memories of our former members and the association of our members and our forefathers in all wars; to inculcate a sense of individual obligation to the Community, State and Nation; to combat the autocracy of both the classes and the masses; to make right the master of might; to promote peace and good will on earth; to safeguard and transmit to posterity the principles of justice, freedom and democracy, to consecrate and sanctify our friendship by our devotion to mutual helpfulness; to adopt in letter and spirit all of the great principles for which The American Legion stands; and to assist in carrying on for God and Country.

If you or someone you know is interested in joining **The Sons of The American Legion**, please e-mail us at georgeflamppost622@gmail.com. The **Lamm Post** is interested in having an active charter squadron again.





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Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



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3rd Vice	Don Helminiak	716-668-2905
Sgt-At-Arms	Don Helminiak	716-668-2905
Finance Officer	Bob Bruno	716-574-5574
Corp. President	Paul Shea	716-906-9257
1st Asst. Chaplin	Ernie Bacon	1-585-317-8946

EXECUTIVE BOARD AT-LARGE MEMBERS 2022

Frank Barone	716-833-4138
Rick Herrmann	716-243-5348
David Shia	716-907-2329
Duane Swirgos	716-830-0435

AUXILIARY OFFICERS 2022

President	Debbie Diebold	716-836-9617
1st Vice	Theresa English	Unlisted
Secretary	Susana Colon	716-491-2429
Treasurer	Mary Ann Bush	716-759-1171
Chaplain	Sharon Huber	716-901-1092
Sgt-At-Arms	Lynne Nowak	716-361-0772

George F Lamm Post

CHICKEN DINNER

Weidner BBQ

\$10

Thursday June 16th
3 PM to 6 PM



DRIVE THRU PICK-UP ONLY

Chicken Dinner with 2 Sides and a roll
962 Wehrle Drive



EDWARD RATH
NEW YORK STATE SENATOR
61ST DISTRICT



Salutes and thanks the brave members of Our
Military for their service to our Country.

District Office: 1961 Wehrle Drive, Suite 9
Williamsville, NY 14221 716-631-8695

Albany Office: 188 State Street, Legislative Office
Building Room 513, Albany NY 12247





Photo by Schelly Stone/The American Legion.

HISA Grants

Home Improvement and Structural Housing (HISA) grants provide seriously disabled veterans with certain home improvements to ensure they are able to continue treatment as well as provide access to the home or to essential lavatory and sanitary facilities.

The benefit is provided through the Prosthetic and Sensory Aids Service (PSAS), the most comprehensive provider of prosthetic devices. Their mission optimizes the health and independence of seriously disabled veterans.

A HISA grant can provide a lifetime benefit of up to \$6,800 for veterans and servicemembers with service-connected disabilities and \$2,000 for veterans with a nonservice-connected condition. HISA grants commonly cover permanent ramps that provide access to the residence, adaptable bathrooms, widening doorways and costs related to taxes, permits and inspections fees associated with the home alterations. HISA grants do not cover exterior decking, temporary ramps and jacuzzi tubs.

Specially Adapted Housing (SAH) and Special Home Adaptation (SHA) grants are exclusively for veterans with certain severe, life-altering service-connected disabilities, such as loss or loss of use of more than one limb, blindness in both eyes and severe burns. These grants are more comprehensive and cover costs associated with buying, building, or changing a permanent home. To learn more about programs provided by the Department of Veterans Affairs for home improvements for certain disabled veterans, go to the website, <https://www.prosthetics.va.gov.psas/hisa.asp>

ROTARY CLUB OF WILLIAMSVILLE, NY Chartered in 1925



Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000 + clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies

To get involved contact: Richard A Wojtowicz - President 716-634-2730
email: wojtowiczr@aol.com

Amherst Republican Committee Supports the George F. Lamm Post

Chairman - Brian Rusk
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SEcy - Ruth Ann Barone
Asst. Sect - Terri Sams
Treas - Eugene Sibick
Sgt at Arms - Sean Sonstello
Chairman Emeritus - Carl Balmas



**WE THANK ALL MILITARY PERSONNEL
WHO SERVED THE UNITED STATES IN
ALL WARS.**

George F. Lamm Post Members Meeting



**2nd Wednesday of the month
June 8th at 7 PM**



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Family Medical Pharmacy 120
Plaza Dr.
Williamsville, NY 716-568-0800

Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- Immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Flu Shot Clinics: We provide onsite immunization service for employers, schools, health care facilities, and groups.

Medication Organization: We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, group homes, etc. This includes delivery services and medication review if required.

S LAW FIRM **TAMM**

Many families come to us already having Wills, Powers of Attorney, and Health Care Proxies in place but ask if it is time to update their documents. During the course of our lives, there are many life events that may occur that will affect your Estate Plan.

Couples get married or divorced, have young children, have children that have become adults since the last update to their documents, decide they no longer want a person named as a beneficiary or executor in their Will, or have a death in the family. The happening of any of the above events is the time to sit down and re-evaluate your Estate Plan.

If you are unsure whether or not your Estate Planning documents need to be updated, call the Stamm Law Firm today to make an appointment for a consultation with one of our attorneys.

**The information provided in this article does not and is not intended to constitute legal advice. All information and content of this article are for general informational purposes only. Readers of this article should contact their attorney to obtain advice with respect to any legal matter.*

The Stamm Law Firm

1127 Wehrle Drive, Suite 100, Williamsville, NY 14221

716-631-5767

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The George F. Lamm Post



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US Army Veteran
Korean War
52 year member
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"ALL THAT IS NECESSARY FOR
 THE TRIUMPH OF EVIL IS FOR
 GOOD MEN TO DO NOTHING"




**THANK YOU LAMM POST
 VETERANS AND ALL WHO
 HAVE SERVED TO KEEP US
 FREE**

**The Officers & Members of the Elevator
 Constructors Local 14
 Buy American, Use Union Labor
 3527 Harlem Rd. Buffalo, NY**



June 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <u>Executive Board Meeting</u>	2	3	4 <u>Grove Picnic- Elevator Union Manor Wed Party</u>
5	6	7	8 <u>Post Members Meeting 7PM Auxiliary Meeting 6:30PM</u>	9	10 <u>Grove—Meat Raffle</u>	11 <u>Grove—Party Manor Wed Party 4-12</u>
12	13 <u>Republican</u>	14 <u>Elevator Union</u>	15	16 <u>Take Out Chicken Dinner 3 to 6 pm</u> 	17 <u>Grove Party Nova</u>	18 <u>Grove Party 5-10</u>
19	20 <u>Debbie S . Party 6-pm to 9pm</u>	21	22	23	24	25 <u>Grove Party Lounge 4-9</u>
26 <u>Car Show – Grove 9am</u> 	27	28	29 <u>Grove Party</u>	30		



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CLUTCH ARTISTS



**Sunday June 26th, 2022
 Registration at
 9:00 AM
 Food & Beverages Available**



George F. Lamm Post 962 Wehrle Dr. Williamsville,

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George F Lamm Post



CHICKEN DINNER

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Chicken Dinner with 2 Sides and a roll

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