



LAMM LIGHTS Newsletter for Jan/Feb 2022
AmericanLegionPost622.com



A LOOK AT LINCOLN IN 2022
 Does Abraham Lincoln still speak to us in 2022?
 - **see page seven**



Hi everyone,

I'd like to wish everyone and their families a healthy and Happy New Year. I would like to remind everyone to please renew their membership if you have not already done so. If you are a veteran and not a member, please consider joining us. If you live in a different county or state and enjoy our newsletter online, please let us know. You may not be a veteran but would like to help us keep our Children and Youth and other programs going, please consider making a donation to our Post.

I would like to take this time to reach out to our members even if you are not a veteran at all. If you are someone in the local area who could spare some time in your busy schedule, we could really use some help cleaning up after an event. If interested in helping us out, please contact me or one of our officers of the Post.

If things get better with the pandemic, we would like to consider having some events in the Spring or early Summer such as a chicken barbecue. If you are able to, please consider helping us out by coming out to support us. There will be more information to follow.

Weather permitting, we will plan on having our **membership meetings start up again in March on the 2nd Wednesday of the month.** Please take care of yourselves and I wish you all the best of health.

For God and Country
Commander Phil



LAMM POST OFFICERS 2021

Commander: Phil English.....398-8008
1st Vice: Paul Shea906-9257
2nd Vice: Steven Sams.....807-2894
3rd Vice: Don Helminiak.....668-2905
Adjutant: Open
Mobilization:Open
Sgt-At Arms: Don Helminiak668-2905
Service Officer:.....Open
Finance Officer: Bob Bruno574-5574
Corp President: Phil English398-8008
Chaplain: Robert Thornton.....689-0334
1st Asst. Chaplain: Ernie Bacon1-585-317-8946
2nd Asst ChaplainOpen

EXECUTIVE BOARD AT-LARGE MEMBERS 2021

Frank Barone833-4138
Paul Laurenzi:335-4881
David Shia:907-2329
Paul Shea906-9257

AUXILIARY OFFICERS 2021

President: Debbie Diebold836-9617
1st Vice: Theresa English.....Unlisted
Secretary: .Susana Colon.....491-2429
Treasurer: Mary Ann Bush.....759-1171
Chaplain: Sharon Huber901-1092
Sgt-At Arms: Lynne Nowak361-0772

Contact the Post at
gflamm962@gmail.com

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"ALL THAT IS NECESSARY FOR
THE TRIUMPH OF EVIL IS FOR
GOOD MEN TO DO NOTHING"



**THANK YOU LAMM POST
VETERANS AND ALL WHO
HAVE SERVED TO KEEP US
FREE**

**The Officers & Members of the Elevator
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ROTARY
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Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000 + clubs work together to:

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- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies

To get involved contact: Richard A Wojtowicz - President 716-634-2730
email: wojtowiczr@aol.com



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DO YOU KNOW WHAT BENEFITS YOU
ARE ENTITLED TO FOR YOUR FINAL
ARRANGEMENTS?

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TODAY FOR A FREE
CONSULTATION.

THANK YOU FOR GOD AND COUNTRY.

Anthony P. Amigone Sr.



US Army Veteran
Korean War
52 year member
of Lamm Post
Anthony P. Amigone, Sr.



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Many families come to us already having Wills, Powers of Attorney, and Health Care Proxies in place but ask if it is time to update their documents. During the course of our lives, there are many life events that may occur that will affect your Estate Plan.

Couples get married or divorced, have young children, have children that have become adults since the last update to their documents, decide they no longer want a person named as a beneficiary or executor in their Will, or have a death in the family. The happening of any of the above events is the time to sit down and re-evaluate your Estate Plan.

If you are unsure whether or not your Estate Planning documents need to be updated, call the Stamm Law Firm today to make an appointment for a consultation with one of our attorneys.

**The information provided in this article does not and is not intended to constitute legal advice. All information and content of this article are for general informational purposes only. Readers of this article should contact their attorney to obtain advice with respect to any legal matter.*

The Stamm Law Firm

**1127 Wehrle Drive, Suite 100, Williamsville, NY 14221
(716) 631-5767**



Rutowski Pharmacies



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716-632-4888

Sinclair Pharmacy 75 North Main St
Warsaw
716-786-2330

Wanakah Pharmacy 4923 Lakeshore
Dr. Hamburg
716-624-3232

Cys Elma Pharmacy 2317 Bowen Rd,
Elma, NY
716-652-3920

Kenmore RX Center 2818 Delaware
Rd. Kenmore, NY
716-874-6360

Family Medical Pharmacy 120
Plaza Dr.
Williamsville, NY 716-568-0800

Who We Are:

Rutowski Pharmacies are a locally owned group of six New York State accredited pharmacies dedicated to offering professional healthcare services to members of our community.

What We Do:

- Medication dispensing
- Medication organization (pill packs)
- Medication and device education
- immunization (flu shot)
- Compounding
- Institutional services

Institutional Service

Flu Shot Clinics: We provide onsite immunization service for employers, schools, health care facilities, and groups.

Medication Organization: We provide medication organization services to individual patients as well as health care facilities such as nursing homes. We can tailor our services to fit any institution's needs. Our standard offerings include pill pack and blister cards.

Medication dispensing: We are able to provide medication dispensing services to an inpatient facility such as nursing homes, rehabilitation centers, group homes, etc. This includes delivery services and medication review if required.

Washington's Final Address

In a 7,641-word document, the nation's first president called for the American people to remain unified, resist the rise of political factions, and avoid the influence of foreign powers. Washington was not bound by a two-term limit. But if he died in office, he feared it would establish a precedent that the presidency was a lifetime appointment. Instead, he stepped aside to make way for a successor, proving to future generations (and his contemporary critics) his commitment to democracy rather than power.

1. IMPORTANCE OF UNITY

Washington's farewell address urged Americans not to put their regional and sectional interests above the interests of the nation as a whole. "You have in a common cause fought and triumphed together," Washington declared. "The Independence and Liberty you possess are the work of joint counsels, and joint efforts, of common dangers, sufferings, and successes." Regions such as North, South, East and West should see their common interests rather than their differences, he continued. "Your Union ought to be considered as a main prop of your liberty and...the love of the one ought to endear you to the preservation of the other."

2. THE 'WORST ENEMY' OF GOVERNMENT: LOYALTY TO PARTY OVER NATION

According to Washington, one of the chief dangers of letting regional loyalties dominate loyalty to the nation as a whole was that it would lead to factionalism, or the development of competing political parties. When Americans voted according to party loyalty, rather than the common interest of the nation, Washington feared it would foster a "spirit of revenge," and enable the rise of "cunning, ambitious, and unprincipled men" who would "usurp for themselves the reins of government; destroying afterwards the very engines, which have lifted them to unjust dominion."

3. DANGER OF FOREIGN ENTANGLEMENTS

Washington believed partisanship would open the door to "foreign influence and corruption." While he advocated for the United States to be on good terms with all nations, especially commercial relations, he argued that "inveterate antipathies against particular Nations, and passionate attachments for others, should be excluded."

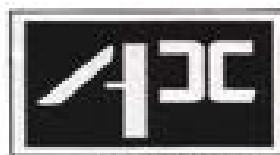
Washington believed Europe had its own set of interests, and the United States should keep its distance from European affairs. Although Washington saw the need for the nation to involve itself in foreign affairs in the case of war or another emergency, he argued that it must "steer clear of permanent alliances".

Ashland Pest Control

Residential Pest Control for Buffalo and Western New York, NY

Ashland Pest Control is a local, family-owned, and operated pest control business in Buffalo, NY. We began operations in 1968 under the vision of owner Richard Muscarella, Sr. His son Richard Muscarella, Jr., took over the company in 1980 and has carried it through to today. Ashland Pest Control has always relied on ethical pest management services, including integrated Pest Management strategies. We do what we can to provide the most customer satisfaction for our clients.

Our services are available for home and business owners throughout Buffalo and Western New York. We pay special attention to environmental factors and regulations with each service we provide. These effective services rely on the latest technologies and updated methods. Our technicians are all New York State DEC-certified and continue to stay up-to-date with the latest techniques and changes to state regulations so we can provide the absolute best services.



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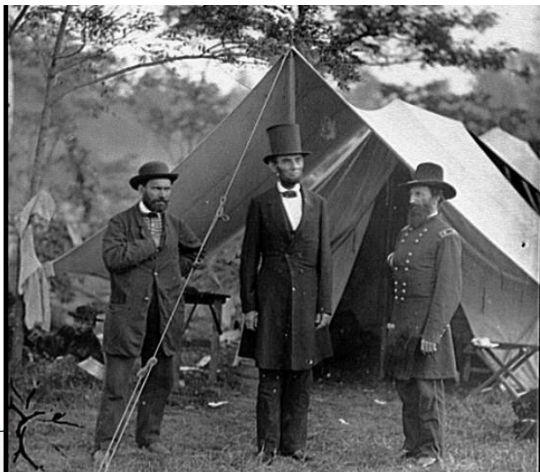
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A Look at Lincoln in 2022

Does Abraham Lincoln's speech at Gettysburg, 5 months after the battle, still hold insight for us in the year 2022?

In July 1863, Northern and Southern soldiers fought at the town of Gettysburg in Pennsylvania. It was the bloodiest battle of the American Civil War. About 23,000 Union soldiers and 28,000 Confederate soldiers died in the fighting. Most of the bodies were buried where they fell. Five months later, President Abraham Lincoln traveled to Gettysburg to speak at a ceremony establishing a military burial ground there. Another, more famous speaker had also been invited. But the president felt it was important for him to go. He wanted to honor the brave men who died at Gettysburg. Lincoln hoped his words might ease the sorrow over the loss of these men and lift the spirit of the nation.



On the morning of November 19, 1863,

Lincoln led a slow parade on horseback to the new cemetery. A huge crowd waited. Military bands played. Soldiers saluted.

The ceremonies began with a prayer. Then a former senator and governor from Massachusetts rose to speak. Edward Everett was a well-known speaker. He had been invited to give the dedication address. Everett spoke for almost two hours. He closed his speech with the hope that the nation would come out of the war with greater unity than ever before.

Then Lincoln stood up. He looked out over the valley, then down at the papers in his hand. He began to read.

"Four score and seven years ago our fathers brought forth on this continent, a new nation, conceived in Liberty, and dedicated to the proposition that all men are created equal.

"Now we are engaged in a great civil war, testing whether that nation, or any nation so conceived and so dedicated, can long endure. We are met on a great battle-field of that war. We have come to dedicate a portion of that field, as a final resting place for those who here gave their lives, that that nation might live. It is altogether fitting and proper that we should do this.

"But, in a larger sense, we cannot dedicate -- we cannot consecrate -- we cannot hallow, this ground. The brave men, living and dead, who struggled here, have consecrated it far above our poor power to add or detract. The world will little note, nor long remember what we say here, but it can never forget what they did here. It is for us the living, rather, to be dedicated here to the unfinished work for which they who fought here have thus far so nobly advanced.

It is rather for us to be here dedicated to the great task remaining before us -- that from these honored dead we take increased devotion to that cause for which they gave the last full measure of devotion -- that we here highly resolve that these dead shall not have died in vain -- that this nation, under God, shall have a new birth of freedom -- and that government of the people, by the people, for the people, shall not perish from the earth."

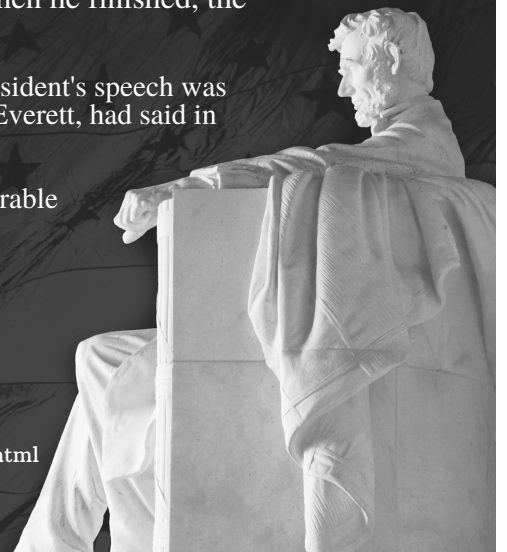
President Lincoln's address was fewer than 300 words long. When he finished, the crowd applauded. Then the people began to leave.

The next day, Edward Everett sent a letter to Lincoln. He said the president's speech was perfect. He said the president had said more in two minutes than he, Everett, had said in two hours.

Today, Lincoln's Gettysburg Address remains one of the most memorable speeches in American history.

From Voice Of America "Learning English -The Making of a Nation."

"Lincoln's Words at Gettysburg Still Have Meaning" from
<https://learningenglish.voanews.com/a/lincoln-gettysburg-address/2523661.html>



It's Time For Golf

well.. almost!

THE LAMM POST GOLF LEAGUE

WE ARE A HANDICAP LEAGUE WITH PRIMARILY SENIOR CITIZEN GOLFERS.

WE PLAY EVERY MONDAY AT KIS N GREEN GOLF COURSE IN ALDEN.

OUR LEAGUE PLAYS FOR 15 WEEKS STARTING IN MAY AND CONCLUDING IN LATE AUGUST. WE CURRENTLY HAVE 22 MEMBERS AND ARE INTERESTED IN HAVING SOME NEW MEMBERS.

WE NORMALLY HAVE OUR FEBRUARY AND APRIL MTGS AT THE LAMM POSTON TUESDAY EVENINGS.

AT THE END OF OUR SCHEDULED GOLF DATES WE HAVE A BANQUET AT THE LAMM GROVE THAT IS CATERED.

OUR CURRENT PRICING IS \$ 300.00 DOLLARS FOR THE ENTIRE GOLF SEASON, THIS INCLUDES 9 HOLES OF GOLF PLUS A CART EACH WEEK AND OUR BANQUET AT THE END OF THE SEASON.

